



EDUCATION.  
FOOD. SUPPORT.

YOU  
GOT  
THIS.

REQUEST AN APPOINTMENT  
OR LEARN MORE



**MaricopaWIC.com**  
**602.506.9333**



**@MaricopaWIC**

Follow us for recipes, nutrition &  
breastfeeding info, & more!

## What is WIC?

**Free nutrition and breastfeeding program** that provides:

- **One-on-one expert support** from pregnancy to preschool, and everything in-between
- Nutrition and breastfeeding **information and resources**
- **Referrals** to other community resources
- A variety of **foods** each month
- Breast pumps

## Who is WIC for?

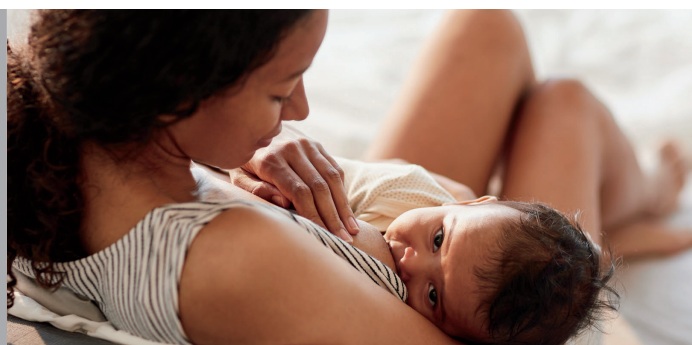
- Pregnancy
- Breastfeeding
- Those whose pregnancy ended within the last 6 months
- Primary caregivers of infants and children under the age of 5



## WIC your way, on your schedule!

- Skip the trip! Some appointments can be done online, over the phone, or through video chat
- EzWIC app & eWIC card make shopping and tracking benefits easier
- Request appointments and submit documents online 24/7

rev 06/26



# What Do I Need to Apply for WIC?

- A form of identification (for each person applying)  
–like a photo ID, birth certificate, or immunization record
- Proof of address—like a current state ID or utility bill
- Proof of income—like the last 30 days of pay stubs or a letter from AHCCCS, SNAP, TANF, or Section 8 housing
- Recent height/length, weight, and hemoglobin from medical provider OR you can come to our clinic for your appointment

# WIC Income Guidelines (Effective June 2026)

| Family Size | Monthly | Yearly   |
|-------------|---------|----------|
| 1           | \$2,461 | \$29,526 |
| 2           | \$3,337 | \$40,034 |
| 3           | \$4,212 | \$50,542 |
| 4           | \$5,088 | \$61,050 |
| 5           | \$5,964 | \$71,558 |
| 6           | \$6,839 | \$82,066 |

- Amounts based on income before deductions
- Those with SNAP, TANF, or AHCCCS automatically qualify, but you don't need to have these services to have WIC
- If you are pregnant, the unborn baby is counted as a family member



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## How Do I Find WIC?

### North & West

#### Constitution Elementary

18440 N. 15th Ave.  
Phoenix, AZ 85023  
(15th Ave. & Union Hills)

#### Cotton Crossing

8088 W. Whitney Dr.  
Peoria, AZ 85345  
(83rd Ave./Cotton Crossing  
& Grand)

#### Glendale

5141 W. Lamar Rd.  
Glendale, AZ 85301  
(51st Ave. & Lamar)

#### Maryvale

6850 W. Indian School Rd.  
Phoenix, AZ 85033  
(67th Ave. & Indian School)

#### Palm Valley

14130 W. McDowell Rd.  
Goodyear, AZ 85395  
(McDowell & Litchfield)

### Central

#### Downtown

1645 E. Roosevelt St.  
Phoenix, AZ 85006  
(16th St. & Roosevelt)

#### St. Mary's

3003 W. Thomas Rd.  
Phoenix, AZ 85017  
(31st Ave. & Thomas)

### East

#### 48th Street

2737 W. Southern Ave.  
Ste. 10  
Tempe, AZ 85282  
(48th St. & Southern)

#### Chandler CARE

777 E. Galveston St.  
Chandler, AZ 85225  
(McQueen & Galveston)

#### Country Club

1950 S. Country Club Dr.  
Mesa, AZ 85210  
(Baseline & Country Club)

#### Gilbert

132 W. Bruce Ave.  
Gilbert, AZ 85233  
(Elliot & Gilbert)

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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: 1. mail: U.S. Department of Agriculture | Office of the Assistant Secretary for Civil Rights | 1400 Independence Avenue, SW | Washington, D.C. 20250-9410; or 2. fax: (833) 256-1665 or (202) 690-7442; or 3. email: [Program.intake@usda.gov](mailto:Program.intake@usda.gov). This institution is an equal opportunity provider.

