

Prior Authorization Guidelines

Antipsychotic Medications in Children Under 6 Years Old

Effective Date: July 1, 2016

FDA Approved Indication:

With the exception of risperidone, antipsychotics have not been approved for use in children less than 6 years old. There are few randomized controlled trials to demonstrate safety and efficacy in this population.

Guidelines for Approval:

1. Child diagnosed, per current DSM criteria, with one of the following disorders:
 - a. Bipolar Spectrum Disorder
 - b. Schizophrenic Spectrum Disorder
 - c. Tourette's or other tic disorder
 - d. Autism Spectrum Disorder
2. Psychosocial issues and non-medical interventions are being addressed by the clinical team.
3. Documentation of psychosocial evaluation occurring before request for antipsychotic medications.
4. Documentation of non-medication alternatives that have been attempted to address symptoms before request for antipsychotic medications.
5. Documentation must include information on the expected outcomes and an evaluation of potential adverse events.

Coverage is Not Authorized for:

1. Members with known hypersensitivity to requested agent.
2. Members not meeting above stated criteria.

References:

1. Pliska SR, Greenhill LL, Crismon ML, et al. The Texas children's medication algorithm project: report of the Texas census conference panel on medication treatment of childhood deficit/hyperactivity disorder. Part 1. *J Am Academy Child Adolescent Psychiatry*. 2003;39(7):920-927
2. Correll CU, Manu P, et al. Cardiometabolic risk of second-generation antipsychotic medications during first time use in children and adolescents. *JAMA*. 2009; 302(16):1765-73.
3. McClellan J, Kowatch R, Findling RL. Practice parameter for the assessment and treatment of children and adolescent with bipolar disorder. *J AM Child Adolesc Psychiatry*. 2007;46:107-126.
4. Schur S, Sikich L, Findling, et al. Treatment recommendations for the use of antipsychotics for aggressive youth (TRAAY) Part I: Review. *J AM Acad Child Adolesc Psychiatry*. 2003;2:132-143.
5. Pappadoulos E, MacIntyre J, Crismon L, et al Treatment recommendations for the use of antipsychotics for aggressive youth (TRAAY) Part II: Review. *J AM Acad Child Adolesc Psychiatry*. 2003;42 (2):145-161.
6. Kowatch R, DelBello M. The use of mood stabilizers and atypical antipsychotics in children and adolescents with bipolar disorders. *CNS Spectrums*. 2003; 8(4): 273-280.