

KEY ELEMENTS TO REMEMBER ABOUT THIS BEST PRACTICE

1. Support and Rehabilitation Services are a key resource for helping youth live successfully with their families or in their community.
2. All Support and Rehabilitation Services, whether of the Generalist or Specialist type, should be provided in as flexible a manner as possible and allow the Child and Family Team (CFT) the freedom to configure service interventions. While some evidence-based specialty Support and Rehabilitation Services may specify certain approaches, frequencies or durations, in the absence of such provisions, all services should be flexibly tailored by the team in response to the needs of the child/family.
3. Support and Rehabilitation Services should be delivered using a positive behavior support approach.
4. Documentation should effectively address the various Support and Rehabilitation Services provided. Documentation needs to flow between agencies to ensure effective service delivery.
5. Contractors and FFS Providers shall ensure sufficient capacity of quality Support and Rehabilitation Services within their network of providers.
6. Contractors and FFS Providers shall ensure that CFTs have ongoing access to current information about provider availability.
7. Contractors and FFS Providers shall ensure that Direct Support Providers and Behavioral Health staff have access to the nine modules available at www.mmwia.com and that this training resource is being utilized.
8. The guidelines in the Support and Rehabilitation Services for Children, Adolescents and Young Adult Practice Tool and Desktop Guide are intended to allow flexibility to be tailored creatively for use in each geographic region of the state. While certain processes are expected, as outlined in the Practice Tool, they are to be developed by and customized to each region.

BENEFITS OF USING THIS BEST PRACTICE

1. CFT practice will integrate effectively with the provision of Support and Rehabilitation Services, with CFTs providing oversight and guidance to the provision of Support and Rehabilitation Services provision.
2. Both Support and Rehabilitation Services providers and comprehensive service providers will have the documentation needed to support the Support and Rehabilitation Services provided.
3. Children and families will benefit from improved outcomes such as living at home/in the community, enhancing academic achievement, avoiding delinquency, and becoming a stable and productive adult.
4. Youth in Arizona will experience a higher quality of life, which will result in increased likelihood of obtaining their goals and visions.