



Arizona Pregnant and Parenting Women Resource Guide

2023

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Development Team

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Executive Summary

Arizona State University, in alignment with AHCCCS's vision, has developed a comprehensive resource guide for clinicians in Arizona. This guide is specifically designed for those seeking to expand their treatment capabilities for Pregnant or Postpartum Women (PPW) with Opioid Use Disorder (OUD), as well as for clinicians aiming to connect their patients or clients with vital community resources.

The guide includes sections on best practices for supporting PPW with OUD, integrating both national and statewide resources. It provides information on Medication for Opioid Use Disorder (MOUD) treatment locations for pregnant women and resources for postpartum medical care. Additionally, the guide covers parenting resources, family resource centers, and court advocacy resources, and a table on the use of person-centered language in clinical settings.

To ensure the relevance and accessibility of the information, the resources are organized by county location. This guide is intended to benefit healthcare professionals, community-based organizations, recovery individuals, caregivers, and others involved in the care of PPW with OUD in Arizona.

Important Definitions

Medications for Opioid Use Disorder (MOUD): combines use of FDA-approved medications with counseling and other behavioral therapies for people diagnosed with opioid use disorder (OUD).

Opioid Treatment Program (OTP): treatment program certified by the Substance Abuse and Mental Health Services Administration (SAMHSA) to provide MOUD for individuals with OUD. OTPs are authorized to administer and distribute all forms of MOUD, including methadone, buprenorphine, and naltrexone. Services can also include non-medical services, including case management, peer support, and counseling services.

Office-Based Opioid Treatment Programs (OBOT): qualified primary care medical clinicians can provide MOUD treatment in their office-based settings.

Best Clinical Practices

General Information for Providers

Provider Clinical Support System (PCSS): modules, webinars, training, and other educational materials for medical providers interested in evidence-based practices for addiction treatment. Visit [PCSS](#) for more information or to sign up for a training.

American College of Obstetricians and Gynecologists: Clinical guidance for treatment of opioid use disorder during pregnancy: [ACOG OUD In Pregnancy](#)

Crisis Support: 988 (Nationwide)

County-Based Crisis Support

Maricopa, Pinal, and Gila Counties: 602-222-9444 or 800-631-1314

Cochise, Graham, Greenlee, La Paz, Pima, Santa Cruz, Yuma: 520-622-6000 or 866-495-6735

General National & State-Wide OUD Resources

Opioid Assistance Referral Line (OARline): 888-688-4222 ([Website](#))

Resources and Guidance Published by Substance Abuse and Mental Health Services Administration (SAMHSA)

- A. [Advisory: Addressing the Specific Needs of Women for Treatment of Substance Use Disorders \(based on TIP 51\)](#)

- B. [Preparing for Your Baby: Information for Pregnant People with Substance Use Disorders](#)
- C. [Resources for Professionals Working with Pregnant People Affected by Substance Use Disorders](#)
- D. [National Center on Substance Abuse and Child Welfare Resources for Professionals Working with Pregnant and Parenting People Affected by Substance Use Disorders and Involved with Child Welfare](#)
- E. [Are You Taking Medicine for Opioid Use Disorder and Are Pregnant or Thinking about Having a Baby](#)
- F. [SAMHSA Evidence-Based, Whole-Person Care for Pregnant People Who Have Opioid Use Disorder](#)

MOUD Treatment for Pregnant Women

For a full listing of SAMHSA OTP Directory, visit:

[Opioid Treatment Directory](#)

[SAMHSA Advisory](#)

Maricopa County

Dr. Maria Manriquez: Board certified in OB/GYN and Addiction Medicine; Director of Addiction Medicine curriculum at University of Arizona which provides resources for physicians interested in learning more about OUD and pregnancy. Also has an OB clinic that runs out of Banner specifically for pregnant women and people with OUD. Actual referral process is unclear. [Website](#)

MomDoc: offers prenatal care and MOUD to pregnant women with OUD. Specific provider is Lisa Cotton, WHNP. Call/text 480-821-3600 for appointment

Banner University Women's Center: Specifically works with pregnant and postpartum individuals with SUD; Referral information Phone 602-521-5700|Fax 602-521-5701

Intensive Treatment Systems: MOUD treatment for all, including during pregnancy. Multiple offices across the county. Visit [Website](#)

- West Valley (Office 602-666-1902|Fax 602-666-1920)
- Mesa (Office 602-666-1902|Fax 602-666-1920)
- Central Phoenix (Office 602-666-1902|Fax 602-666-1920)
- Phoenix North Clinic (Office 602-666-1902|Fax 602-666-1920)

Community Medical Services: MAT/MOUD treatment during pregnancy; multiple locations across the county

- Buckeye (Phone: 623-233-1330|Fax: 623-234-9131)
- Glendale (Phone: 623-233-1099|Fax: 623-243-7224)
- Mesa (Phone: 480-499-4599|Fax: 480-656-5687)
- Mesa on Main (Phone: 480-977-1500|Fax: 480-912-1309)
- Peoria (Phone: 623-233-1333|Fax: 623-234-8333)
- Phoenix/Cactus Wellness (602) 607-4725)
- Phoenix/23rd Ave (Phone: 602-775-5634|Fax: 602-237-5497)
- Phoenix/7th Ave (602-753-3360)
- Phoenix/Cactus (Phone: 602-607-4700|Fax: 602-675-3858)
- Phoenix/Camelback (Phone: 602-775-5655|Fax: 602-314-6420)
- Phoenix/Northern (Phone: 602-866-9378|Fax: 602-866-9394)
- Phoenix/University (Phone: 602-607-4747|Fax: 623-254-0493)
- Tempe/Rural (Phone: 480-977-1800|Fax: 480-543-6682)

West Valley Health Equity: provides health-supported housing for pregnant and parenting mothers with OUD through their Magnolia House; care includes prenatal care, MOUD, and behavioral health. Referral form here: [Website](#)

BAART Program: provides methadone treatment to pregnant patients; other services offered as well, including case management, coordinated pregnancy treatment, addiction education, and relapse prevention. [Website](#)

- Chandler (Phone 480-899-0200| Fax 480-899-0202)

Southwest Behavioral Services: provide a variety of outpatient and inpatient services, counseling, psychiatric care; [Website](#)

- 7th Ave OTP: MAT, counseling, case management. Call 602-258-3600 or [Website](#)

Horizon Health and Wellness: offers MOUD and other behavioral health treatment for substance use disorder ([Website](#))

- Chandler: 480-385-5055 or [Website](#)
- Mesa: 833-431-4449 or [Website](#)
- Phoenix: 602-482-7311 or [Website](#)

Community Bridges Inc.: offers a wide variety of OUD/SUD and behavioral health services including inpatient, outpatient, counseling. Call 24/7 access line at 877-931-9142 or 888-224-6593 or email scheduling@cbridges.com for information about all locations. Below are the OTP only.

- Mesa: East Valley Addiction Recovery Center
- Phoenix: Cactus Integrated Care Clinic
- Avondale: West Valley OSC
- Phoenix: Central City Addiction Recovery Center

Valle Del Sol: offers a wide variety of services for integrated physical and mental health, including opioid treatment programs. Call 602-523-9312 or email opioid@valledelsol.com

- South Phoenix (602-258-6797 or [Website](#))
- Mesa: East Valley(602-258-6797 or [Website](#))

Native American Connections: offers a wide range of services including counseling, group therapies, case management, job readiness, and life skills. Call 602-424-2060 or email intake@nativeconnections.org for an intake or more information.

Clean Slate Outpatient Addiction Medicine: offers compassionate and effective alcohol and opioid addiction treatment programs.

- Gilbert: 602-313-4391 or [Website](#)
- North Phoenix: 480-417-4215 or [Website](#)
- West Phoenix: 480-417-5289 or [Website](#)

New Hope Behavioral Health Center: offers outpatient medication assisted treatment using culturally and linguistically appropriate services. In person and telehealth. Also offers harm reduction services and HIV/Hepatitis C services.

- Mesa: 480-981-1022 or [Website](#)

Terros Health: Offers a wide variety of programs and services for people who use drugs, including therapies, MAT, inpatient and outpatient. OTPs are listed below.

- Glendale: Olive Health Center (602-389-3707 or [Website](#))
- Phoenix: Central Phoenix Clinic (602-302-7767 or [Website](#))

Pima County

Community Medical Services: MAT/MOUD treatment during pregnancy

- Tucson/NW (Phone: 520-775-3500|Fax: 520-742-4764)
- Tucson/Broadway (Phone: 520-314-1400|Fax: 520-203-7539)
- Tucson/Carondelet (Phone: 520-298-1650)
- Tucson/Park (Phone: 520-485-3200|Fax: 520-849-7061)

Behavioral Awareness Center, Inc.: provides methadone and suboxone treatment; offers additional services including counseling, relapse prevention. Serves patients in Tucson, Benson, Safford, Sierra Vista, and other surrounding Southern Arizona communities. Walk-ins welcome.

- Tucson (Phone: 520-629-9126|Fax: 520-629-9282)

Amity Foundation Pregnant Women Drug Rehab: Amity Foundation Pregnant Women Drug Rehab is in Tucson Arizona. Amity Foundation provides Pregnant Women Drug Detox services in the city of Tucson. Substance abuse treatment and drug rehab. Specializing in Residential long-term treatment (more than 30 days) Long Term Substance Abuse Treatment and Long Term Drug Rehab Program in Tucson Arizona area.

Tucson (Phone: 520-749-5980)

Center for Behavioral Health: Center for Behavioral Health Pregnant Women Drug Rehab is in Tucson Arizona. Center for Behavioral Health provides Pregnant Women Drug Detox services in the city of Tucson. Substance abuse treatment and drug rehab. Specializing in Outpatient Substance Abuse Treatment and Drug Rehab Program in Tucson Arizona area.

- Tucson (Phone: 520-624-0250)

La Frontera Arizona (W 29th St): La Frontera Arizona (W 29th St) Pregnant Women Drug Rehab is in Tucson Arizona. La Frontera Arizona (W 29th St) provides Pregnant Women Drug Detox services in the city of Tucson. Mental health services and drug rehab. Specializing in Outpatient Substance Abuse Treatment and Drug Rehab Program in Tucson Arizona area.

- Tucson (Phone Numbers: Administration Questions: 520-838-5600, Member Enrollment: 520- 838-3804, All Other Member Calls/Clinics: 520-884-9920)

Saint Joseph's Hospital: Saint Joseph's Hospital Pregnant Women Drug Rehab is in Tucson Arizona. Saint Joseph's Hospital provides Pregnant Women Drug Detox services in the city of Tucson. Mental health services and drug rehab. Specializing in Residential short term drug rehab program (30 days or less), Residential long term drug rehab treatment (more than 30 days), Outpatient drug rehab, Partial hospitalization drug rehab, Substance abuse day treatment in Tucson Arizona area.

- Tucson (Phone: 520-873-3000)

Americas Rehab Tucson: America's Rehab Tucson Pregnant Women Drug Rehab is in Tucson Arizona. Americas Rehab Tucson provides Pregnant Women Drug Detox services in the city of Tucson. Substance abuse treatment and drug rehab. Specializing in Hospital inpatient drug program, Residential short term (30 days or less), Residential long term (more than 30 days), drug rehab, Partial hospitalization drug treatment, Substance abuse day treatment in Tucson Arizona area.

- Tucson (Phone: 855-910-5918)

Recovery in Motion: Hospital inpatient drug program, Residential short term (30 days or less), Residential long term (more than 30 days), drug rehab, Partial hospitalization drug treatment, Substance abuse day treatment Pregnant Women Drug Rehab in Tucson Arizona.

- Tucson (Phone: 866-418-1070)

Americas Rehab Campuses: Americas Rehab Campuses is an accredited drug and alcohol rehab facility located in Tucson. Our primary goal is to provide an affordable but high-level quality of care for those in need of addiction rehabilitation services. Our facility is unique in that we have converted a Ramada Inn on Tanque Verde Rd to provide a comfortable setting with many amenities. We accept state insurance and offer flexible payment options.

- Tucson: (Phone: 833-272-7342)

Horizon Health and Wellness: offers MOUD and other behavioral health treatment for substance use disorder ([Website](#))

- Oracle: 833-431-4449 or [Website](#)

Community Bridges Inc.: offers a wide variety of OUD/SUD and behavioral health services including inpatient, outpatient, counseling. Call 24/7 access line at 877-931-9142 or 888-224-6593 or email scheduling@cbridges.com for information about all locations. Below are the OTP only.

- Tucson: Dodge Outpatient Service Center
- Tucson: Toole Outpatient Service Center and Access Point

CODAC: Offers specialized treatment for opioid use disorder as well as a variety of other medical and behavioral health services including primary care, therapy, and peer support.

- Tucson: 520-202-1792 or [Website](#)

Cope Community Services:

- Tucson: call 520-20504732 for intake or visit [Website](#)

Graham County

Community Medical Services: MAT/MOUD treatment during pregnancy

- Safford (Phone: 928-985-2700|Fax: 928-792-2829)

Awakening Recovery Center: offers consultations for addiction and alcoholism, as well as referrals to inpatient and residential treatment centers

- Safford (928) 428-8070 or [Website](#)

Canyonlands Healthcare: offers MAT and behavioral health services to pregnant women and people.

- Safford: 928-428-1500 x 3322 or [Website](#))

Greenlee County

Canyonlands Healthcare: offers MOUD treatment for pregnant women, including induction.

- Clifton (Phone: 928-865-2500|Fax: 928-865-2504)
- Duncan (Phone: 928-359-1380|Fax: 928-359-1381)

Awakening Recovery Center: Specialize in the treatment of addiction and alcoholism using a variety of evidence-based therapeutic methods to aid in your recovery process. MAT/MOUD treatment during pregnancy.

- Safford (Phone: 928-428-8070)

Navajo County

Community Medical Services: MAT/MOUD treatment during pregnancy

- Show Low (Phone: 928-251-2030|Fax: 928-892-5103)

Community Bridges Inc.: offers a wide variety of OUD/SUD and behavioral health services including inpatient, outpatient, counseling. Call 24/7 access line at 877-931-9142 or 888-224-6593 or email scheduling@cbridges.com for information about all locations. Below are the OTP only.

- Holbrook: Outpatient Services Center
- Winslow: Outpatient Services Center

Pinal County

Intensive Treatment Systems: MOUD treatment for all, including during pregnancy

- San Tan Clinic Office (602-666-1902|Fax 602-666-1920) or [Website](#)

Community Medical Services: MAT/MOUD treatment during pregnancy

- Casa Grande (Phone: 520-424-7390|Fax: 520-509-1287)

Horizon Health and Wellness: offers MOUD and other behavioral health treatment for substance use disorder ([Website](#))

- Apache Junction: 833-431-4449 or [Website](#)
- Casa Grande: 833-431-4449 or [Website](#)
- Florence: 833-431-4449 or [Website](#)
- Queen Creek: 833-431-4449 or [Website](#)

Cochise County

Community Medical Services: MAT/MOUD treatment during pregnancy

- Sierra Vista (Phone: 520-895-6300|Fax: 520-263-4594 or [Website](#))

Horizon Health and Wellness: offers MOUD and other behavioral health treatment for substance use disorder ([Website](#))

- Sierra Vista: 833-431-4449 or [Website](#)

Community Bridges Inc.: offers a wide variety of OUD/SUD and behavioral health services including inpatient, outpatient, counseling. Call 24/7 access line at 877-931-9142 or 888-224-6593 or email scheduling@cbridges.com for information about all locations. Below are the OTP only.

- Benson: Outpatient Treatment Services
-

Santa Cruz County

Community Medical Services: MAT/MOUD treatment during pregnancy

- Nogales (Phone: 520-924-8900|Fax: 520-281-1421)

Horizon Health and Wellness: offers MOUD and other behavioral health treatment for substance use disorder ([Website](#))

- Nogales: 833-431-4449 or [Website](#)

Gila County

Canyonlands Healthcare: offers MOUD treatment for pregnant women, including induction.

- Globe (Phone: 928-402-0491|Fax:928-402-0490 or <https://canyonlandschc.org/mat-medication-assisted-treatment-page-safford-globe-arizona/>)

Horizon Health Wellness: offers MOUD and other behavioral health treatment for substance use disorder ([Website](#))

- Globe/Miami: 833-431-4449|Fax: 928-402-9414
- Payson: 833-431-4449

Community Bridges Inc: call 24/7 access line at 877-931-9142 or 888-224-6593 or email scheduling@cbridges.com

- Payson: Outpatient Services Center

Southwest Behavioral and Health Services: provide counseling, MAT, outpatient groups, children's services and more

- Payson Aero Outpatient: 928-474-3303 or [Website](#)

Mohave County

Community Medical Services: MAT/MOUD treatment during pregnancy; multiple locations

- Kingman (Phone: 928-565-6599|Fax: 928-529-5180)
- Lake Havasu (Phone: 928-764-7266|Fax: 928-302-3615)

Canyonlands Healthcare: offers MOUD treatment for pregnant women, including induction

- Littlefield (Phone: 928-347-5971|Fax: 928-347-5793)

Southwest Behavioral Services: provide a variety of outpatient and inpatient services, counseling, psychiatric care; [Website](#)

- Bullhead City OTP: 928-763-7111 or [Website](#)
- Lake Havasu City: 928-453-2661 or [Website](#)

Coconino County

Canyonlands Healthcare: offers MOUD treatment for pregnant women, including induction.

- Page: no referral needed (Phone 928-645-9675 Ext 2217 or 928-645-9675 ext. 2211)

Southwest Behavioral and Health Services: provide counseling, MAT, outpatient groups, children's services and more

- Flagstaff: 928-714-0010 or [Website](#)

Yuma County

Community Medical Services: MAT/MOUD treatment during pregnancy, as well as other comprehensive behavioral health services

- Yuma (Phone: 928-291-3565|Fax: 928-318-2109)

Horizon Health Wellness: offers MOUD and other behavioral health treatment for substance use disorder ([Website](#) or [Website](#))

- Yuma (833-431-4449|Fax 928-783-0283)

Community Bridges Inc.: offers a wide variety of OUD/SUD and behavioral health services including inpatient, outpatient, counseling. Call 24/7 access line at 877-931-9142 or 888-224-6593 or email scheduling@cbridges.com for information about all locations. Below are the OTP only.

- Yuma: Outpatient Service Center

Yavapai County

Community Medical Services: MAT/MOUD treatment during pregnancy

- Prescott Valley (Phone: 928-968-7400|Fax: 928-379-6737)

Southwest Behavioral and Health Services: provide counseling, MAT, outpatient groups, children's services and more

- Prescott Valley: 928-775-7088 or [Website](#)

Immediate Post-Partum Resources-Medical

Maricopa

Hushabye Nursery: Offers 12-room inpatient nursery specializing in treating babies born with neonatal abstinence syndrome, as well as outpatient family services for pre-and-postnatal women and birthing parents. Offers help to families on caring for infants with NAS and navigating the child protection system. Call 480-628-7500 or visit [Website](#) for more information.

Jacob's Hope: provides short-term medical care for substance-exposed babies and their mother in recovery or another caregiver in Mesa. Call 480-398-7373 or [Website](#)

Dignity Health Eat, Sleep, Console: evidence-based patient and family-centered model to manage newborn withdrawal symptoms.

- Chandler Regional Medical Center (480-392-6768 or [Website](#) or [Website](#))

Pima County

Banner University Medical Center/University of Arizona's Family Centered NAS Care Program: focuses on mother/family and infant using "Eat Sleep Console" in a

hospital setting. Call 520-694-8888 for an appointment or direct referral made by a physician to Banner UMC Tucson's OB/GYN department. For more information, contact Lisa Grisham at lisa.grisham@bannerhealth.com or 520-694-9904.

Recovery & Peer Support

State-wide for AHCCCS Patients: peer support available to AHCCCS members. Members should contact their health plan for more information.

Maricopa County

Arizona Women's Recovery Center: offers case management, individual and family counseling, DBT group, peer support, outpatient therapy, family support, career services, supportive housing programs

- Phoenix (Phone: 602-264-6214)

Maricopa SHIFT: coordinated multi-system approach to improve outcomes for pregnant parents, families, and newborns affected by substance use. Contact 602-526-6116 or email maricopaSHIFT@maricopa.gov or [Website](#)

Hushabye Nursery: Offers family and peer support programs for pregnant and parenting women; call 480-628-7500 or visit www.hushabyenursery.org for more information

Parenting Resources—Home Visitation & Parenting Education

General State-Wide Parenting Resources

Birth to Five Helpline: 877-705-KIDS

Maricopa County

Find Help Phoenix: An easy way to find health and social services for families with young children [Website](#)

Parent Partners Plus: coordinated referral system for voluntary home visitation programs in Maricopa County. [Website](#) or 602-633-0731

Maricopa SHIFT: support parents with SUD to nurture themselves and their children. Visit [Website](#) or email maricopaSHIFT@maricopa.gov or call 602-526-6116

Ft. McDowell Yavapai Nation: Offers **Parents as Teachers Home Visitation** for families to work 1:1 with a parent educator in their home to build parenting skills and nurture your child development. Call 480-789-7208 or email cquintana@fmy.n.org for more information.

Gila River Health Care: Offers two programs to those living on the Gila River Indian Communities

- Baby Smarts Home Visiting program offers in home parenting support (520-562-3321 Ext 7991 or email rlodgepole@grch.org)
- Family Support Coordination offers classes to build on parenting skills (520-562-3321 Ext 1611 or email rlodgepole@grch.org)

Salt River Pima-Maricopa Indian Tribe: Offers parenting workshops and classes for new parents and teen parents to learn more about child development and improved parenting skills. Call 480-362-2500 or [Website](#)

City of Phoenix Library Early Literacy Program: Offers literacy programs for children birth to 5 and their families. Call 602-534-2740 or visit [Website](#) for more information.

Pima County

United Way of Tucson and Southern AZ: Matches families with in-home family support, including Health Families for Arizona, Nurse-Family Partnership, and Parents As Teachers. Call 520-903-3921 or email familysupport@unitedwaytucson.org

Graham County

Child Family Resources: Offers Health Families Home Visitation Program for families to work 1:1 with a family support specialist. Call 928-428-7231 for more information. [Website](#)

Graham County Library: Offers early literacy programs, classes, and story time.

- Safford City (928-432-4153 or email rrussell@saffordaz.gov)

Greenlee County

Child Family Resources: Offers Health Families Home Visitation Program for families to work 1:1 with a family support specialist. Call 928-428-7231 for more information. [Website](#)

Navajo County

Navajo Nation Dept of Dine Education: Growing in Beauty: Parents as Teachers offers the opportunity for families to work 1:1 with a parent educator in their home to build parenting skills and nurture your child development. The Growing in Beauty program provides home visiting services to families across seven Navajo Nation schools: Black Mesa Community School, Cottonwood Day School, Dennehotso Boarding School, Lukachukai Community School, Pinon Community School, Seba

Dalkai Boarding School and Tuba City Boarding School. The program serves young children, prenatal to 5 years of age, living in their grandparents' household, teen mothers, foster families and other families who are not currently receiving home visiting services.

- [Website](#)
- (928) 871-6338

La Paz County

Arizona's Children Association: Offers **Parents as Teachers Home Visitation** for families to work 1:1 with a parent educator in their home to build parenting skills and nurture child development. Call 928-680-4458 for more information.

Root for Kids: Offers **Parents as Teachers Home Visitation** for families to work 1:1 with a parent educator in their home to build parenting skills and nurture child development. Call 435-673-5353 for more information.

Colorado River Indian Tribes Early Literacy Program: program to provide books and early literacy to families. Call: 928-669-1339 for more information

Pinal County

Gila River Health Care: Offers two programs to those living on the Gila River Indian Communities

- Baby Smarts Home Visiting program offers in home parenting support (520-562-3321 Ext 7991)
- Family Support Coordination offers classes to build on parenting skills (520-562-3321 Ext 1611)

Child and Family Resources: Offers two home visitation programs (Healthy Families and Parents as Teachers). Call 480-245-9379 or email dhuddleston@cfraz.org

Pinal County Cooperative Extension: Offers Strengthening Families Program for families with children ages 3-5. Dinner and childcare is provided for participating families. Call 520-836-4651 or visit [Website](#)

Apache Junction Public Library: Fun Van offers no-cost classes throughout Pinal County for parents and caregivers of young children, including classes, crafts, playtime, story time, free books, and positive parenting practices. Call 480-474-8559 or visit [Website](#)

Cochise County

Easter Seals Blake Foundation: Offers **Parents as Teachers Home Visitation** for families to work 1:1 with a parent educator in their home to build parenting skills and nurture child development. Call: 520-452-9784 for more information

Arizona Children's Association: offers caregivers information and support to increase knowledge of child development with two evidence-based programs to support families. For more information call: 520-255-6534

- First Five Years
- Early Childhood S.T.E.P.

Santa Cruz County

Santa Cruz County Schools: Los Padres son los Primeros Profesores (Parents as Teachers) provides home visitation programs to for families to work 1:1 with a parent educator in their home to build parenting skills and nurture child development. Call 520-375-7951 or email gparra@santacruzcountyaz.gov

Gila County

University of Arizona Cooperative Extension, Gila County: Developmental and sensory screening for children birth to five. Call 928-595-0655 for more information.

Early Literacy Program/Dolly Parton Imagination Library through Gila County Library District: family friendly literacy events. Call 928-402-8762.

Arizona Youth Partnership: Active Parenting: First Five Years to help parents build strong foundations for their young children 0-5. Call 928-425-9276 or 877-882-2881.

Gila County Library District: Offers early literacy programs to parents at multiple locations. Free books. Call 928-402-8768 or [Website](#)

Apache County

White Mountain Apache Tribe: Parenting Counts is a program that helps parents and caregivers in the Cibecue community learn about positive parenting. Call 920-892-2388 or email ddavies@summithealthcare.net

Mohave County

Arizona's Children Association: Offers **Parents as Teachers Home Visitation** for families to work 1:1 with a parent educator in their home to build parenting skills and nurture child development. Call 928-680-4458 for more information.

Root for Kids: Offers **Parents as Teachers Home Visitation** for families to work 1:1 with a parent educator in their home to build parenting skills and nurture child development. Call 435-673-5353 for more information.

Hualapai Tribe: Maternal Child Health program offers Parents as Teachers Home Visitation program to provide home visitation services to families and children on the Hualapai Indian Reservation. Call 928-769-2297 for more information.

Coconino County

CPLC Parenting Education: Offers Parents as Teachers Home Visitation for families to work 1:1 with a parent educator in their home to build parenting skills and nurture your child development. Multiple locations:

- Flagstaff: 928-773-9133
- Hopi: 928-513-3402
- Havasupai: 928-448-2223

Arizona Children's Association: offers a choice of three courses that support the quality of caregiving, interactions and learning environments for children birth to 3 years old, offered in English and Spanish. Childcare is available. Call 928-814-3812.

Hualapai Tribe: Maternal Child Health program offers Parents as Teachers Home Visitation program to provide home visitation services to families and children on the Hualapai Indian Reservation. Call 928-769-2297 for more information.

Yuma County

Cocopah Early Steps Program: home visitation program for individuals living on the Cocopah reservations. Call 928-722-7546.

Yuma Early Literacy Project: series of workshops about early childhood language and literacy development. Call 928-655-0150 or email ana.bribiesca@asu.edu

Yavapai County

Hualapai Tribe: Maternal Child Health program offers Parents as Teachers Home Visitation program to provide home visitation services to families and children on the Hualapai Indian Reservation. Call 928-769-2297 for more information.

Arizona's Children Association: Multiple programs

- Offers **Parents as Teachers Home Visitation** for families to work 1:1 with a parent educator in their home to build parenting skills and nurture child development. Call 928-443-1991 X 2010 or email jdaly@arizonaschildren.org for more information.
- Offers family education programs such as workshops, classes, story times. Contact 480-443-1991X2040 or email jbooth@arizonaschildren.org

Valley Verde Medical Center: Offers Healthy Families, a free home visitation program to support families with new babies in the Valley Verde area. Call 928-639-6566 or email susan.lacher@nahealth.com for more information. Services available in Spanish.

Parenting Resources—Family Resource Centers

Maricopa County

Birth to Five Family Resource Centers; offer classes, workshops, play spaces, connection to local community resources; staffed by trained parent educators. Multiple locations.

- Chandler Unified School District Chandler CARECenter (480-812-7900 or email chandlercarecenter@cusd80.com)
- Tempe Elementary School District Thrive to Five FRC (480-894-5574 Ext 7082 or email lupita.avelar@tempeschools.org or [Website](#))
- Glendale Elementary School District Family Hub (623-237-7364 or [Website](#))
 - William C Jack School (623-237-4500 or [Website](#))
 - Landmark School (623-237-4180 or [Website](#))
 - Desert Garden School (623-237-4014 or [Website](#))
 - Bicentennial South School (623-237-5239 or [Website](#))
- Peoria Unified School District Family Resource Centers ([Website](#))
 - Alta Loma (623-773-6697 or [Website](#))
 - Desert Palms Elementary (623-773-6689 or [Website](#))
 - Sky View Elementary (623-773-6681 or [Website](#))
- Washington Resource Information Center at Ocotillo Elementary (602-347-2422 or [Website](#) or [Website](#))
- Pendergast Elementary School District Family Resource Centers ([Website](#))
 - Rio Vista Elementary (623-772-2339 or [Website](#))
 - Sunset Ridge Elementary (623-772-2339 or [Website](#))
 - Pendergast Community Center (623-772-2339 or [Website](#))
- Deer Valley Unified School District Family Resource Centers
 - New River Elementary (623-376-3975 or [Website](#))
 - Copper Creek Elementary (623-376-3975 or [Website](#))
- Benevilla Family Resource Center (623-207-6016 or [Website](#))
- Creighton Elementary School District Family Resource Center (602-381-4605 or [Website](#))
- Lutheran Social Services Family Resource Centers
 - Chris-Town YMCA (602-501-8840 or [Website](#))
 - Sunnyslope at Trinity Lutheran (602-501-8652 or [Website](#))
 - West Mesa at First Evangelical Lutheran Church (480-489-5772 or [Website](#))
 - East Mesa at Our Savior's Lutheran Church (480-489-5773 or [Website](#))
- Paradise Valley Unified School District Family Resource Center (602-449-7414 or [Website](#))

- Phoenix Families First Centers ([Website](#))
 - Beuf Community Center: (602-376-2608 or [Website](#))
 - Burton Barr Library: (602-376-7093 or [Website](#))
 - Cesar Chavez Library: (602-376-6629 or [Website](#))
 - AeroTerra Center: (602-376-7093 or [Website](#))
- Heart of Isaac Community Center (602-442-0583 or [Website](#))
- Roosevelt Early Childhood Family Resource Center (602-980-3692 or [Website](#))
- Valleywise Health Family Learning Centers ([Website](#))
 - Comprehensive Healthcare Center (602-344-1352 or [Website](#))
 - Maryvale Family Learning Center (602-655-6906 or [Website](#))
 - South Central Family Learning Center (602-344-6660 or [Website](#))
 - Chandler Family Learning Center (480-344-6165 or [Website](#))
- AZCEND Family Resource Centers ([Website](#))
 - Gilbert Family Resource Center at Heritage Center (480-428-5446 or email jessica1@azcend.org)
 - Chandler Family Resource Center at AZCEND (480-963-1423X106 or email jackiec@azcend.org)
- Buckeye Family Resource Center (623-925-3911 or [Website](#))
- AZ Complete Health Avondale Resource Center (623-333-2703 or Vmendoza@avondaleaz.gov)
- Gila Bend Family Resource Center (928-683-6502 or [Website](#))
- Parenting Arizona Guadalupe Family Resource Center (480-491-2301 or [Website](#))
- City of Scottsdale Family Resource Center (480-312-0038 or [Website](#))

Santa Cruz County

University of Arizona Cooperative Extension Family Resource Centers ([Website](#))

- Patagonia Family Resource Center (520-394-3000 or FamilyResourceCenter@arizona.edu)
- Rio Rico Family Resource Center (520-375-8680 or FamilyResourceCenter@arizona.edu)
- Nogales Family Resource Center (520-397-7334 or FamilyResourceCenter@arizona.edu)

Court Resources—Court Advocacy

[National Center on Substance Abuse and Child Welfare Resources for Professionals Working with Pregnant and Parenting People Affected by Substance Use Disorders and Involved with Child Welfare](#)

Free PDF download aimed at providers and professionals working with families involved in state child welfare agencies

Maricopa

Maricopa County Office of the Public Advocate: Protects fundamental rights of and provides legal representation to individuals and families when appointed by Maricopa County Superior Court, including parents and children in dependency cases. Visit [Website](#)

Maricopa SHIFT: support parents with SUD to nurture themselves and their children. Visit [Website](#) or email maricopaSHIFT@maricopa.gov or call 602-526-6116

Pima County

RAISE Family Treatment Court: voluntary program for parents whose children are in legal custody of DCS with the goal of supporting parents to overcome barriers to succeed in their DCS plan. Visit [Website](#)

Pinal County

SHIFT Program: aims to connect families with SUD to resources and services, including MAT, healthcare, child welfare support, and home visitation. Visit [Website](#) or email SLewis-Smale@courts.az.gov

First Steps: offered through Pinal County Superior Court for families with an open dependency case and expecting a newborn. Goal is to support expectant families and reduce need for DCS and Court involvement for the newborn. Visit [Website](#)

Avoiding Stigmatizing Language

<u>Stigmatizing language:</u> <u>Terms to Discard</u>	<u>Non-Stigmatizing Language:</u> <u>Replacement Terms</u>
Addiction/Drug Habit/Drug Problem/Strung Out	Substance Use Disorder (SUD)
	Chaotic drug use
Addict/Junkie/User	Person/Patient/Client living with SUD
	Patient with SUD
	Client with SUD
Drug User/Abuser or Substance Abuser	Person who uses drugs
	Person with SUD
"Clean"	Abstinent
Clean urine sample/test	Negative for drugs
	Non-reactive for drugs
Dirty Sample/Test	Positive for drugs
	Reactive for drugs
Non-Compliant/Resistant	Ambivalent/Not engaged in treatment
	Treatment was not a good fit
	Barriers to treatment recommendations/regime
Relapse/Slip	Return to Use
	Partial remission
Bender	Experienced a recurrence
Battling Addiction	Living with SUD
Neonatal Abstinence Syndrome (NAS)	Neonatal Opioid Withdraw (NOW)
Addicted Baby	Substance-Exposed Baby
Replacement Therapy	OUD Medication or MOUD
Infected (adjective and verb)	Person living with HIV/HCV
	Contract HIV/HCV
	Transmitted (verb)
Drug of abuse/drug of choice	Primary substance used
Detox	Withdraw
Offender/ex-convict/ex-offender	Carceral system involvement
	History of incarceration
	Criminal legal system involvement

	Formerly incarcerated
<i>Opioid Substitution Therapy</i>	MAT/MOUD Treatment
<i>Substituting/trading one drug for another</i>	"Medication as a tool for treatment"
<i>Crutch</i>	Pharmacotherapy
<i>Strung out</i>	substance use/person who uses substances
<i>Dependence</i>	person with SUD
<i>Former addict</i>	Healthier relationship with drug use
	Abstaining from problematic substance use
	In recovery
<i>Former user, clean, sober, etc.</i>	Not using/abstaining from substances
	Abstaining from substances
	Abstinence-based recovery
<i>Supervised injection sites</i>	Overdose prevention sites
	Safe consumption site
	Supervised substance use
	Overdose Prevention Centers
<i>Rehab</i>	Treatment
<i>Trip</i>	Psychoactive experience
<i>Recreational, illicit, or illegal drug use</i>	Non-prescription use (if speaking about substance use generally)
<i>Co-dependent</i>	Seeking safety/belonging
<i>Halfway/sober living house</i>	recovery residence
	peer run recovery residence
	monitored recovery residence
	supervised recovery residence
Retarded/Retard	Neuro-diverse

Terms and Harmful Ideas to Discard

Enabling: the idea that you must actively work to complete destruction of someone's life to help them is harmful

Doctor shopper/Drug Seeker: harmful way of describing someone desperate to avoid the pain of withdrawal/anxiety/symptom of someone's SUD

Ideas to Embrace

Recovery does not need to equal abstinence

People first language: people have inherent worth and dignity and are not summed up by a disorder or their actions and behaviors