

SAMHSA Award number: 6H79TIO83173

Funding: \$2.7 million (\$900,000 per year) Timeline: 8/31/2020 – 8/30/2023

Project Director: Kate Dobler [catherine.dobler@azahcccs.gov](mailto:catherine.dobler@azahcccs.gov)

This project serves pregnant and postpartum women with substance use disorder together **with their children** younger than age 18, and the diverse service partners that support them.



## GOALS



Increase outreach, engagement, screening and assessment of Pregnant and Postpartum Women (PPW) with a substance use disorder (SUD), including Opioid Use Disorder (OUD).



Expand infrastructure and build capacity through a multi-sector PPW Learning Collaborative of public and behavioral health providers, government and tribal agencies, managed care organizations, law enforcement, corrections, and the community.



Increase accessibility to, and retention in, treatment services for PPW with an SUD, including OUD, to produce best outcomes for the family unit.



Ensure the provision of ongoing family-based services for the mother-infant dyad and family unit.



## WHY?

***Moms and babies do better together.***

***All moms deserve respect and support.***

***All moms deserve access to specialized care.***

***We want to improve care outcomes, and the quality of life for moms, their children, and families.***

**“The Village” PPW-PLT Learning Collaborative:** Primary goal of shifting the system to ask, “What happened to you, and how can we support you?” instead of, “What did you do?”

Facilitated monthly meetings of cross-sector system partners will collaboratively discuss and learn about: emerging and best practices to create a shared understanding of substance use disorder; best practices for treatment and long-term recovery for mothers and their children; and building functional cross-sector relationships that lead to implementation of Infant Plans of Safe Care.



**Workforce Training:** Training to be offered to cross-sector system and Learning Collaborative partners working with the target population to increase the capacity and knowledge-base of the workforce. Training, coaching, and mentoring to be offered to direct service staff to support implementation of the Trauma Recovery and Empowerment Model (TREM) as an evidence-based, facilitated group approach to healing from the effects of trauma. It combines elements of social skills training, psychoeducational and psychodynamic techniques, and emphasizes peer support. Contracted partner: University of Arizona

**Direct Service:** Direct service to be provided in Tucson, Arizona (Pima County). Additional supported residential living beds will be made available to PPW along with their children as part of a hub-and-spoke approach to substance abuse disorder treatment. The treatment model will include intensive case management, medication assisted treatment (MAT), mental and behavioral health support, parenting and child development education, substance exposed newborn education, breastfeeding support, connections to adult education, and career and technical education resources to help mothers become economically independent. Contracted partners: Arizona Complete Health - Complete Care, subcontracting direct service components to CODAC Behavioral Health



**Data Collection and Evaluation:** Participant level data from women receiving direct services will be collected, reported, and analyzed to inform a more comprehensive understanding of substance abuse treatment program components and their effectiveness. Contracted partner: Wellington Group Consulting

**Needs Assessment:** Small scale statewide needs assessment will be conducted to better understand the current system of care for pregnant and parenting women who are seeking substance use disorder treatment. Contracted partner: LeCroy & Milligan and Associates



*This publication was made possible by SAMSHA Grant number 6H79T1083173. The views expressed in these materials do not necessarily reflect the official policies or contractual requirements of the Arizona Health Care Cost Containment System (AHCCCS) or the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.*