

1240-B ADULT DAY HEALTH SERVICES

EFFECTIVE DATES: 02/14/96, 12/11/19

APPROVAL DATES: 07/01/99, 10/01/01, 07/01/04, 03/01/06, 06/01/06, 09/01/06, 03/01/07,
10/01/07, 07/01/12, 10/01/13, 10/17/19**I. PURPOSE**

This Policy applies to ALTCS E/PD Contractors and Fee-For-Service (FFS) Programs including: the Tribal ALTCS Program. This Policy establishes requirements for Adult Day Health Services.

II. DEFINITIONS**ADULT DAY HEALTH SERVICES**

A program that provides planned care, supervision and activities, personal care, personal living skills training, meals, and health monitoring in a group setting during a portion of a continuous 24 hour period. Adult day health services may also include preventive, therapeutic and restorative health-related services that do not include behavioral health services (A.R.S. §36-401).

HOME

As specified in A.A.C. R9-28-101, a residential dwelling that is owned, rented, leased, or occupied by a member, at no cost to the member, including a house, a mobile home, an apartment, or other similar shelter. A home is not a facility, a setting, or an institution, or a portion of any of these that is licensed or certified by a regulatory agency of the state as a:

1. Health care institution under A.R.S. §36-401,
2. Residential care institution under A.R.S. § 36-401,
3. Community residential setting under A.R.S. §36-551, or
4. Behavioral health facility under 9 A.A.C. 20, Articles 1, 4, 5, and 6.

III. POLICY

Adult Day Health facilities are licensed by the Arizona Department of Health Services (ADHS). Medical necessity for this service is met if members reside at home, need supervision, assistance in taking medication, recreation and socialization, or personal living skills training. Health monitoring and/or other health related services such as preventive, therapeutic, and restorative health care services may also be provided in this setting.

Assisted Living Facilities (ALF) are required by licensure standards and by State regulation (A.A.C. R9-10-808) to provide residents with adequate recreation and socialization opportunities. For ALTCS members residing in an ALF who may need Adult Day Health Services, special justification is required by the member's case manager and prior approval

required by the Contractor or Tribal ALTCS Program. Members residing in Behavioral Health Residential Facilities (BHRFs) are not eligible to receive Adult Day Health Services.

Respite care services may be provided as a substitute when Adult Day Health Services are not available. Reference AMPM 1250-D Respite policy.