

Awarded: September 10, 2013

Project Period: September 30, 2017 through September 29, 2018

I. Project/Program Narrative

The Strategic Prevention Framework Partnership for Success (SPF-PFS) grant was awarded to the Arizona Department of Health Services, Division of Behavioral Health Services in September 2013. As part of Arizona's Administrative Simplification Initiative, the Division of Behavioral Health Services was eliminated effective July 1, 2016; this resulted in the grant shifting to the State Medicaid agency, the Arizona Health Care Cost Containment System (AHCCCS). As the Substance Abuse and Mental Health Services Administration's (SAMHSA) grantee, AHCCCS assumed all SPF-PFS responsibilities.

Goals of the Arizona SPF-PFS project include the reduction of underage drinking among persons aged 12 to 20, the reduction of prescription drug misuse and abuse among persons aged 12 to 25, infrastructure and capacity building of the Arizona Prevention System, and the realigning and leveraging of state wide funding streams.

AHCCCS began contracting with the Governor's Office of Youth, Faith and Family (GOYFF) on September 30, 2015 and this collaboration will continue. GOYFF will continue funding the University of Arizona, Yavapai County MATFORCE and the Department of Veterans Administration. Also, AHCCCS will continue the contracts awarded through a competitive process with the Arizona Youth Partnership (AZYPP), Casa Grande Alliance (CGA), and Southeastern Arizona Behavioral Health Solutions (SEABHS). AHCCCS was notified in year 04 by Pasadera Behavioral Health Network requesting to terminate their contract for financial reasons.

The UA has implemented and will continue the following evidence based practices to reach Students of Higher Education: Brief Alcohol Screening and Intervention for College Students (BASICS), and e-CHUG (e-Check Up To Go) and will continue to do so. Additionally, UA implements SHADE (Student Health Alcohol Drug Education), which is a program for students who are in violation of alcohol and marijuana policies at the university and is implemented by Campus Health. UA also implements "The Buzz", which is an alcohol prevention program presented in residence halls, fraternity/sorority chapters and other student groups.

The Arizona Veterans Administration will continue to outreach to Regional Behavioral Health Authorities (RBHAs) and Tribes, as well as behavioral health providers to raise awareness about the needs of military and veteran population. The coalition will continue to provide training (military culture, resource navigation, clinical) and technical assistance to RBHAs, Tribes and providers on working with this population; engage RBHAs, Tribes, and providers as partner organizations on the Military/Veteran Resource Network; and, facilitate connections to ensure

service members, veterans and families are connected to behavioral health and other resources via Resource Navigators, technology and community asset mapping.

Arizona's State Epidemiological Outcomes Workgroup (SEOW) is progressing in its work to expand and enhance their monitoring and tracking of all substances of abuse. An Inter-Governmental Agreement (IGA) has been established to facilitate SPF-PFS prevention efforts such as: update and maintain the Arizona Community Data project, develop a marketing plan for the Community Data Project, develop a plan for making improvements to the Community Data Project database, and the publish quarterly EPI! Update Newsletters. The SEOW will also continue to train Arizonans on *Using Data to Empower Arizona Communities*, a curriculum that educates the community on how to seek and utilize data to inform programmatic and systemic decision-making.

MATFORCE will carry on its work with law enforcement for covert underage buyer (CUB) and prescription drug take back activities. MATFORCE will maintain its work with local media, radio, and newspapers to disseminate prevention information. This sub-grantee will also work with middle and high schools for pizza box competitions. This program has middle and high schoolers create posters that educate the community on the harmfulness of underage alcohol use and prescription misuse. The winning posters are copied and distributed to local pizza parlors who tape the 8x11 poster to the top of their outgoing pizza boxes and distribute them to customers on Super bowl Sunday. MATFORCE has noticed that the healthy competition has not been limited to students. Local pizza restaurants have also joined in on the competition with bragging rights being given to the restaurant that has distributed the most posters on the top of their pizza boxes.

GOYFF will continue to award funding to the Tribal community based organization. With funding continued collaboration with community stakeholders to promote prevention programs for youth, as well as young adults and parents.

Arizona Youth Partnership (AZYP) will continue to work in the small communities of Ajo, Sahuarita, Catalina, and Marana. Especially in Ajo and Sahuarita, there is limited community involvement. AZYP will work to have more organized community efforts through various avenues to include recruitment of key coalition stakeholders in the various communities, orientations, retention, member task descriptions and work plans. They will also continue to reach each community through public information and social marketing. Outreaching youth through youth leadership groups, local SADD chapters, by providing LifeSkills a training to increase the development of refusal skills. Youth leadership will meet regularly to develop and implement a public awareness campaign, including social media to address the misuse of prescription medication and alcohol. In addition, AZYP will collaborate with local law enforcement and health clinics to hold regular prescription take back events and distribute lock boxes to adults for securing prescription drugs in their homes.

Casa Grande Alliance, Inc. (CGA) will continue efforts to educate the community on the importance of locking up their alcohol and prescription drugs, and increase awareness of medication drop-box locations within their communities through newsletters, messaging, prevention materials, and community events. In addition, CGA coalitions will work with schools to implement campaigns to educate students about the consequences (health and legal risks) of alcohol and drug misuse using youth peer-to-peer model. Implementing activities in partnership with prescriber offices including pharmacists, doctors, veterinarians, etc. will provide an avenue to increase patient knowledge about proper use, safe storage and proper disposal of prescription drugs. Building capacity and implementing a social norms campaign at high schools is another area CGA will continue to develop.

Southeastern Behavioral Health Services (SEABHS) will continue to work with relevant community organizations to create buy-in of Graham County's initiatives by providing current substance misuse trends as they related to Graham County. SEABHS will remain focused to increase cultural competency by engaging Eastern Arizona College and Military organizations in substance abuse prevention initiatives. Working with the college, clubs, dorms and athletic department to solicit further participation in prevention activities, provide information, and enhance skills on the risks of underage and problem drinking in college through the program called "The BUZZ" as well as other trainings. Working with military organizations like the National Guard, American Legions, and Veterans of Foreign Wars as well as others who are effective liaisons, SEABHS continue to work at closing gaps that exist and identify strategies that would be effective in enhancing cultural diversification. Through brochures, flyers, posters, social media sites and ads as well as trainings provide information and enhance access/reduce barriers and change the physical design of the environment through the proper storage and disposal of prescription drugs.

During the 5th year, existing sub-grantees are expected to continue evaluating their projects in their entirety and continue to adjust implementation as needed. Sub-grantees will also continue to educate their communities on prevention strategies through sustained or leveraged efforts.

II. Description and explanation of changes, if any, made during this budget period affecting:

a. Goals and Objectives

No changes have been made to the goals and objectives for year 5.

b. Projected time line for project implementation

Grant Year 5 is from September 30, 2017 through September 29, 2018. The majority of project plans from the initially approved and funded application have been implemented according to the project narrative and timeline.

c. Approach and strategies proposed in the initially approved and funded application

No changes have been made to approach and strategies for year 5.

III. Report on progress relative to approved objectives, including progress on evaluation activities

Over the past four years, Arizona has worked diligently to promote approved grant activities in the counties of Mohave, Navajo, and Yavapai. Underage drinking and prescription drug misuse services have begun in those counties with activities such as: media campaigns, Alcohol and Prescription Drug 360 trainings, prescription drug take back events, permanent prescription drug drop box installations, dissemination of parental education materials, collaborating with local police departments, physicians, pharmacists, and other community stakeholders, and the facilitation of evidence based curriculum with youth (ex. Good Behavior Game in Yavapai County).

The University of Arizona (UA) has been extremely active in their designated SPF-PFS activities. The UA has implemented the following evidence based practices to reach Students of Higher Education: Brief Alcohol Screening and Intervention for College Students (BASICS), and e-CHUG (e-Check Up To Go). Additionally, UA implements SHADE (Student Health Alcohol Drug Education), which is a program for students who are in violation of alcohol and marijuana policies at the University of Arizona implemented by Campus Health. UA also implements "The Buzz", which is an alcohol prevention program presented in residence halls, fraternity/sorority chapters and other student groups. UA has been collaborating with additional colleges and universities, specifically Pima Community College (Pima County) and Embry Riddle Aeronautical University (Yavapai County) and most recently, Yavapai Community College, to develop their own substance abuse prevention efforts and programs with their students. Each campus employs Prevention Specialists and UA fosters a collaborative relationship with all of its education partners.

The AHCCCS hosts quarterly reporting meetings for all SPF-PFS sub recipients. The quarterly reporting meetings consist of the following: discussion of target population(s) and needs, use of best practices, progress on goals and objectives, activities supported by collaboration and leveraging of funding streams, collaborations supporting the comprehensive prevention approach, training/technical assistance (as needed) and Evaluation.

IV. Summary of key program accomplishments to date and list progress

Arizona's SEOW will continue their work of expanding and enhancing their monitoring and tracking of all substances of abuse. Additionally, SEOW activities include: update and maintain the Arizona Community Data project, develop a marketing plan for the Community Data Project,

develop a plan for making improvements to the Community Data Project database, and the publishing of quarterly EPI! Update Newsletters.

The GOYFF successfully facilitated the second annual SPF-PFS conference on November 16, 2016. The audience consisted of Arizona's substance abuse prevention and treatment professionals, criminal justice, public health, behavioral health, higher education, and various other state stakeholders. Conference program material included training on the use of data to inform decision-making, promoting community involvement, implementing prevention programs on college campuses, Healthy Families- Healthy Youth, The Buzz, Rx Drug Misuse and Abuse Initiative, and many more topics. The keynote speaker at the conference was Raul Almazar, expert in the area of Trauma, who spoke on Harnessing the Power of Communities to Heal. There were 270 participants at this year's event.

- V. Description of difficulties / problems encountered in achieving planned goals and objectives including:**
- a. Barriers to accomplishments; and**
 - b. Actions to overcome difficulties**

Barriers to accomplishments	Actions to overcome difficulties
None – will continue to assess	N/A

VI. Report on milestones anticipated with the new funding request

AHCCCS will contract with a statewide contractor to provide workforce trainings associated with the project goals (reduction of underage drinking among persons aged 12 to 20 and the reduction of prescription drug misuse and abuse among persons aged 12 to 25) and to educate the community on prevention and evidence-based practices.

VII. Key staff changes

There were no key staff changes for year 4 and there are none expected for year 5.