ALTCS covers services provided by adult day health care facilities which are licensed by the Arizona Department of Health Services (ADHS). Services are available for members who are either elderly and/or have physical disabilities who need supervision, assistance in taking medication, recreation and socialization or personal living skills training. Health monitoring and/or other health related services such as preventive, therapeutic and restorative health care services are also included. Members with developmental disabilities are not eligible for this service.

**Amount, Duration and Scope**

ALTCS members who reside in their own home may receive adult day health care.

If ALTCS members who reside in an adult foster care home, assisted living home or assisted living center are to receive adult day health care services, special justification is required by the member’s case manager and approval by the Managed Care Contractor or AHCCCS Administration for FFS members. Assisted Living Facilities are required by licensure standards and by State regulation (R9-10-808) to provide residents with adequate recreation and socialization opportunities. Members residing in a behavioral health residential facilities are not eligible to receive adult day health care services.

Within the same day, attendant care, home health aide services or personal care services can only be provided by exception with adult day health care.

Specific justification as to the circumstances for the need for one of the above services and adult day health care services must be documented by the case manager and approved by the Contractor for managed care members, or the AHCCCS Administration for FFS members.

Group respite care services may be provided as a substitute when adult day health care services are not available. Group respite care providers are required to comply with the standards and requirements specified in this Policy for respite care.

In order to participate in group respite care, members must be:

1. Continent of bowel and bladder or able to provide self-care
2. Ambulatory, or if wheelchair bound, be self-propelling and need only standby assistance for transfer

3. Able to attend respite programs without the need of medications while in program, or be able to self-administer medications

4. Not in need of any licensed services during program’s daily operation, if licensed personnel are not included in the provider’s staffing for the group respite program, and

5. Not a danger to himself/herself or others.