Voice and Choice

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OIFA One Pager – Be Your Own Advocate

- **Voice:** You are your best advocate. Speak up to ensure that you receive the medical and behavioral health services that you need.
- Choice: You have the right to request covered services and choose where to receive these services within your network.
- Be Involved: You have a right to be actively involved in the service planning process. The plan focuses on you and your needs. You can ask your team about your covered service options.
- www.azahcccs.gov/oifa



Discussion:

 Voice & Choice – Where does it come from?

Share your ideas on how to champion this approach

