

ASD ADVISORY COMMITTEE MEETING

July 8, 2020 3:00 - 5:00 pm (Zoom Meeting only)

Join Zoom Meeting (Use the "Call Me" feature to link phone audio to computer)

ahcccs.zoom.us/j/6313342545

ID: 6313342545

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(US) +1 888-475-4499

Time	Topic	Presenters
3:00 pm	Welcome, Introductions and Guidelines for Today's Meeting	Barbara Brent
3:15 pm	Welcome and General Updates - AHCCCS <ul style="list-style-type: none"> • Grants • Behavioral Health in Schools • Telehealth 	Jill Rowland Kelli Williams Dr. Sara Salek, MD
3:45 pm	Overview of Requested Agenda Items and Next Year <ul style="list-style-type: none"> • Updating Research List • Next Steps on Report Recommendations 	Barbara Brent Dr. Megan Woods DBH, LBA, BCBA
4:15 pm	TELE-ASD-PEDS Presentation	Dr. Terry Matteo, PhD Dr. Cindy Hoard, EdD
4:35 pm	Questions, Answers and Discussion	Barbara Brent
5:00 pm	Next Steps and Adjourn Next Meeting: October 7	Barbara Brent

AHCCCS ASD Advisory Committee July 8, 2020 Meeting Notes

Notes compiled by Barbara Brent, Facilitator—bbrent@icloud.com

- Due to COVID-19, the meeting was held via Zoom. There were 64 participants.
- Attendance was not recorded, and committee members had the opportunity to introduce themselves.
- The meeting agenda was reviewed, composed of a recent grant opportunity, behavioral health in schools, telehealth, updating research on promising and evidenced-based therapeutic practices, presentation on remote evaluation/assessment and next steps for the ASD Advisory Committee

Please note that slides are included with the email distribution of these notes.

Crisis Counseling Immediate Services Program (ISP) & Regular Services Program (RSP) Grants

Jill Rowland, Chief Clinical Officer, AHCCCS

Jill Rowland provided the committee with information about the June 20, 2020 grant award from Federal Emergency Management Agency (FEMA) to AHCCCS to provide Crisis Counseling through an *Immediate Services Program (ISP)* grant.

Immediate Services Program-The mission of the FEMA-SAMHSA CCP/ISP Grant is to assist individuals and communities in recovering from the challenging effects of natural and human-caused disasters through provision of community-based outreach and psychoeducational services. Supports include

- Short term disaster relief services offered both (telephonic and virtual services)
- Individual Counseling
- Group Counseling
- Brief Educational Supportive Contacts
- Public Education Meetings and Public Service Announcements
- Assessment, Referral and Resource Linkage
- Community Networking and Support

AHCCCS partnered with the Crisis Response Network (CRN) to serve as the Contractor to implement/oversee the program.

- CRN partnered with multiple agencies for service provision such as Crisis Preparation and Recovery, EMPACT, Family Involvement Center, The Guidance Center, La Frontera and RI International.
- CRN created the Resilient Arizona Crisis Counseling Program, launched on 6.22.2020 Resilientarizona.org and individuals can call 2-1-1 to talk to a crisis counselor.

Regular Services Program-The mission of the FEMA-SAMHSA CCP RSP is to continue implementation and services launched through the ISP CCP Grant. The funding will provide for

9 more months of funding from the Award date-ISP funding is through July 29th, 2020. This RSP Grant award will allow continuation of crisis counseling services, the continuation of the 2-1-1 line, public services announcements and education.

Behavioral Health in Schools

Kelli Donley Williams, MPH, Suicide Prevention Specialist, AHCCCS

The goal of increasing BH services provided on school campuses by 10% in FY 2020 was met.

We increased from 11,000 students to 16,000+ students, prior to COVID school closures.

BH providers reporting positive changes in children treated in school settings (negative changes in adults).

- BH providers are being creative in reaching children previously seen in school settings before COVID, such as providing iPads for children who do not have other telehealth services.
- BH list serv: updates on current webinars, changes in education plan
<https://www.azahcccs.gov/AHCCCS/Initiatives/BehavioralHealthServices>

Committee members expressed appreciation for the assistance in finding creative ways to provide behavior health support during these unique times.

Telehealth Update

Dr. Sara Salek, Chief Medical Officer, AHCCCS

Dr. Salek provided an update to committee members on telehealth flexibilities added by AHCCCS, including the addition of >140 codes to telemedicine (GT) and created a temporary telephonic code set. This required the MCOs to cover contracted services via telehealth modalities and at the same rate as in person services.

- There was a question raised by participants as to the outcomes- many have been encouraged by the ability to use telehealth during these times and hope that this will continue beyond the pandemic.
- Sara indicated that the AHCCCS MCO Workgroup on Telehealth will continue meeting on ad hoc basis to review data trends and determine how best to evaluate quality outcomes.
- Sara showed a number of PowerPoint slides indicating the growth of telehealth use from 10/19, when telehealth services coverage was expanded ,through June 20, 2020 (estimate using reported claims data as of 6/10/20). The growth was shown by both the numbers of members served and the number of claims.
- The increases of telehealth use have been extensive. The slides show the complete changes, but some of the indicators are below
 - *ALTCS DDD* 10/19 1,500 ALTCS DDD members with 2, 900 claims compared to 4/20 18,700 members with 62,000 claims- a gain of approximately 2,000%
 - *CMDP* 10/19 600 members with 1,300 claims compared to 4/20 3,600 members with 11,500 claims

- ALTCS EPD 10/19 60 members with 70 claims compared to 4/20 3,820 members with 5,320 claims- a gain of approximately 7,000%
- Dr. Salek stated that the next MCO Deliverable (target date 7/24/2020) is a telehealth analysis. The slide deck attached to this presentation lists the standard information such as the telehealth modality, county, line of business, number of claims, unique member count, etc.
 - New data will composed of new information
 - CPT/HCPCS
 - Provider type
 - Place of service
 - Age group
 - Gender
 - Race/ethnicity
- AHCCCS telehealth, resources, codes and FAQs on the AHCCCS website are updated frequently: <https://azahcccs.gov/AHCCCS/AboutUs/covid19FAQ.html#telehealth>
- Several committee members expressed gratitude for the telehealth flexibilities and looking forward to new opportunities on behalf of members and their families.

Overview of Requested Agenda Items and Next Year

Dr. Megan Woods DBH, LBA, BCBA, Integrated Care Administrator, AHCCCS and Barbara Brent, Facilitator

Next Steps on Report Recommendations

There was a discussion of the March and January meetings in which committee members raised topics of interest for the ASD Committee. There is a long list of accomplishments and achievements and desire to keep moving forward. Some of the interest areas raised include transition to adulthood, employment, housing options in the community, supporting people with a dual diagnosis of developmental disability and behavioral health support needs and supporting people from diverse communities.

- Megan followed up on the agenda item from March in which it was discussed that a smaller, ad hoc committee composed of representative committee stakeholders and AHCCCS review the 2016 ASD Advisory Committee Report recommendations and action steps in order to identify potential priority areas that continue to need work, along with prioritizing the suggestions raised earlier. These suggested recommendations, in turn, will be brought before the full committee. AHCCCS will conduct an initial review of the report and meet with the ad hoc committee.
- Barbara Brent received names of committee members interested in participating in the ad hoc committee and asks others, particularly for family members and those with lived experience, to contact her at bbrent@icloud.com.

Updating Research List Terry Mateo, Ph.D. and Cindy Hoard, EdD have agreed to update the research list conducted a few years ago that included evidence-based and promising practices

in the treatment of individuals with ASD. Committee members thanked by Terry and Cindy for their assistance.

Overview of TELE-ASD-PEDS

Terry Mateo, Ph.D. and Cindy Hoard, EdD

Terry and Cindy gave an overview of Vanderbilt TELE-ASD-PEDS, which is Telehealth Autism Spectrum Disorder Pediatric Population

- The complete information is included in the meeting PowerPoint.
- Currently targeted for children 36 months and younger.
- They have been having successful results, particularly during COVID-19, but it is not limited to use during these circumstances.
- It is for diagnostic evaluation of ASD and is composed of direct observation as well as questionnaires.
- It emphasizes that parents are the key sources of information, spend more time with their children than anyone else and this method of assessment provides an opportunity to educate and support parents.
- It is live (via telehealth), uses observation, walks a parent through several play activities and takes about 20-45 minutes.
- Finding advantages with AzEIP and in rural areas.
- A diagnosis of ASD is not based solely on the score from the rating form and are dependent on the clinical training and experience of the psychologist—meant to be a part of an autism evaluation (see slides to learn more).
- There were questions about the toys and other materials that might be needed, especially during COVID. Other questions came up as well as support for the tool from other practitioners. Please feel free to contact Terry or Cindy at the following addresses terrymateophd@gmail.com or website www.terrymateophd.com drcindyhoard@gmail.com or website drcindyhoard.com

Before adjournment, committee members asked questions:

- A committee member inquired as to the status of PPE availability in DDD group homes. AHCCCS provided an overview of provider responsibilities but further indicated they would work with the DDD medical director present at the committee meeting to determine the current PPE status for contracted group homes.
- A committee member asked if a future committee meeting could include an update from DDD about Article 9.

Next ASD Advisory Committee Meeting

October 7, 2020 3:00-5:00 pm

Anticipated to be held via Zoom



ASD Advisory Committee

July 8, 2020

Agenda Overview

- 1. Welcome, Introductions and Guidelines for Today's Meeting: Barbara Brent**
- 2. Welcome and General Updates**
 - Grants: Jill Rowland
 - Behavioral Health in Schools: Kelli Williams
 - Telehealth: Dr. Sara Salek
- 3. Overview of Requested Agenda Items and Next Year: Barbara Brent and Megan Woods**
 - Updating Research List
 - Next Steps on Report Recommendations
- 4. TELE-ASD-PEDS Presentation: Dr. Terry Matteo**
- 5. Questions, Answers and Discussions: Barbara Brent**

Crisis Counseling ISP & RSP Grants

Jill Rowland
Chief Clinical Officer
AHCCCS



Crisis Counseling Program (CCP) & Immediate Services Program (ISP)

- The mission of the FEMA-SAMHSA CCP/ISP Grant is to assist individuals and communities in recovering from the challenging effects of natural and human-caused disasters through the provision of community-based outreach and psychoeducational service
- Short term disaster relief services offered both (telephonic and virtual services)
 - Individual Counseling
 - Group Counseling
 - Brief Educational Supportive Contacts
 - Public Education Meetings and Public Service Announcements
 - Assessment, Referral and Resource Linkage
 - Community Networking and Support
- AHCCCS Partnered with the Crisis Response Network to serve as the Contractor to implement/oversee the program. CRN partnered with multiple agencies to provide services: Crisis Preparation and Recovery, EMPACT, Family Involvement Center, The Guidance Center, La Frontera and RI International
- AHCCCS was awarded the Grant on 6.3.2020; CRN created Resilient Arizona Crisis Counseling Program and the program was launched on 6.22.2020
 - [Resilientarizona.org](https://www.resilientarizona.org) and call 2-1-1 to talk to a crisis counselor

CCP & RSP (Regular Services Program)

- The mission of the FEMA-SAMHSA CCP RSP is to continue the implementation and services launched in the ISP CCP Grant
- The RSP Application was submitted on June 29, 2020
- The funding will provide for 9 more months of funding from the Award date-ISP funding is through July 29th, 2020
- Receiving the RSP Grant award will allow the continuation of crisis counseling services, the continuation of the 2-1-1 line and public services announcements and education

Behavioral Health in Schools

Kelli Donley Williams, MPH
Suicide Prevention Specialist
Behavioral Health in Schools Lead
AHCCCS



What We're Hearing

- Gold Council Goal of increasing BH services provided on school campuses by 10% in FY 2020 met. We increased from 11,000 students to 16,000+ students, prior to COVID closures.
- BH providers reporting positive changes in children they were treating in school settings and are now seeing at home. (Negative changes in adults)
- BH providers are being creative, generous to reach children they were seeing in school settings. So providing iPads for children who do not have other telehealth access.
- BH list serv: updates on current webinars, changes in education plan
- <https://www.azahcccs.gov/AHCCCS/Initiatives/BehavioralHealthServices/>

Telehealth

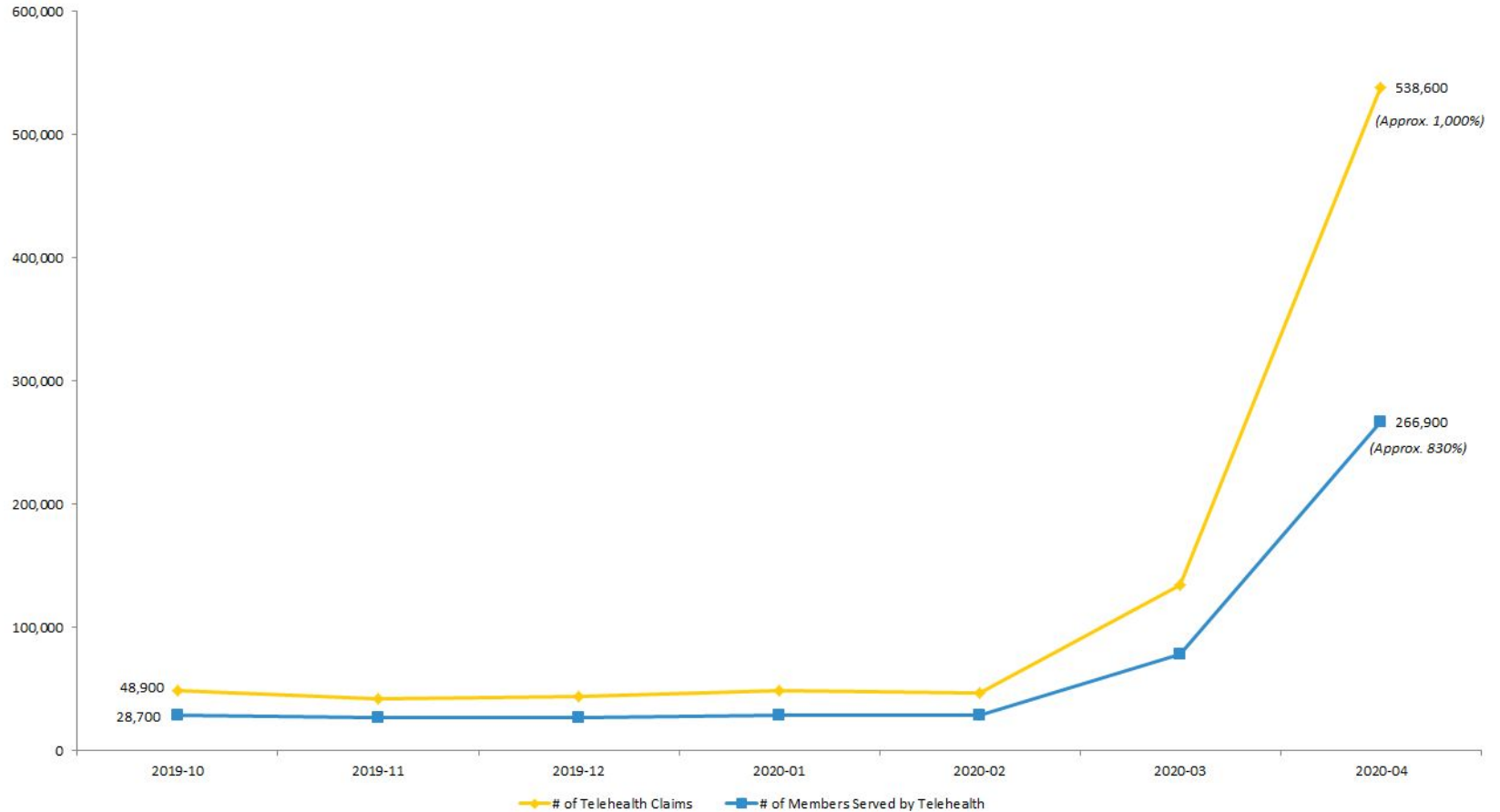
Dr. Sara Salek
Chief Medical Officer
AHCCCS



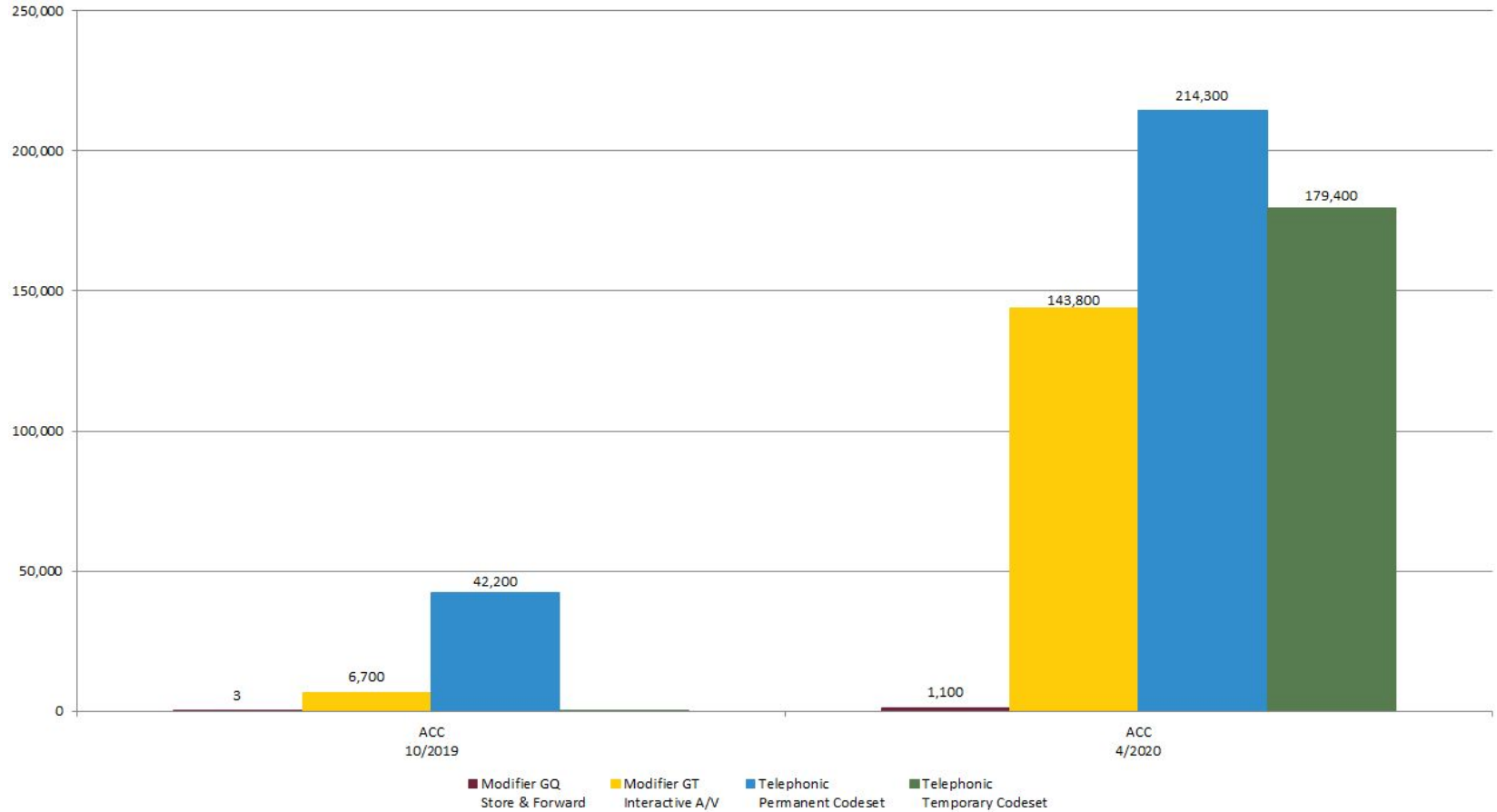
Telehealth Flexibilities during COVID19

- Added >140 codes to telemedicine (GT modifier)
- Created temporary telephonic code set
- Require MCOs to cover contracted services via telehealth modalities
- Require MCOs to reimburse at same rate as in person
- Created AHCCCS MCO Workgroup on Telehealth that will continue meeting ad hoc to review data trends and determine how best to evaluate quality outcomes

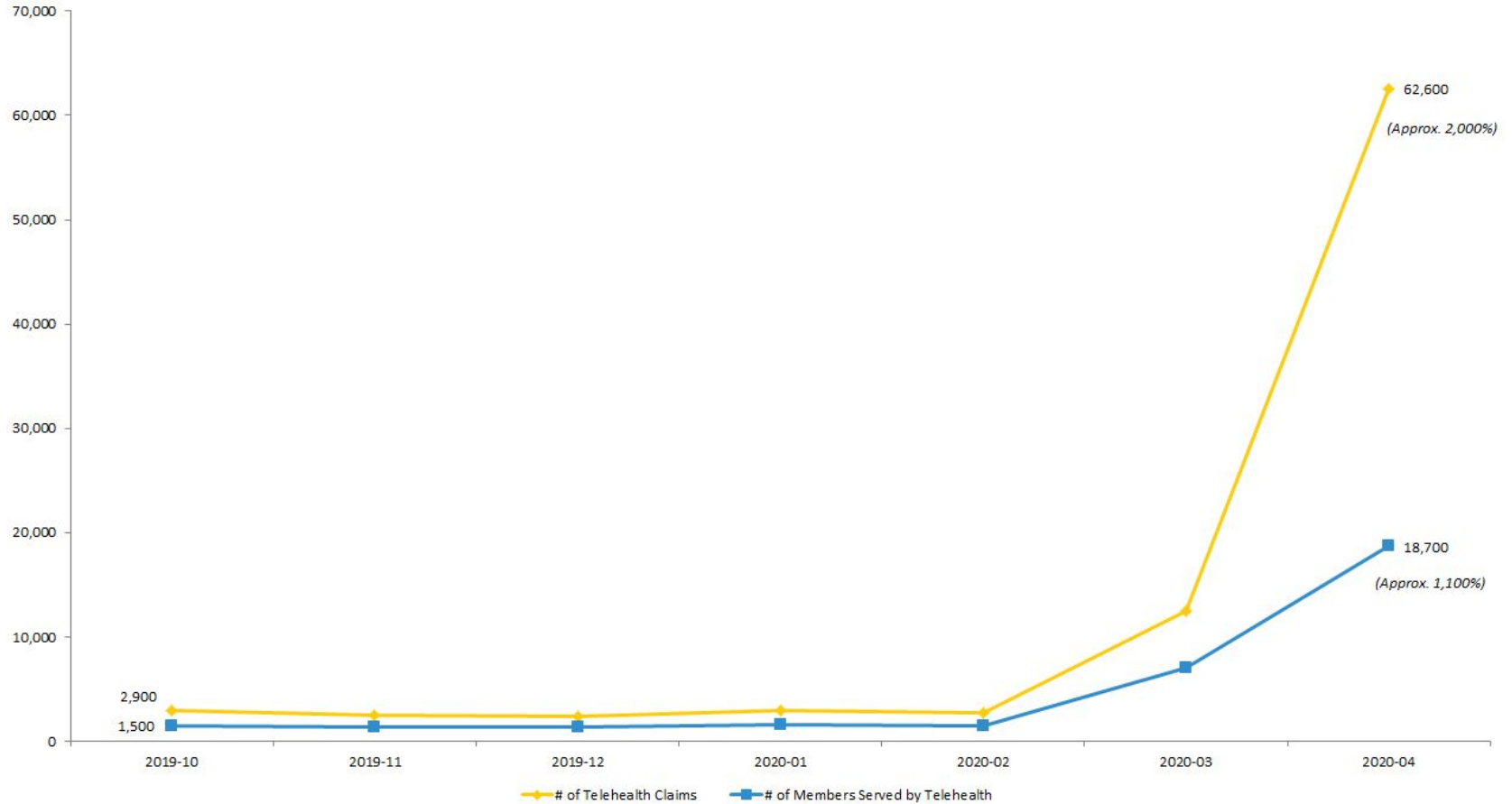
of ACC Members Served and Paid Claims by Month (Estimates Using Reported Claims Data as of 6/10)



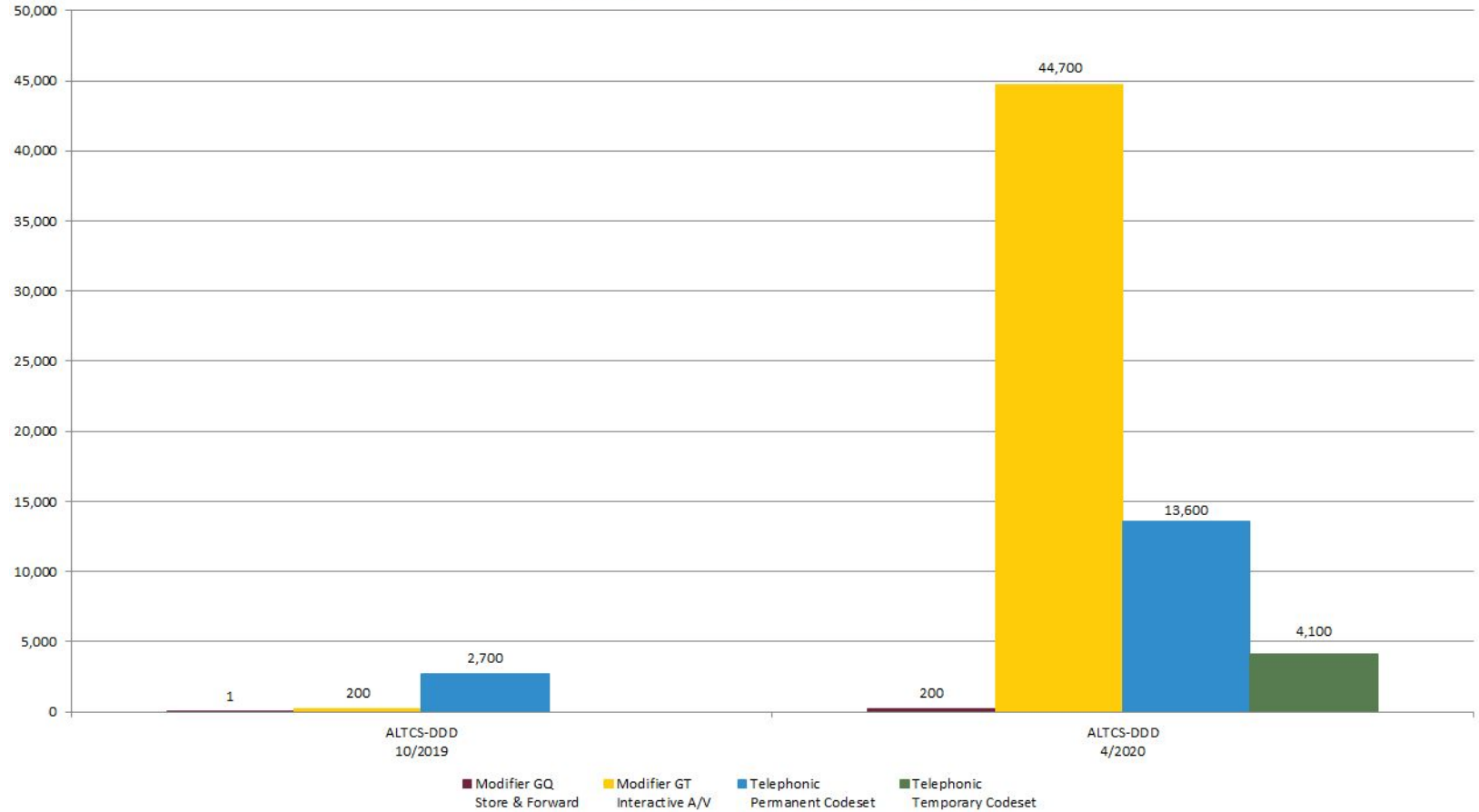
of ACC Claims by Type of Telehealth (Estimate Using Reported Claims Data as of 6/10)



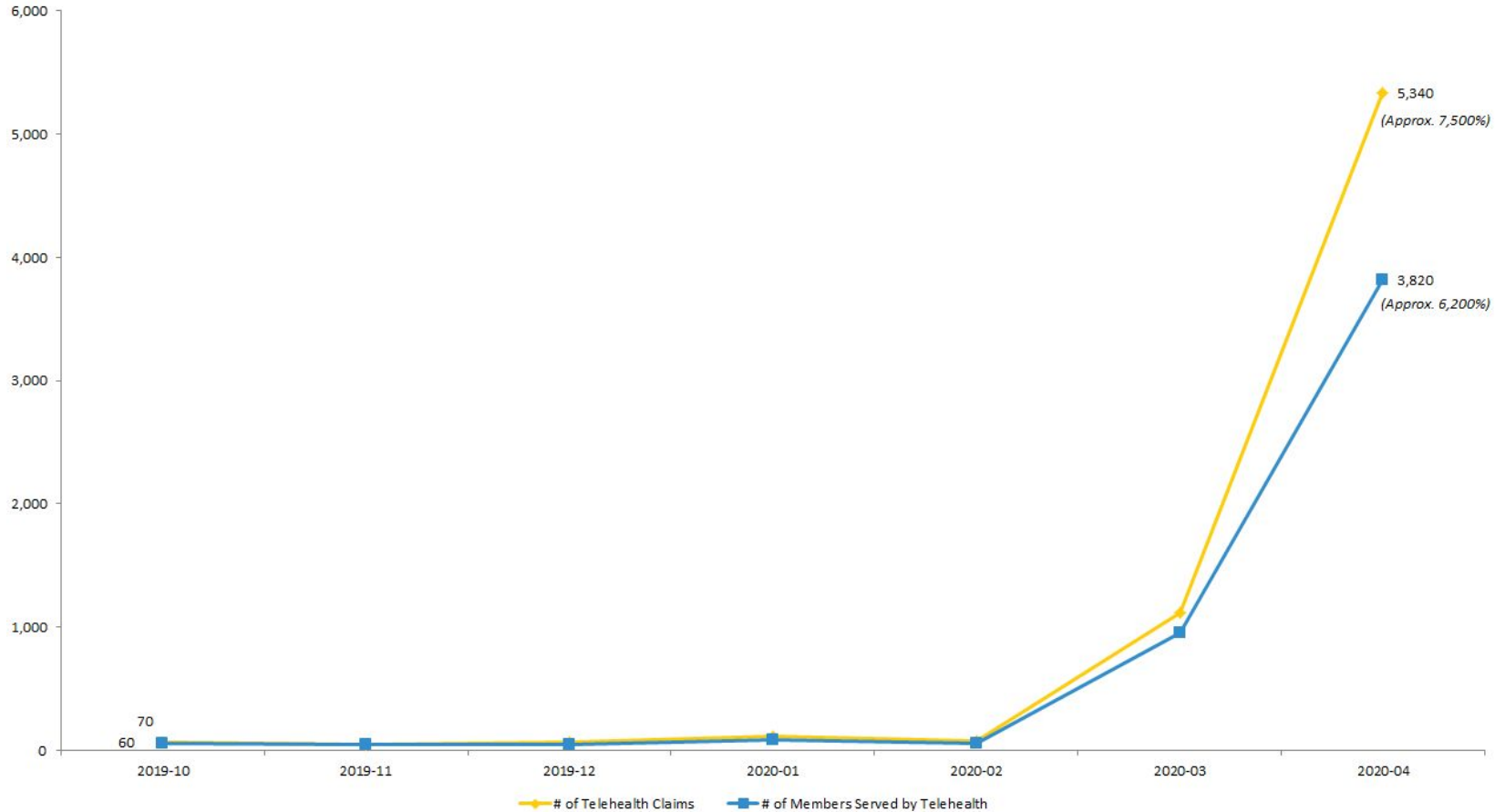
of ALTCS-DDD Members Served and Paid Claims by Month (Estimates Using Reported Claims Data as of 6/10)



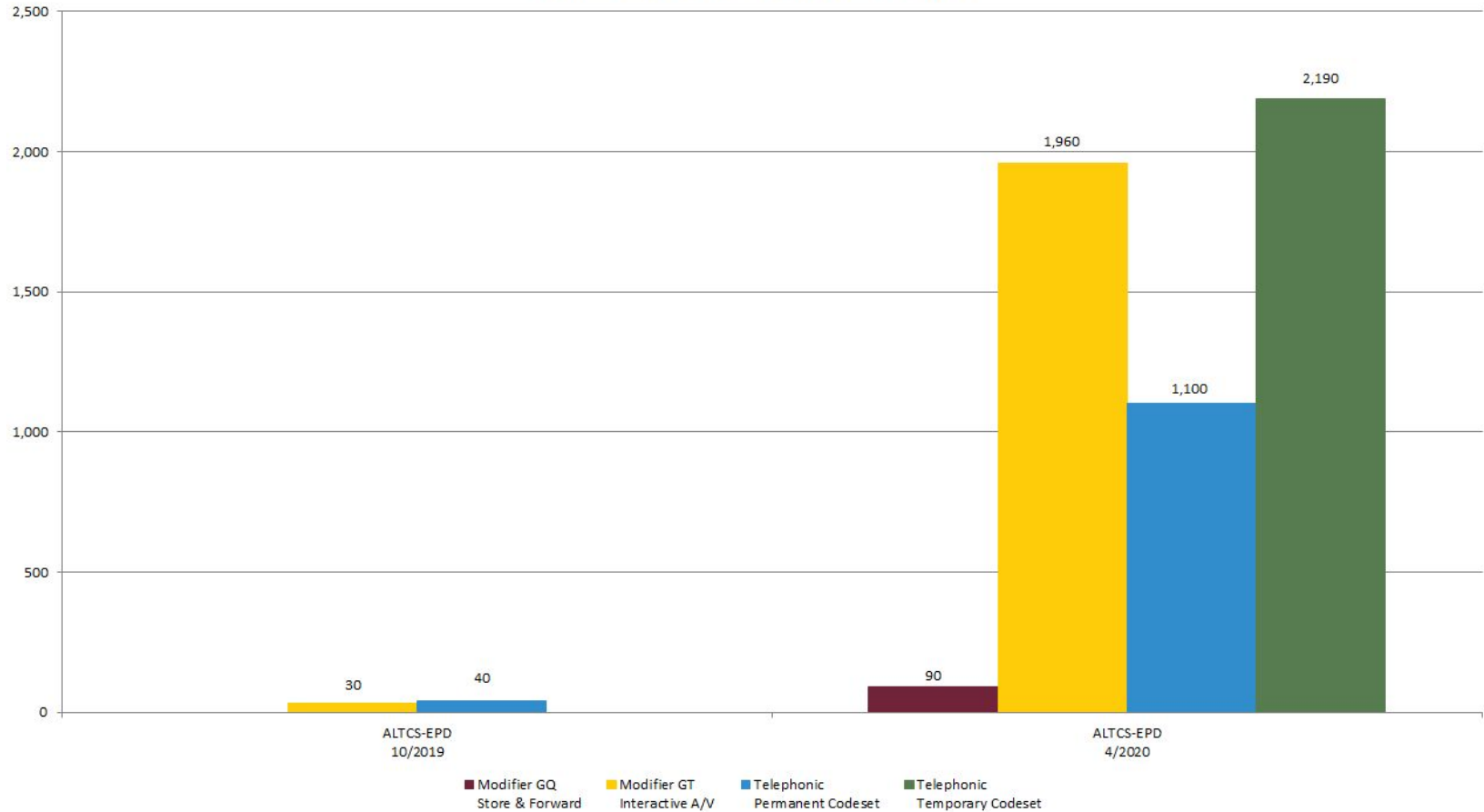
of ALTCS-DDD Claims by Type of Telehealth (Estimate Using Reported Claims Data as of 6/10)



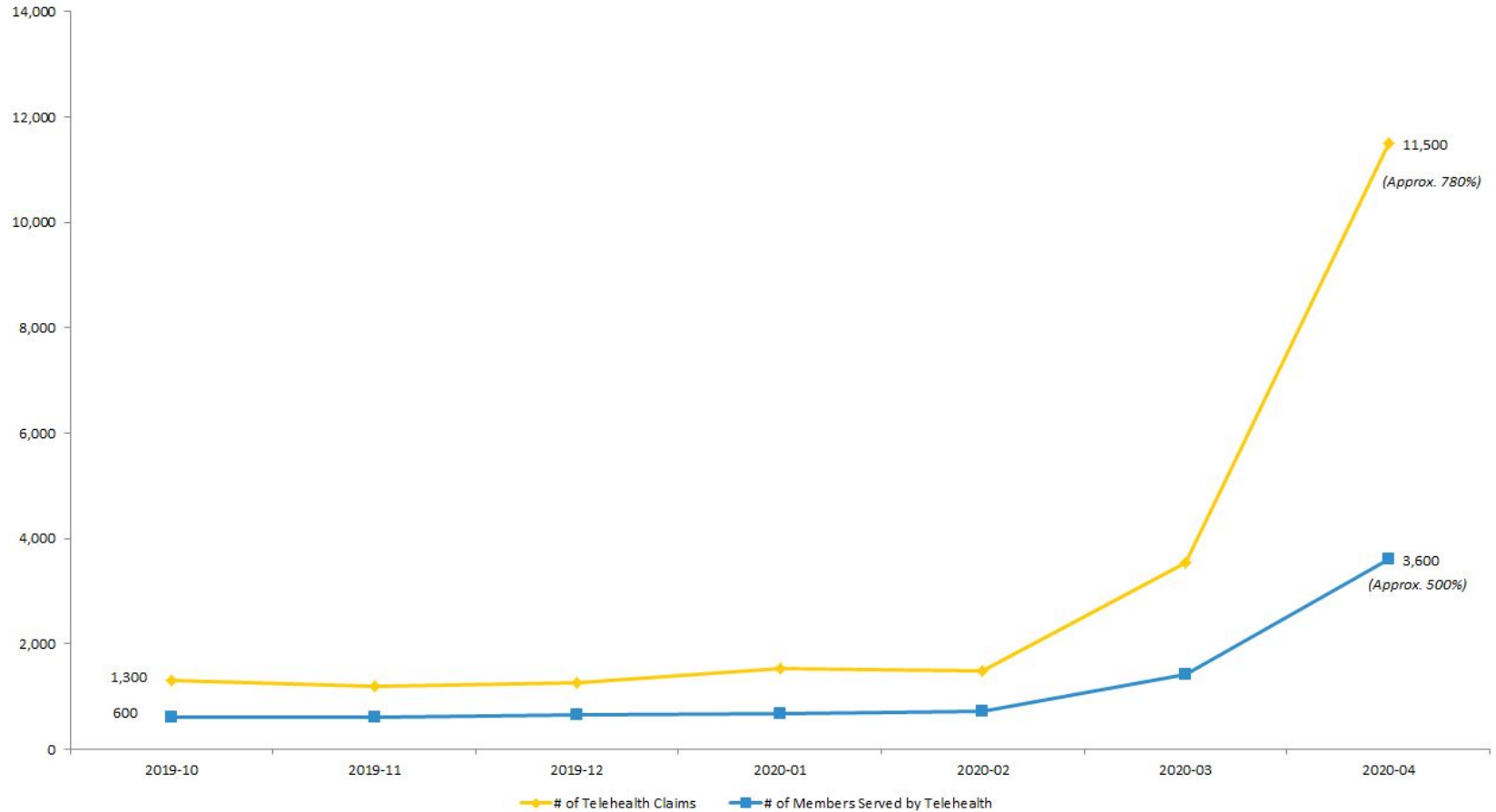
of ALTCS-EPD Members Served and Paid Claims by Month (Estimates Using Reported Claims Data as of 6/10)



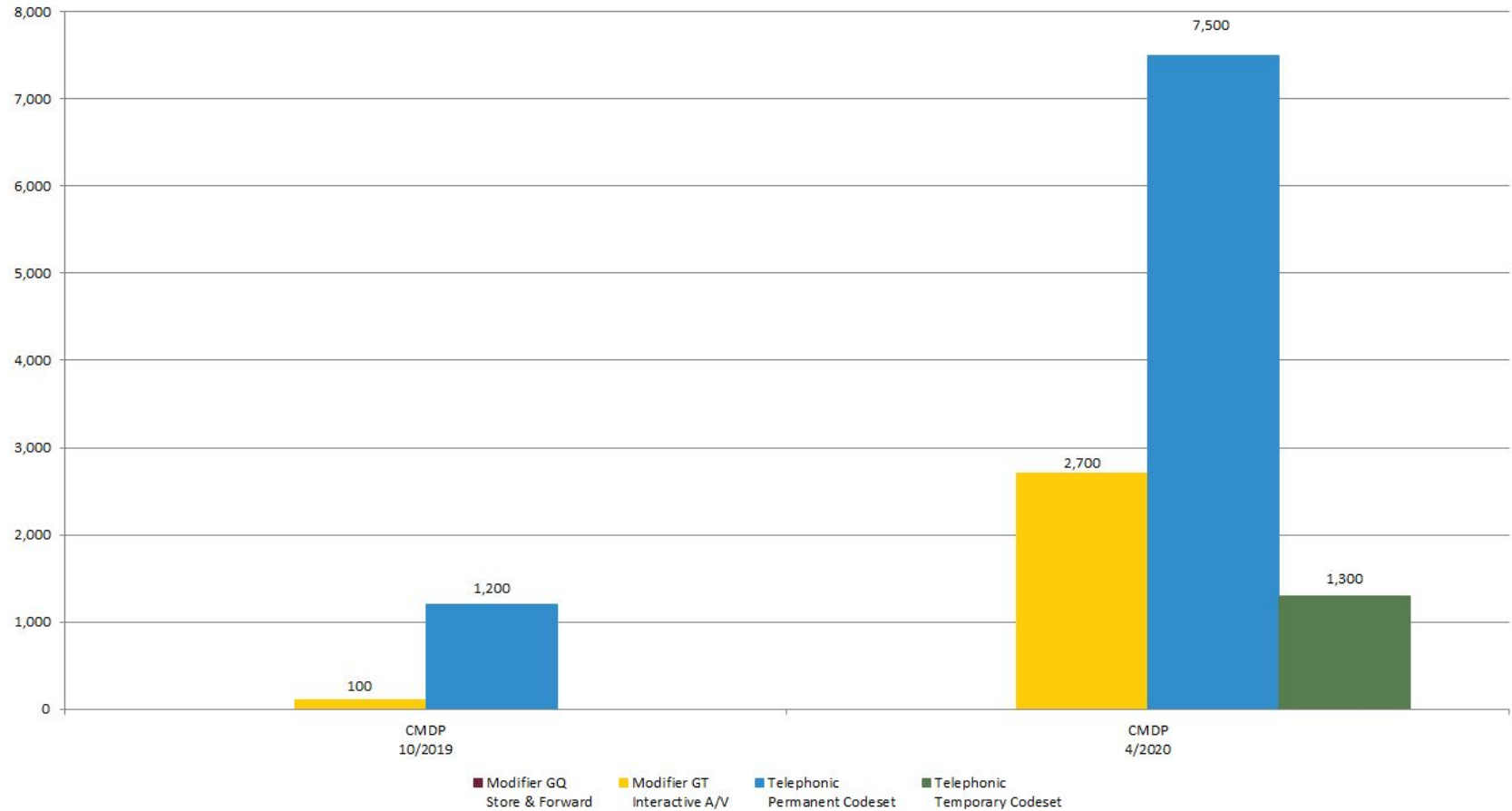
of ALTCS-EPD Claims by Type of Telehealth (Estimate Using Reported Claims Data as of 6/10)



of CMDP Members Served and Paid Claims by Month (Estimates Using Reported Claims Data as of 6/10)

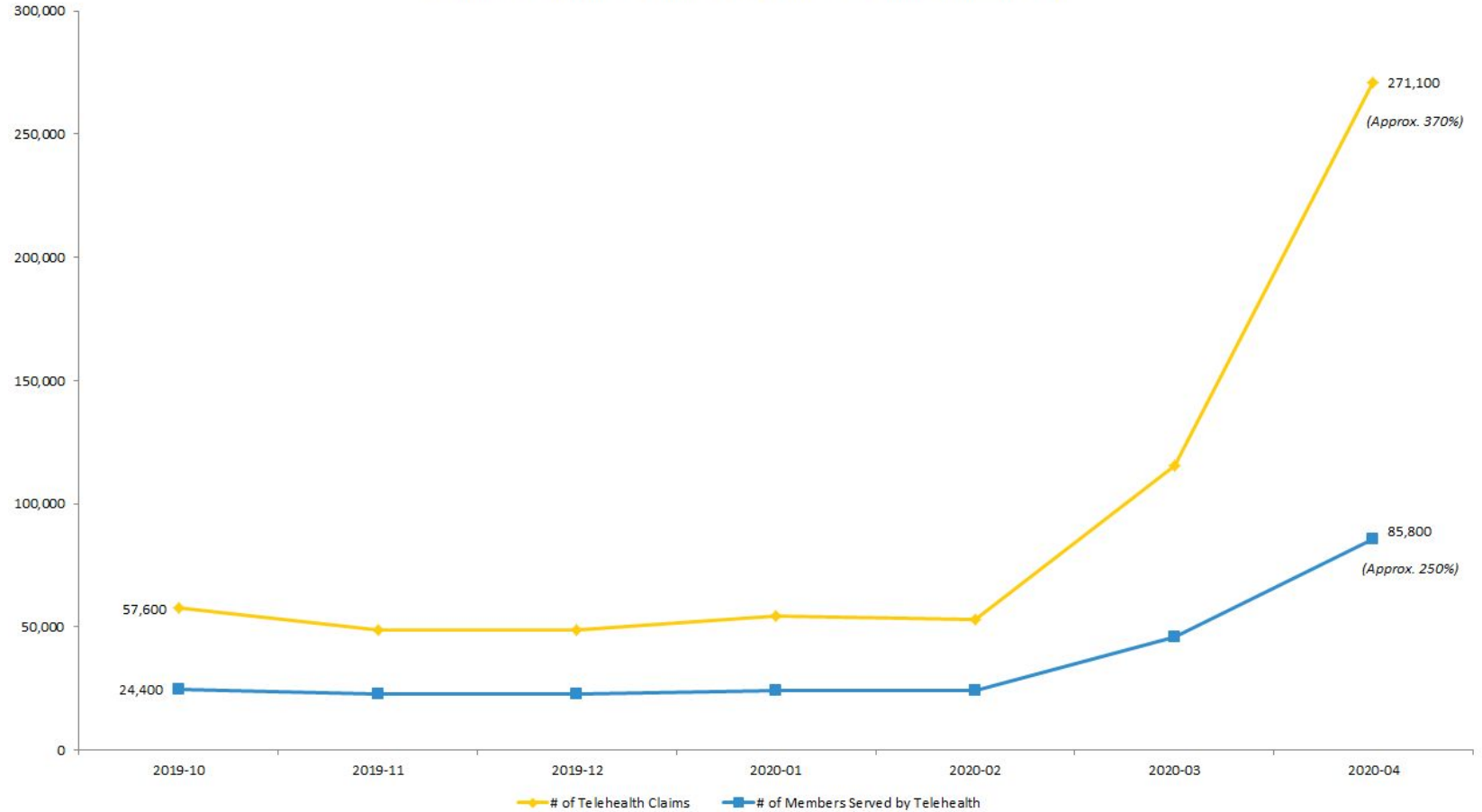


of CMDP Claims by Type of Telehealth (Estimate Using Reported Claims Data as of 6/10)

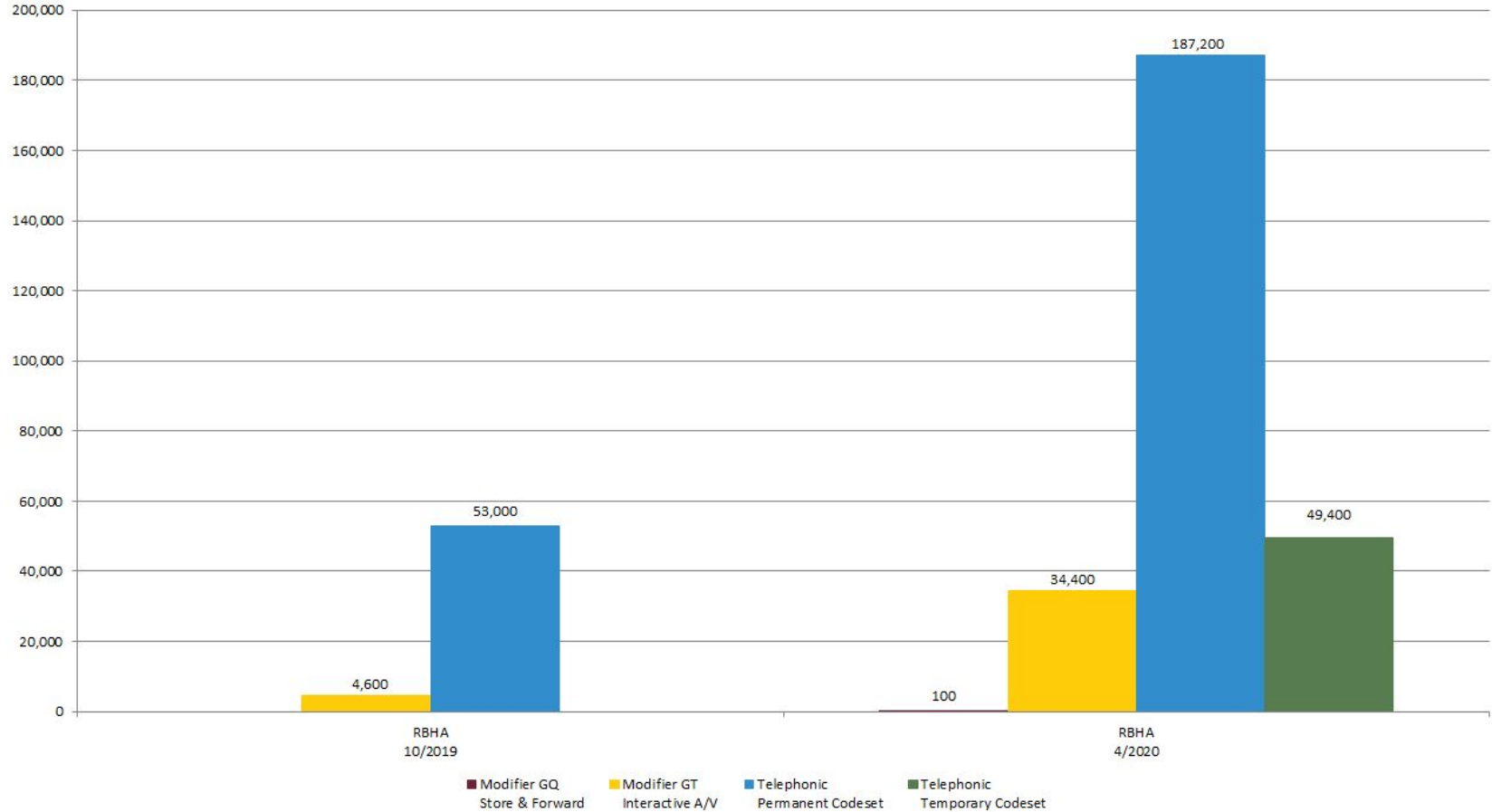


of RBHA Members Served and Paid Claims by Month

(Estimates Using Reported Claims Data as of June 10 With N-TXIX Est. TBD)



of RBHA Claims by Type of Telehealth
 (Estimate Using Reported Claims Data as of June 10 With N-TXIX Est. TBD)



Telehealth Further Analysis

Next analysis will include:

- CPT/HCPCS
- Provider type
- Place of service
- Age group (0-20, 21-64 and 65+)
- Gender
- Race/ethnicity

Overview of Requested Agenda Items & Next Year

Barbara Brent - Facilitator

Jill Rowland - AHCCCS

Dr. Megan Woods, Integrated Care Administrator -
AHCCCS

TELE-ASD-PEDS

Terry Matteo, PhD

Cindy Hoard, EdD



Topic to be Discussed

Vanderbilt TELE-ASD-PEDS

Telehealth

Autism Spectrum Disorder

Pediatric Population

(currently targeted for 36 months
and younger)



DIAGNOSTIC EVALUATION FOR ASD



Diagnostic Interview/History – with specific questions related to DSM-5 criteria



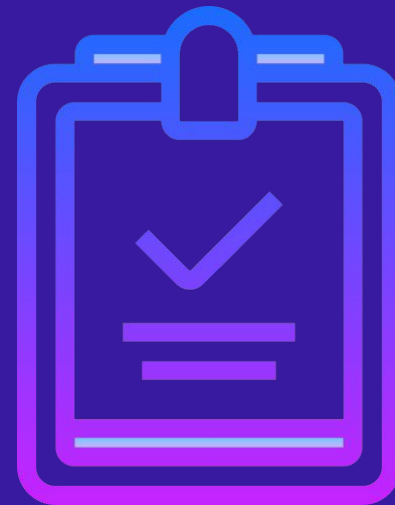
Direct Observation of Social Behavior (for very young children) – observation of independent play, joint play with peers or others, and interactions with parent.

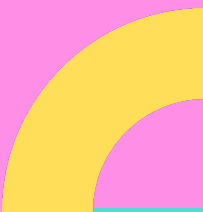


Comprehensive assessment of development – communication, adaptive/self-help skills, cognitive functioning, etc.



Corroborating information – questionnaires from parent, teacher, others





Parent Involvement in Assessment



PARENTS

**ARE KEY SOURCES OF
INFORMATION**



**PARENTS SPEND MORE TIME
WITH THEIR YOUNG CHILDREN
THAN ANYONE ELSE**



**THIS IS AN OPPORTUNITY TO
EDUCATE AND SUPPORT
PARENTS**



**PARENTS OFTEN KNOW KEY
INFORMATION ABOUT THEIR
CHILD'S CHALLENGES**





TELE-ESD-PEDS ELE

Telehealth

**Autism Spectrum
Disorder**

Pediatrics



What is the TELE-ASD-PEDS?

- **Used to observe and document key symptoms of autism during a Telehealth assessment for autism.**
- **A trained professional walks a parent through several basic play activities with her/his child following semi-structured procedures.**
- **These activities allow the professional to observe for the presence of autism spectrum-related symptoms and behaviors.**
- **Takes about 20–45 minutes.**
- **A Telehealth session with the parent/caregiver prior to the Tele-ASD-PEDS to complete the diagnostic interview and questionnaires.**

For what age range was the TELE-ASD-PEDS designed?

The TELE-ASD-PEDS was designed for use with children under 36 months of age who have been referred due to concerns for possible autism spectrum disorder.

**Use with older preschool children
is being evaluated at Vanderbilt**



Who can use the TELE-ASD-PEDS?



The TELE-ASD-PEDS is designed for providers with expertise in recognizing autism symptoms and diagnosing autism spectrum disorder in toddlers.



At Vanderbilt, it is used by psychologists and licensed senior psychological examiners with specific experience diagnosing ASD in toddlers.



They have also successfully trained speech-language pathologists, developmental pediatricians, nurse practitioners.



This tool is designed to be one of many tools that can allow a trained professional to make direct observation of social behavior, which allows us to assess for core symptoms of ASD



The outcomes from those observations, including any decision regarding a diagnosis, are based on the expertise and training of the professional and the information obtained by observation and history

A diagnosis of ASD



Is not based solely on the score from this rating form. Ratings are dependent on the clinical training and experience of the psychologist.



The TELE-ASD-PEDS is meant to be used as part of an autism evaluation by professionals trained on the ADOS.

LEARN MORE ABOUT THE TELE-ASD-PEDS FROM VANDERBILT

1. **Go to triad.vkclearning.org**
2. **Create a free account by clicking on “Register.”**
3. **Create a username and password.**
4. **Fill out the form and and select “TRIAD” under the doorway.**
5. **You will receive an email verification. Once you do, click the link to verify your account and log in.**
6. **Go to the: Telehealth Resources logo**
7. **Click “open” next to “Telemedicine-based ASD Assessment in Toddlers (TELE-ASD-PEDS)”**

A to Z Therapies is utilizing the TELE-ASD-PEDS



**AZEIP's continued use of Telehealth –
an advantage for families in rural
areas**

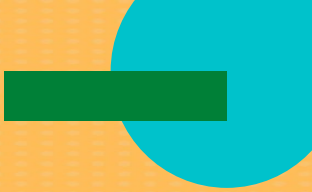


**Telehealth with therapist or
DSI guiding parent in their home
or potentially at one of our clinics**



**May only be 1st step in a process that
may require an in-person ADOS
(if inconclusive or unclear)**

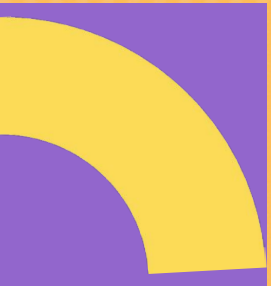
Other Telehealth ASD Assessments:



Naturalistic Observation Diagnostic Assessment (NODA) – SARRC



**Behavioral Observation of Symptoms of Autism (BOSA)–
UCLA–CART with Catherine Lord
–uses some of the ADOS materials
and coding system**



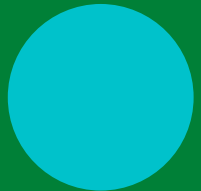
SESSIONS TO COMPLETE THE TELE-ASD-PEDS

1. **Initial background information and history/ diagnostic interview**
2. **Telehealth session with guided activities with with Parent/Caregiver and Child while Psychologist observes and codes for ASD behaviors**
3. **Follow-up visit to discuss results (could be integrated into assessment)**



GUIDED ACTIVITIES FOR OBSERVATION

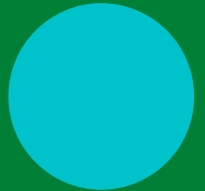
- **Child free play alone with toys identified beforehand (2 minutes)**
- **Child's response to hearing name**
- **Child's response to hearing name and look in pointed direction**
- **Bubble Play**





GUIDED ACTIVITIES FOR OBSERVATION

- **Parent and child engage in joint play (2 minutes)**
- **Familiar play routine with parent and child (e.g., peek-a-boo, tickle, a game they play together)**
- **Balloon – blow up and release (or other familiar routine with object)**



GUIDED ACTIVITIES FOR OBSERVATION

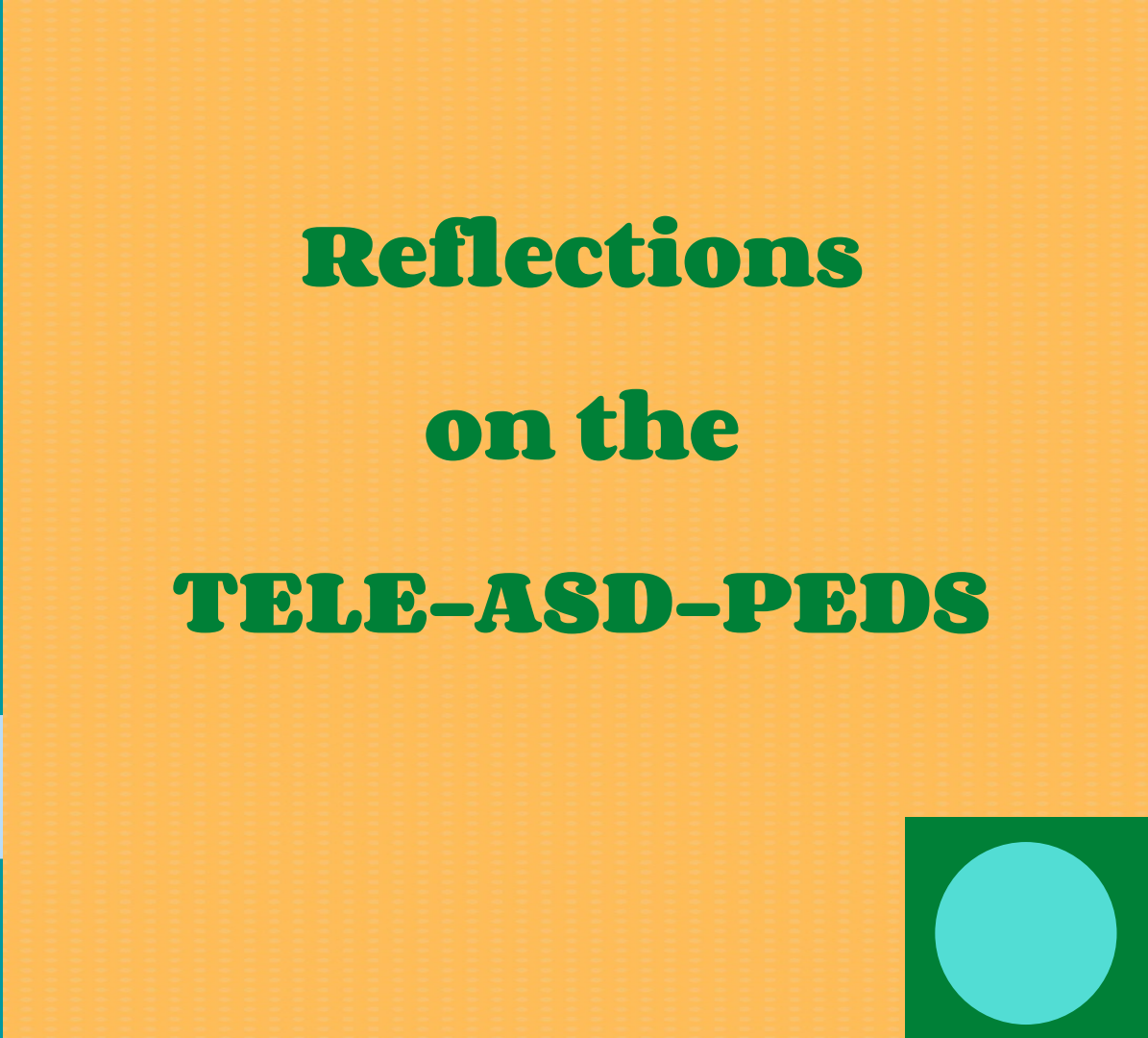



- **Child free play alone with - a short “ignore” period to observe child’s reaction (2 minutes)**



- **Snack activity**



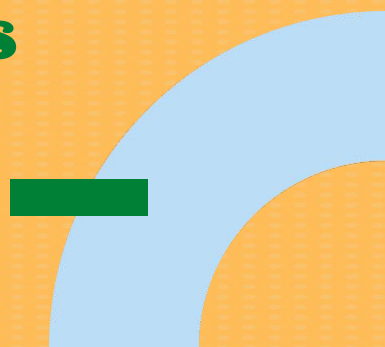


Reflections on the TELE-ASD-PEDS



vkc.vumc.org/vkc/TRIAD

**– free access to many resources
for professionals and families,
including:
podcasts, trainings, written materials**





**During the challenges of
COVID-19**

**We can partner with
families to provide high
quality Telehealth
Evaluations to continue
early identification of
ASD**



Cindy Hoard, EdD

Email: drcindyhoard@gmail.com

Website: drcindyhoard.com

Phone: 602-616-9682

Phone # for Families: 623-396-5067

Terry Matteo, PhD

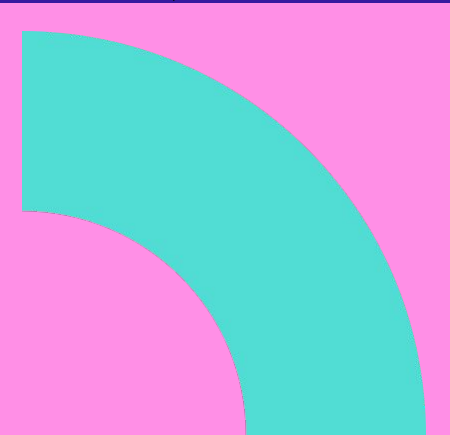
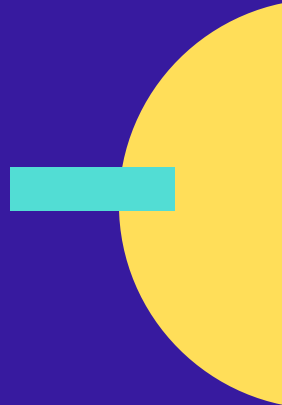
Email: terrymatteophd@gmail.com

Website: www.terrymatteophd.com

Phone: 480-382-4142

Our Phoenix Office

7600 N 15th Street, Suite 150



Questions?

Answers

Discussion

Thank You.

Next Meeting - October 7th