Psychotropic Report

Reaching across Arizona to provide comprehensive quality health care for those in need
Highlights

• Children in foster care 4.1 times more likely to be on psychotropic medication compared to the general Medicaid child population in 2013 (compared to 4.4 in 2008)

• The percentage of children in foster care receiving psychotropic medications decreased by 26% from 2008 to 2014
### Percentage of Children in Foster Care Receiving Psychotropic Medications, by Category

<table>
<thead>
<tr>
<th>Category</th>
<th>2008</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Psychotropics</td>
<td>20.3%</td>
<td>14.9%</td>
</tr>
<tr>
<td>Antipsychotics</td>
<td>10.9%</td>
<td>6.2%</td>
</tr>
<tr>
<td>Antidepressants</td>
<td>7.5%</td>
<td>5.0%</td>
</tr>
<tr>
<td>ADHD</td>
<td>10.3%</td>
<td>10.3%</td>
</tr>
<tr>
<td>Mood Stabilizers (Lithium Only)</td>
<td>1.8%</td>
<td>1.2%</td>
</tr>
<tr>
<td>Mood Stabilizers (Lithium and Anticonvulsants)</td>
<td>3.6%</td>
<td>3.5%</td>
</tr>
<tr>
<td>Anxiolytics</td>
<td>0.8%</td>
<td>0.6%</td>
</tr>
</tbody>
</table>
### Percentage of Children in Foster Care Prescribed Concomitant Psychotropics

<table>
<thead>
<tr>
<th>Number of Concomitant Medications</th>
<th>Percentage of Children in Foster Care (2008)</th>
<th>Percentage of Children in Foster Care (2012)</th>
<th>Percentage of Children in Foster Care (2013)</th>
<th>Percentage of Children in Foster Care (2014)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>13.6% (416)</td>
<td>14.0% (399)</td>
<td>14.2% (445)</td>
<td>13.1% (442)</td>
</tr>
<tr>
<td>3</td>
<td>5.3% (162)</td>
<td>7.0% (201)</td>
<td>6.1% (192)</td>
<td>5.4% (182)</td>
</tr>
<tr>
<td>4</td>
<td>2.2% (66)</td>
<td>2.6% (73)</td>
<td>2.7% (86)</td>
<td>2.5% (83)</td>
</tr>
<tr>
<td>5 or more</td>
<td>0.9% (27)</td>
<td>1.2% (35)</td>
<td>0.9% (28)</td>
<td>1.0% (34)</td>
</tr>
</tbody>
</table>
PMs/Dashboard Development
Performance Measures and Monitoring

• Contractually mandated

• Monitored quarterly via self-reported data
  - Significant changes or concerning trends are followed-up on and require feedback and/or corrective actions
  - Internal validation may occur if concerns are noted

• Official rates generated annually using AHCCCS encounters via the External Quality Review Organization
Behavioral Heath Performance Measures Specific to CMDP

• CMDP has specific measures built into their contract including:
  - Use of Multiple Concurrent Antipsychotics in Children and Adolescents
  - Developmental Screening in the First Three Years of Life
Behavioral Health Performance Measures Specific to CMDP

- The Regional Behavioral Health Authorities (RBHAs) also have to report on CMDP-specific measures including:
  - Follow-Up After Hospitalization for Mental Health, 7 and 30 Days
  - Access to Behavioral Health Services, 7 and 23 Days
  - Mental Health Utilization
  - Use of Multiple Concurrent Antipsychotics in Children and Adolescents
CMDP BH Dashboard Discussion

- PMs as per previous slides
- Rapid Response
  - Members Served by BH within 72 hours of referral through Rapid Response
- Service Utilization
  - Psychotropic Utilization
  - Monthly Service Valuation per Enrolled Individual
- Complaints
- Service Appeals
- Time to Permanency
- Permanency Results (% reunification v. adoption)
Discussion
Department of Child Safety (DCS)
Reports Received, Removals and Children in Out of Home Care

*Number of Children in Out of Home (OOH) Care on the Last Day of the Reporting Period
Data Source: DCS - Child Welfare Semi-Annual Reports