# Assisting Individuals in Obtaining or Maintaining Housing

#### **Housing Goals**

- Assisting member in obtaining adequate and affordable housing in most integrated environment.
- Assisting member in maintaining current housing.
- Assisting member in assuring current or future housing is accessible.

### What Type of Housing Do Members Want?

- In general, people with disabilities want to live in adequate, accessible, affordable housing within the community.
- Not all housing is set up this way.....often units or housing is available in less than "ideal" manner.
- As much as is possible, members should be assisted in obtaining the type of housing they want.

#### **Types of Housing**

- Housing available (or not, for that matter) runs on a continuum from most segregated to most integrated.
- Housing, particularly affordable housing, is scarce.
- Different types of housing have different procedures for accessing......
- Important for case managers to "map out" housing situation in the communities that they serve

#### **Integrated Housing Continuum**

- Institutions and Nursing Homes
- Assisted Living
- Group Homes
- Disability Specific Housing (includes housing for people with HIV, Deafness, and mental health diagnosis)
- Housing for Seniors and People with Disabilities
- Subsidized Housing/Communities and Supportive Housing
- Subsidized Private Apartment/Private Apt.
- Home Ownership

#### **Assisting in Housing**

- Ideally, members could choose where they want to live and it would be accessible and affordable.
- Realistically, resources are scarce, waiting lists are long, and options are not always ideal.
- Members should be aware of possible choices so that over time, and when opportunities arise, they can seize them.

#### **Subsidized Housing**

- Housing in which person pays % of income, usually around 30% in rent.
- Types of Housing vary....from government owned buildings to private buildings all subsidized to voucher programs.
- Housing can be scarce and opportunities scattered, so it is important to know resources in the community.

### Resources for Obtaining Housing

- Centers for Independent Living
- Public Housing Authority
- Lists of Privately Owned Publically Funded Buildings
- Community Action Agencies
- www.socialserve.com
- o www.azlinks.com
- www.cir.org

### How We Monitor Housing Situation in Our Community

 Here, we hope you will set up a procedure for monitoring opportunities in your community.....ie HUD housing grants for people with disabilities, stimulus money to assist homeless or near homeless, etc.

### Transitions Out of Nursing Facilities

- Centers for Independent Living are funded to assist individuals in leaving nursing homes and entering the community.
- These programs can be an important resource for moving people toward greater independence.
- Includes services beyond just move out to help the member prepare for and sustain community housing.

### How Do CIL Transition Services Work in Our Community?

### How We Incorporate These Discussions in Visits

#### <u>Discussion Move to More</u> <u>Integrated Setting</u>

- Is the member interested in leaving the more restrictive setting?
- Is there assistance within the family to do this?
- Or, is there assistance in the community or to do this and does he or she qualify?
- Where does the member want to live? Is it feasible and can a plan be created?
- How does any housing plan fit in with any educational or employment goals?

### Procedure for Assisting Move to More Integrated Setting

#### Role Play or Case Study

 Use this time to role play a situation where somebody wants to move from assisted living into more integrated community

OR

 Review case study where your agency has moved somebody from assisted living to more integrated setting.

#### **Discussing Housing in General**

- Is member happy with current living situation?
- Would any modifications to the current residence improve the living situation?
- Where does the member want to live? Is it feasible and can a plan be created?
- How does any housing plan fit in with any educational or employment goals?

### How We Assist Customers in Obtaining Different Housing

#### Role Play or Case Study

 Use this time to role play a situation where you assist somebody in thinking through how to obtain different housing integrated community

OR

 Review a case study where you have done this.

#### **Maintaining Housing**

Assistance in paying rent, utilities, etc.

Representation in eviction cases

Credit Counseling/Modifying Mortgage

Foreclosure assistance and representation

### <u>Assistance in Paying Rent and</u> Utilities

- Community Action Programs
- Other Community Agencies
- LIHEAP sites (provide utility assistance through local entities)

 Advocates suggest paying utilities before rent because utility bills follow you to next housing.

## Assistance We Utilize in Our Community

#### **Eviction Assistance**

- Most, but not all, evictions are for nonpayment of rent.
- Legal services can assist in defending eviction or explaining rights.
- There may be defenses!
- Begin to discuss plan for moving and assistance with that move if it becomes necessary.
- www.azlawhelp.org

### Who Helps with Evictions in Our Community?

#### Foreclosure Assistance

- Foreclosures do not happen overnight.
- Negotiation can be key to keeping people in their homes.
- Resources continually developing to assist with foreclosures because of the crisis.

#### Foreclosure Assistance

- www.azforeclosureprevention.org and 1-877-448-1211
- www.azlawhelp.org: mortgage defense
- HUD approved counseling agencies: www.hud.gov/offices/hsg/sfh/hcc.cfm
- List of Shelters: <u>www.azceh.org</u> check accessibility!
- www.cir.org: Community Information and Referral

### Who Do We Use to Assist in Foreclosures in Our Community?

#### **Home Modification**

- ALTCS
- ABIL CIL provides services through city block grant for Phoenix, Mesa, Glendale and Peoria.
- ABIL CIL also contracts with managed care organizations to oversee modifications.
- State VR funds through Independent Living Rehab Services has some home modification but there is a waiting list.

### Other Potential Home Modification Resources

- Private insurance (i.e. auto accident)
- Tax credit
- Department of Veterans Affairs
- Other non-profits

#### **Models Used by Agencies**

 Enter into agreement with Center for Independent Living to facilitate the home modification

- Case manager facilitates the home modification
- In house person (one case manager) dedicated to facilitating home modifications

## Our Home Modification Procedure

#### **Fair Housing Laws**

- Prohibit discrimination
- Allow reasonable modifications
- Accessibility requirements for many newer buildings
- www.fairhousingfirst.org
- www.acdl.com/selfguides.html: selfadvocacy guides

#### **Cultural Competency**

(Fill in any cultural competency components for particular populations that your agency works with that may arise in talking about education)

# Internal and External Policy Change

- Are there any internal policies or procedures that will create a barrier to incorporating this into our work?
- Are there any state or federal policies that will create a barrier to incorporating this into our work?
- How can we create an open dialogue on this and a system for documenting changes needed?