The Arizona Long Term Care System (ALTCS)

ALTCS RFP CY 2012
Public Input Meeting
August 9th & September 2nd, 2010 (revised 8/31/10)
• 5 Year Cycle
• Typical Timeline for Acute and ALTCS RFPs
  ✓ February 1 -- Issue RFP
  ✓ April 1 – Offeror Submissions Due
  ✓ May 1 – Award Contracts
  ✓ June thru August – Assess New Contractor Readiness
  ✓ October 1 – Start of new 5 year contract cycle
AHCCCS’ Mission and Vision

Mission:
Reaching across Arizona to provide comprehensive, quality health care for those in need.

Vision:
Shaping tomorrow's managed health care from today's experience, quality, and innovation.
AHCCCS Supports a Program That Promotes the Values of:

- Choice
- Dignity
- Independence
- Individuality
- Privacy
- Self-Determination
**ALTCS Guiding Principles**

- Member-centered case management
- Consistency of services
- Accessibility of network
- Most integrated setting
- Collaboration with stakeholders
The Arizona Long Term Care System

- History
- Current System
- Future
Did You Know...

- Arizona was the first state to implement a statewide, Medicaid managed care system, based on prepaid, capitated arrangements with health plans.
JANUARY 1989 AHCCCS BEGAN SERVING THE ELDERLY & PHYSICALLY DISABLED (EPD)

• **In the Beginning:**
  – Maricopa County
  – Pima County

• **A Few Years Later:**
  – Yavapai County
  – Pinal County
  – Cochise County
  – 1 Plan per County

• **Today:**
  – Bridgeway Health Solutions
  – Cochise Health System
  – Evercare Select
  – Mercy Care Plan
  – Pima Health System
  – Pinal/Gila Long Term Care
  – SCAN Long Term Care
  – Yavapai County Long Term Care

❖ 4 Plans in Maricopa County
ALTCS Enrollment by County as of July 1, 2010

Total = 50,242

Elderly and Physically Disabled (EPD) PCs = 25,232
SCAN = SCAN LTC
BDWY = Bridgeway Health Solutions
EVRSLT = Evercare Select
MCP = Mercy Care Plan
PHS = Pima Health Systems
PCLTC = Pinal/Gila County Long Term Care
CHS = Cochise Health Services
YCLTC = Yavapai County Long Term Care
EPD NACH = Native American Community Health Care = 84
EPD American Indian Contractors = 2,211
DD Division of Developmental Disabilities/DES = 22,715

ALTCS ENROLLMENT TOTAL = 50,242
STATEWIDE PLACEMENT PERCENTAGE BY SETTING

Statewide Placement Percentage By Setting

<table>
<thead>
<tr>
<th>Time Period</th>
<th>Own Home</th>
<th>Alternative Residential</th>
<th>Institutional</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan-05</td>
<td>45%</td>
<td>16%</td>
<td>38%</td>
</tr>
<tr>
<td>Jan-06</td>
<td>46%</td>
<td>17%</td>
<td>37%</td>
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<tr>
<td>Jan-07</td>
<td>45%</td>
<td>18%</td>
<td>36%</td>
</tr>
<tr>
<td>Sep-07</td>
<td>46%</td>
<td>19%</td>
<td>35%</td>
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<tr>
<td>Sep-08</td>
<td>47%</td>
<td>20%</td>
<td>33%</td>
</tr>
<tr>
<td>Sep-09</td>
<td>49%</td>
<td>20%</td>
<td>31%</td>
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</tbody>
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Placement Percentage
ALTCS Elderly and Physically Disabled (EPD) Only
As of July 1, 2010

- Own Home: 48%
- HCBS Community: 21%
- Other: 2%
- Nursing Facility: 29%

Nursing Facility: 7,322
HCBS Community: 5,239
HCBS Home: 12,402
Other: 593
Total: 25,556
Current System

ALTCS Services

Institutional Care

HCB Services

Acute Medical Care

Case Management

Hospice

Behavioral Health
## Current System

### Home & Community Based Services (HCBS)

<table>
<thead>
<tr>
<th>Adult Day Health Center Services</th>
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<tbody>
<tr>
<td>Adult Foster Care Homes</td>
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<tr>
<td>Assisted Living Homes</td>
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<tr>
<td>Assisted Living Centers</td>
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</tbody>
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<table>
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<tr>
<th>Home Health Nurse</th>
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<tr>
<td>Aide visits</td>
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<tr>
<td>Hospice</td>
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<tr>
<td>Therapies</td>
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<tr>
<td>Supplies &amp; DME</td>
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<tr>
<th>Attendant Care</th>
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<tr>
<td>Housekeeping</td>
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<tr>
<td>Personal Care</td>
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<tr>
<td>Respite Care</td>
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<th>Home Delivered Meals</th>
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<tr>
<td>Transportation</td>
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<tr>
<td>Home Modifications</td>
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<tr>
<td>Alert Systems</td>
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<tr>
<td>Adaptive Devices</td>
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</tbody>
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Current System

Making It Work For The Member:

Member Centered Approach

- Case Manager
- PCP
- Member
- Providers
- Family
Current System

Making It Work For The Member:

Most Integrated Setting

Member

- Own Home
- Assisted Living Home
- Nursing Facility
- Assisted Living Center
- Adult Foster Care
Current System

• **Key Components of ALTCS:**

  ✓ Pre-admission screening (PAS)

  ✓ Integrated continuum of care / choice of community settings/consumer direction

  ✓ Network standards

  ✓ Ability for members to move between settings without interruption in services

  ✓ Case management standards
• **Key Components of ALTCS:**

- HCBS financial incentives to Contractors
- State oversight (Contract, Network, Finance, QM, CM, Annual Reviews, Technical Assistance)
- Good communication between State and Contractors
Future

• **Future:**

  - Health Care Quality Improvement
  - Appropriate Delivery Network
  - Services to expand HCBS (Attendant Care, Community Transition Services)
  - [http://www.azahcccs.gov/commercial/purchasing/purchasing.aspx](http://www.azahcccs.gov/commercial/purchasing/purchasing.aspx)
  - Information and Technology
  - Continued growth and impact on budget.

*And.....*
• What could AHCCCS change to improve the ALTCS?
• What are important issues about MCO performance that AHCCCS should consider when selecting contractors?
• Other?
• Please send any questions to: PublicInput@azahcccs.gov