Telehealth Services and Billing Guidelines

FFS Presentation

October 2019
Telehealth Services

AHCCCS recently updated its telehealth policies. Updates can be found in:

- The AHCCCS Medical Policy Manual (AMPM) 320-I, Telehealth Services;
- Chapter 10, Individual Practitioner Services, of the Fee-for-Service Provider Billing Manual; and
- Chapter 8, Individual Practitioner Services, of the IHS/Tribal Provider Billing Manuals.

In light of these updates, the Telehealth Training Manual will be removed, as it contains outdated information (our policies have expanded telehealth services).
Telehealth Services

AHCCCS covers medically necessary, non-experimental, cost-effective telehealth services provided by an AHCCCS registered provider. There are no geographic restrictions for telehealth; services delivered via telehealth are covered by AHCCCS in rural and urban regions.

**Telehealth** may include healthcare services delivered via teledentistry, telemedicine, or asynchronous (store and forward).
Telehealth Services

What services are covered via telehealth?

• The first thing to know is that there is a difference between real time telehealth (synchronous) and store and forward (asynchronous), and the types of services that are covered.
  • **Asynchronous** provides access to data after it has been collected, and involves communication tools such as secure email or telehealth software solutions.
  • **Synchronous** is the “real time” two-way interaction between the patient and provider, using interactive audio and video.
Synchronous Telehealth Services

The following list is not comprehensive, but here are examples of services covered by real time telehealth:

<table>
<thead>
<tr>
<th>Real Time (Synchronous) Telehealth Service Examples</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Not all inclusive list.</em></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Behavioral Health</th>
<th>Cardiology</th>
<th>Dentistry</th>
<th>Endocrinology</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hematology / Oncology</td>
<td>Home Health</td>
<td>Infectious Diseases</td>
<td>Inpatient Consultations</td>
</tr>
<tr>
<td>Medical Nutrition Therapy (MNT)</td>
<td>Neurology</td>
<td>Obstetrics/Gynecology</td>
<td>Oncology / Radiation</td>
</tr>
<tr>
<td>Ophthalmology</td>
<td>Orthopedics</td>
<td>Office Visits (adults &amp; pediatrics)</td>
<td>Outpatient Consultations</td>
</tr>
<tr>
<td>Pain Clinic</td>
<td>Pathology &amp; Radiology</td>
<td>Pediatrics &amp; Pediatric Subspecialties</td>
<td>Pharmacy Management</td>
</tr>
<tr>
<td>Rheumatology</td>
<td>Surgery Follow-Up</td>
<td>Surgery Consultations</td>
<td></td>
</tr>
</tbody>
</table>

AHCCCS
Arizona Health Care Cost Containment System
Asynchronous Telehealth Services

The following services are covered via asynchronous telehealth (store & forward):

<table>
<thead>
<tr>
<th>Asynchronous (Store &amp; Forward) Telehealth Services</th>
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<tbody>
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<td>*All inclusive list.</td>
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<tr>
<td>Behavioral Health</td>
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<tr>
<td>Dermatology</td>
</tr>
<tr>
<td>Neurology</td>
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<tr>
<td>Ophthalmology</td>
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<tr>
<td>Pathology</td>
</tr>
<tr>
<td>Radiology</td>
</tr>
<tr>
<td>Infectious Disease</td>
</tr>
</tbody>
</table>
What services are covered via telehealth?

• In order for a service to be covered via telehealth, it must be an AHCCCS covered service rendered by an AHCCCS registered provider, and it must meet the requirements as outlined in AHCCCS Medical Policy and within AMPM 320-I, Telehealth Services.
Telehealth Definitions
Telehealth Services

Modes of Service Delivery

Service delivery via telehealth can be done via teledentistry, telemedicine, or asynchronous (store and forward).

1. **Asynchronous or "Store and Forward"** means the transmission of recorded health history (e.g. pre-recorded videos and digital images, such as x-rays and photos) through a secure electronic communications system to a practitioner, usually a specialist, who uses the information to evaluate the case or render consultative services outside of a synchronous (real-time) interaction. As compared to a real-time visit, this service provides access to data after it has been collected, and involves communication tools such as secure email or telehealth software solutions.
Telehealth Services

Modes of Service Delivery (Continued…)

2. **Teledentistry** is the acquisition and transmission of all necessary subjective and objective diagnostic data through interactive audio, video or data communications by an AHCCCS registered dental provider to a dentist at a distant site for triage, dental treatment planning, and referral.

3. **Telemedicine** is the practice of health care delivery, diagnosis, consultation and treatment and the transfer of medical data through interactive audio, video or data communications that occur in the physical presence of the patient, including audio or video communications sent to a health care provider for diagnostic or treatment consultation.
Telehealth Services

Service delivery via telemedicine can occur in one of two ways:

- **Real time (synchronous)** means the two-way interaction between a person (patient, caregiver, or provider) and a provider using interactive audio and video. The patient is at the originating site and the provider is at the distant site. It includes the transfer of information and medical data between two sites simultaneously: the distant site and the originating site.

- **Remote patient monitoring** is the personal health and medical data collection from an individual in one location via electronic communication technologies, which is transmitted to a provider (sometimes via a data processing service) in a different location for use in providing improved chronic disease management care and related support.
Telehealth Services

What is the difference between the Distant Site (Hub) and Originating Site (Spoke)?

- **Distant site** means the site at which the provider delivering the service is located at the time the service is provided via telehealth. (Formerly hub site.)

- **Originating site** means the location of the AHCCCS member at the time the service is being furnished via telehealth or where the asynchronous service originates. (Formerly spoke site.) This is considered the place of service.
Policy Information — Limitations & Exclusions
Telehealth Services

Things to know:

• Synchronous (Real Time) Telemedicine and Remote Patient Monitoring will not replace provider and member choice for healthcare delivery modality.

• All telehealth services shall be provided by an AHCCCS registered provider.

• Confidentiality standards for Telehealth services should adhere to all applicable statutes and policies governing Telehealth.

• Informed consent standards for Telehealth services shall adhere to all statutes and policies governing telehealth, including A.R.S. §36-3602.
Telehealth Services

Things to know:

• Medical records for telehealth visits must be maintained by any provider receiving reimbursement. This includes documentation showing the procedure code and appropriate modifier.

• Telehealth and telemedicine may qualify as an FQHC/RHC visit if it meets the requirements specified in AMPM 320-I, Telehealth.
A.R.S. §36-3602 & 
Telehealth Services

36-3602. Delivery of health care through telemedicine; requirements; exceptions

A. Except as provided in subsection E of this section, before a health care provider delivers health care through telemedicine, the treating health care provider shall obtain verbal or written informed consent from the patient or the patient’s health care decision maker. If the informed consent is obtained verbally, the health care provider shall document the consent on the patient's medical record.

B. The patient is entitled to all existing confidentiality protections pursuant to section 12-2292.

C. All medical reports resulting from a telemedicine consultation are part of a patient's medical record as defined in section 12-2291.

D. Dissemination of any images or information identifiable to a specific patient for research or educational purposes shall not occur without the patient's consent, unless authorized by state or federal law.

E. The consent requirements of this section do not apply:

1. If the telemedicine interaction does not take place in the physical presence of the patient.

2. In an emergency situation in which the patient or the patient's health care decision maker is unable to give informed consent.

3. To the transmission of diagnostic images to a health care provider serving as a consultant or the reporting of diagnostic test results by that consultant.
Specific Telehealth Services
Telehealth Services

Behavioral Health

Behavioral health telehealth services are covered for Title XIX (Medicaid) and Title XXI (KidsCare) members.

Covered behavioral health services can include, but are not limited to:

- Diagnostic consultation and evaluation,
- Psychotropic medication adjustment and monitoring,
- Individual and family counseling, and
- Case management.

This includes Naturalistic Observation Diagnostic Assessment (NODA).
Telehealth Services

Teledentistry

AHCCCS covers Teledentistry for Early and Periodic Screening, Diagnostic and Treatment (EPSDT) aged members when provided by an AHCCCS registered dental provider.

Teledentistry does not replace the dental examination by the dentist; limited periodic and comprehensive examinations cannot be billed through the use of Teledentistry alone.

Teledentistry includes the provision of preventative and other approved therapeutic services by the AHCCCS registered Affiliated Practice Dental Hygienist, who provides dental hygiene services under an affiliated practice relationship with a dentist.

• For additional information on Affiliated Practice Dental Hygienists, see AMPM 431.
Telehealth Services

Non-Emergency Medical Transportation (NEMT)

Non-emergency medical transportation is covered to transport a Title XIX or Title XXI member to and from the originating site, in order to receive an AHCCCS covered medically necessary consultation or treatment.
Telehealth Services

Office Setting Services

Office visits (adults & pediatrics) are covered for Title XIX and Title XXI members via telehealth.

This includes prolonged preventive services beyond the typical service of the primary procedure. These may require direct patient contact and may occur in either the office or another outpatient setting. The following codes are examples:

<table>
<thead>
<tr>
<th>G0513</th>
<th>G0514</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prolonged preventive service(s) (beyond the typical service of the primary procedure) in the office or other outpatient setting requiring direct patient contact beyond the usual service; first 30 minutes (listed separately in addition to code for preventive service).</td>
<td>Prolonged preventive service(s) (beyond the typical service of the primary procedure) in the office or other outpatient setting requiring direct patient contact beyond the usual service; each additional 30 minutes (listed separately in addition to code for preventive service).</td>
</tr>
</tbody>
</table>
Billing for Telehealth Services
Telehealth Billing

What has changed?

• Previously the distant site (hub) was used as the Place of Service (POS) on claims for telehealth services.

• Now the originating site (spoke) is used as the POS on claims for telehealth services.
Telehealth Billing

What has changed?

The Place of Service listed on the Claim

- Previously the distant site (hub) was used as the Place of Service (POS) on claims for telehealth services.
- Now the originating site (spoke) is used as the POS on claims for telehealth services.
Telehealth Billing

What has changed?

POS Example

• A member is located at a Rural Health Clinic (originating site) and the consulting provider (who will submit the claim) is located in their office (distant site).

• The POS listed on the claim (submitted by the consulting provider at the distant site) will be POS 72 (Rural Health Clinic).

• The POS will *not* be the provider’s office (distant site).
Telehealth Billing

What has changed?

Geographic Restrictions

- There are no geographic restrictions for telehealth services.
- Telehealth services may be rendered to members both in rural and urban/metropolitan areas.
Telehealth Billing

What has changed?

Providers and Facilities Permitted to Serve as Originating and/or Distant Sites

- There are no longer restrictions for the provider types & facilities that can serve as the originating and distant sites.
- They simply need to be AHCCCS registered providers.
Telehealth Billing

What has changed?

Provider Types

There are no longer restrictions for the provider types that can bill for telehealth services.
Telepresenter

What is a telepresenter?

• At the time of service delivery via real time telehealth an individual who is familiar with the member’s condition may be present with the member.

• This person is called a telepresenter.

• Telepresenter services are not billable.
Telehealth Billing – FFS Providers

Claim Form

• FFS Providers billing for reimbursement at the FFS Rate should bill using the CMS 1500 Claim Form.
Telehealth Billing – FFS Providers

Claim Form

- IHS/638 Providers billing for reimbursement at the All-Inclusive Rate (AIR) should bill using the UB-04 Claim Form.
  - Please note that a separate telehealth training will be scheduled for IHS/638 providers for a discussion surrounding telehealth services and the All Inclusive Rate.
  - Date & Time: TBD
Telehealth Billing – FFS Providers

**Coding**

Providers should follow national coding standards when using HCPCS, CPT and UB-04 Revenue Codes.

For a complete code set of services, along with their eligible place of service and modifiers, that can be billed as telehealth please visit the AHCCCS Medical Coding Resources web page at:

[https://www.azahcccs.gov/PlansProviders/MedicalCodingResources.html](https://www.azahcccs.gov/PlansProviders/MedicalCodingResources.html)
Telehealth Billing – FFS Providers

Place of Service (POS)

The POS listed on the claim form shall be the **originating site** (where the AHCCCS member is located).

- i.e. A member is located at a Rural Health Clinic (originating site) and the consulting provider (who will submit the claim) is located in their office (distant site). The POS listed on the claim (submitted by the consulting provider) will be POS 72 (Rural Health Clinic).
Telehealth Billing – FFS Providers

Modifiers

For a full list of available POS and appropriate modifiers, refer to the AHCCCS Medical Coding Resources webpage at:

https://www.azahcccs.gov/PlansProviders/MedicalCodingResources.html
## Telehealth Billing – FFS Providers

### Modifiers

<table>
<thead>
<tr>
<th>MODIFIER</th>
<th>DESCRIPTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>GQ</td>
<td>Asynchronous (“store and forward”) telehealth services must be billed using the “GQ” modifier to designate the service being billed as a telehealth service.</td>
</tr>
<tr>
<td>GT</td>
<td>Real time (interactive audio and video) telehealth services must be billed using the “GT” modifier to designate the service being billed as a telehealth service.</td>
</tr>
</tbody>
</table>
Telehealth Billing – FFS Providers

Medicare Dual Claims

For Medicare Dual members, claims may be submitted with the POS listed as 02 (Telemedicine) to comply with Medicare guidelines.

The POS 02 (Telemedicine) will designate the service being provided as a telehealth service.

- i.e. A member is located at Rural Health Clinic (originating site) and the consulting provider (who will submit the claim) is located in their office (distant site). The POS listed on the claim (submitted by the consulting provider) will not be POS 72 (Rural Health Clinic), but will instead be listed as POS 02.
Telehealth Billing – FFS Providers

Place of Service Note

The POS on a claim should be the originating site, however AHCCCS will also accept POS 02 (Telemedicine).

However, POS 02 should *only* be used on Medicare claims that are crossing over to AHCCCS.
## Telehealth Billing – FFS Examples

<table>
<thead>
<tr>
<th>Originating Site (OS)</th>
<th>Was a Separate Service Provided by the OS?</th>
<th>Distant Site (DS)</th>
<th>Who is the Billing Provider?</th>
<th>Rate Billed by DS</th>
<th>Code(s) Billed by DS</th>
<th>POS on DS Claim</th>
<th>Claim Form Used by DS</th>
<th>Rate Billed by OS</th>
<th>Code(s) Billed by OS</th>
<th>POS on OS Claim</th>
<th>Claim Form Used by OS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FFS Provider (Non-IHS/638)</strong></td>
<td>No</td>
<td>DS</td>
<td>FFS Rate</td>
<td>CPT/HCP CS with the appropriate modifier (GT/GQ)</td>
<td>OS</td>
<td>CMS 1500</td>
<td>No claim submitted by OS</td>
<td>No claim submitted by OS</td>
<td>No claim submitted by OS</td>
<td>No claim submitted by OS</td>
<td></td>
</tr>
<tr>
<td><strong>FFS Provider (Non-IHS/638)</strong></td>
<td>Yes</td>
<td>OS/DS</td>
<td>FFS Rate</td>
<td>CPT/HCP CS with the appropriate modifier (GT/GQ)</td>
<td>OS</td>
<td>CMS 1500</td>
<td>FFS Rate</td>
<td>CPT/HCP CS</td>
<td>OS</td>
<td>CMS 1500</td>
<td></td>
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</tbody>
</table>

Scenarios where a telehealth visit occurs between two FFS Providers.
# Telehealth Billing — FFS Examples

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<th>POS on DS Claim</th>
<th>Claim Form Used by DS</th>
<th>Rate Billed by OS</th>
<th>Code(s) Billed by OS</th>
<th>POS on OS Claim</th>
<th>Claim Form Used by OS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Scenario where a member is located in their home and the Distant Site is a FFS provider</strong></td>
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<tr>
<td>Membe r’s Home N/A FFS Provider (Non-IHS/638) DS FFS Rate CPT/HCP CS with the appropriate modifier (GT/GQ) OS CMS 1500 No claim submitted by OS No claim submitted by OS No claim submitted by OS No claim submitted by OS</td>
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<th>Claim Form Used by OS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Scenario where a member is located in their home and the Distant Site is an FQHC.</strong></td>
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<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Member’s Home</td>
<td>N/A</td>
<td>FQHC</td>
<td>DS</td>
<td>PPS Rate*</td>
<td>CPT/HCP CS with the appropriate modifier (GT/GQ)</td>
<td>OS</td>
<td>CMS 1500</td>
<td>No claim submitted by OS</td>
<td>No claim submitted by OS</td>
<td>No claim submitted by OS</td>
<td>No claim submitted by OS</td>
</tr>
</tbody>
</table>

*PPS Rate*
Telehealth Questions

The DFSM Provider Training Team

Please outreach providertrainingffs@azahcccs.gov with telehealth questions.
Questions?
Thank You