

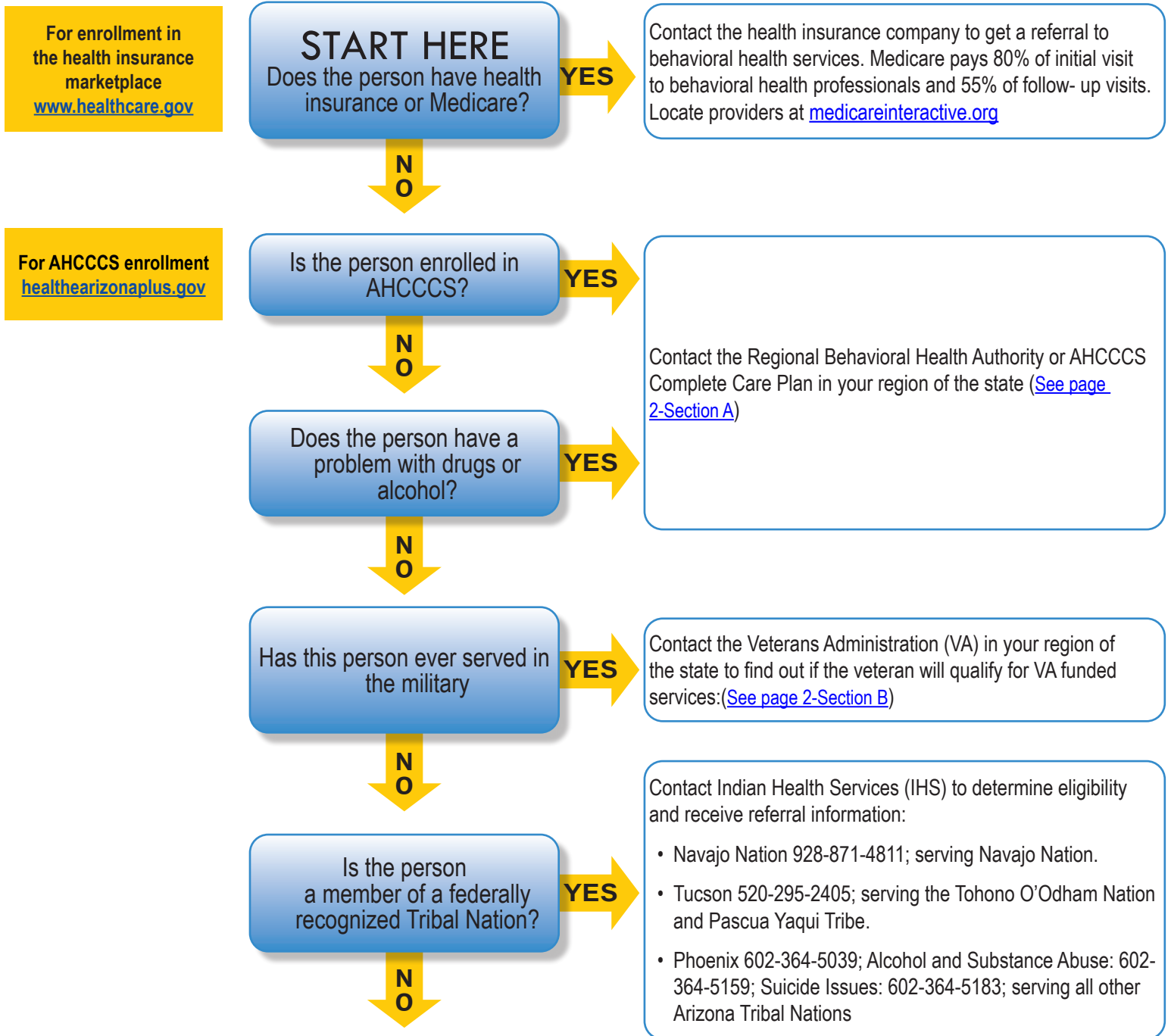
DOES THE INDIVIDUAL APPEAR TO BE AN IMMEDIATE DANGER TO HIS/HER OWN SAFETY OR TO THE SAFETY OF OTHERS?

CALL 911

DOES THE INDIVIDUAL APPEAR TO BE IN NEED OF MENTAL HEALTH ASSISTANCE RIGHT AWAY?

SEE [CRISIS SERVICES](#)

Accessing/Paying for Behavioral Health



([See page 2-Section C](#))

SECTION A

Tribal and Regional Behavioral Health Authorities and AHCCCS Complete Care Plans By Region

Note: latest website and 24-hr line information can be found at www.azahcccs.gov

| Tribal and Regional Behavioral Health Authority (TRBHA / RBHA): | County or Tribal Nation Served |
|--|--|
| Arizona Complete Health-Complete Care Plan www.azcompletehealth.com/completecare and 1-888-788-4408 | Gila, La Paz, Pima, Pinal, Yuma, Graham, Greenlee, Santa Cruz, and Cochise |
| Gila River TRBHA: www.gilariverrbha.org and 1-888-484-8526 ext. 7100 | Gila River Indian Community |
| Mercy Care: www.mercycareaz.org and 1-800-624-3879 | Maricopa |
| Navajo Nation TRBHA: www.nndoh.org/dbhs and 1-866-841-0277 | Navajo Nation |
| Health Choice Arizona: www.HealthChoiceAZ.com and 1-800-322-8670 | Apache, Coconino, Mohave, Navajo, Yavapai |
| Pascua-Yaqui TRBHA: www.pascuayaqui-nsn.gov and 520-879-6060 | Pascua Yaqui Tribe |
| White Mountain Apache TRBHA: www.wmabhs.org and 928-338-4811 | White Mountain Apache Nation |
| ACC Plan | Geographic Service Area (GSA) Served |
| Care1st Health Plan: www.care1staz.com and 1-866-560-4042 | North, Central |
| Health Choice Arizona: www.HealthChoiceAZ.com and 1-800-322-8670 | North, Central |
| Magellan Complete Care: www.mccofaz.com and 1-800-424-5891 | Central |
| Mercy Care: www.mercycareaz.org and 1-800-624-3879 | Central |
| Banner-University Family Care: www.bannerufc.com/acc and 1-800-582-8686 | Central, South |
| UnitedHealthcare Community Plan: www.uhccommunityplan.com and 1-800-348-4058 | Central, South |
| Arizona Complete Health-Complete Care Plan: www.azcompletehealth.com/completecare and 1-888-788-4408 | Central, South |

SECTION B

Veterans Administration (VA) by Region

| VA Health Care System | Counties Served |
|--------------------------------|--|
| Phoenix: 602-277-5551 | Gila, Maricopa |
| Northern Arizona: 928-445-4860 | Apache, Coconino, Mojave, Navajo, Yavapai |
| Southern Arizona: 520-792-1450 | Cochise, Graham, Gila, Greenlee, La Paz, Pima, Pinal, Santa Cruz, Yuma |

SECTION C

Additional Resources

Some free or low cost support services may be obtained from sliding fee scale clinics, community organizations, and/or places of worship. Some examples of free or low/cost no cost support services are listed below:

The Arizona Department of Financial Institutions: offer free counseling service to those behind on mortgage payments or facing foreclosure, 877-448-1211. SOS Non Title 19 Resource Hotline: (602) 759-8175.

Transitional Living Centers "TLC": Helping recovering substance abusers rebuild their lives since 1992 www.transitionalliving.org.

Family Involvement Center "FIC": Select "Services" then "Classes/Support Groups" <http://www.familyinvolvementcenter.org>. NAMI AZ: Select your local affiliate and select "Support Groups" www.namiaz.com.

MIKID AZ: Select "Programs and Services" and select "Family Support" www.mikid.org/.

Stand Together and Recover (STAR) Centers: Peer Support and Recovery Centers: www.thestarcenters.org.

Substance Use Support:

- National Drug and Alcohol Referral Routing Service: 1-800-662-HELP (4357), press "2" for Spanish or: <http://findtreatment.samhsa.gov>.
- Alcoholics Anonymous (AA) meeting locator: <http://www.area03.org/AA-Meetings>.
- Narcotics Anonymous (NA): 1-818-773-9999; online arizona-na.org.

Suicide Prevention Resources:

- National Suicide Prevention Lifeline: 1-800-273-TALK (8255), press "1" for veteran support; online www.suicidepreventionlifeline.org
- National Suicide Prevention Lifeline in Spanish: 1-888-628-9454.
- The Trevor Hotline (Suicide Prevention Hotline for gay and questioning youth): 1-866-488-7386; online www.thetrevorproject.org
- Teen Lifeline: 1-800-248-TEEN (8336); online teenlifeline.org.
- Low cost/no cost support groups: www.mentalhealthamerica.net/find-support-groups.