

**Janice K. Brewer, Governor**  
**Thomas J. Betlach, Director**

801 East Jefferson, Phoenix, AZ 85034  
PO Box 25520, Phoenix, AZ 85002  
Phone: 602-417-4000  
www.azahcccs.gov



*Our first care is your health care*  
ARIZONA HEALTH CARE COST CONTAINMENT SYSTEM

---

February 20, 2014

Cheryl Young  
Centers for Medicare & Medicaid Services  
Division of Medicaid & Children's Health Operations  
90 Seventh Street, Suite 5-300 (5W)  
San Francisco, CA 94103-6707

Dear Ms. Young:

Enclosed is Arizona State Plan Amendment (SPA) #14-004, which revises the State Plan to reflect updates to therapies covered under the State Plan.

If you have any questions about the enclosed SPA, please contact Theresa Gonzales at (602) 417-4732.

Sincerely,

A handwritten signature in black ink, appearing to read 'Monica Coury', is written over a faint, light-colored signature line.

Monica Coury  
Assistant Director  
Office of Intergovernmental Relations

Cc: Wakina Scott



Behavioral health services provided in a clinic include individual, group and/or family counseling/therapy, psychotropic medications, psychotropic medication adjustment and monitoring, emergency/crisis services, behavior management, psychosocial rehabilitation, screening, evaluation and diagnosis, case management services, laboratory and radiology services. The duration, scope and frequency of each therapeutic modality shall be part of a treatment plan.

Screening services are limited to no more than one service during each six-month period of continuous behavioral health enrollment.

**10. Dental services.**

Dental services are limited to (1) the elimination of oral infections and the treatment of oral disease, which includes dental cleanings, treatment of periodontal disease, medically necessary extractions and the provision of simple restorations as a medically necessary pre-requisite to organ transplantation, and (2) prophylactic extraction of teeth in preparation for radiation treatment of cancer of the jaw, neck or head.

**11. Physical therapy and related services.**

Physical therapies and related services as described in 11a, 11b and 11c for persons 21 years of age and older when a ~~rehabilitation-treatment~~ plan demonstrating ~~rehabilitation~~ potential ~~to is documented prevent deterioration, or to assist an individual to attain or maintain or regain a skill or function never learned or acquired, or acquired and then lost or impaired, due to illness, injury or disabling condition.~~ The duration, scope and frequency of each therapeutic modality must be prescribed by ~~and documented in the rehabilitation treatment~~ plan. Assessment, evaluation, and treatment services are included as part of this benefit.

Therapies and related services for persons under the age of 21 are covered ~~without limitation whether or not there is a demonstrated potential for rehabilitation.~~ Providers meet the applicable requirements at 42 CFR 440.110.

**11a. -Physical therapy.**

Physical therapy services are provided to prevent or alleviate movement dysfunction and related functional problems. ~~For adults, Out-patient physical therapy is limited to 15 visits per contract year for adults to restore an individual to a particular skill or function and 15 visits per contract year to assist an individual to attain or maintain a skill or function never learned or acquired. The physical therapy benefit is provided to adults who are not Medicare-eligible. A "visit" is defined as all physical therapy services received on the same day. Members enrolled in the Arizona Long Term Care System (ALTCS) receive services provided under the 1115 Waiver.~~

Physical therapy services are provided by: 1) State-licensed physical therapists; and 2) state-licensed physical therapy assistants under the direction of State-licensed physical therapists. In addition, physical therapy services must and meet the requirements in 42 CFR 440.110.

**11b. Occupational therapy.**

Occupational Therapy services are provided to improve, or restore functions impaired or lost through illness or injury. Services for adults over the age of 21 are limited to occupational therapy services provided in an inpatient setting. Members enrolled in the ALTCS program receive services provided under the 1115 Waiver.

Occupational Therapy services are provided by: 1) State-licensed occupational therapists; and 2) certified occupational therapy assistants under the direction of State-licensed occupational therapists and meet the requirements in 42 CFR 440.110.

TN No. ~~14-00411-006~~

Supersedes

TN No. ~~11-00610-006~~

Approval Date: \_\_\_\_\_

Effective Date: ~~April 1, 2014~~ January 1, 2014