# TRIBAL INVOLUNTARY COMMITMENT PROCESSES

Arizona State Hospital Admission Process

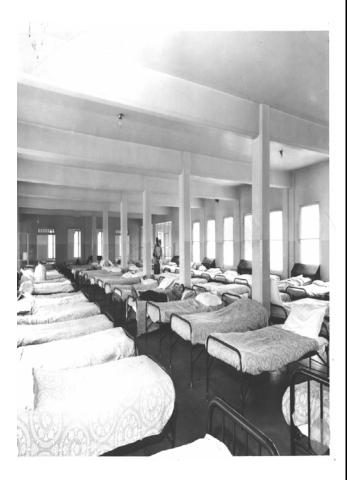
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#### **Brief History**



- 1885 Territorial Legislature appropriates funds for the "Insane Asylum of Arizona"
- 1887 Asylum opens with 61 patients

#### Hospital Census



| 375  |
|------|
| 1690 |
| 2791 |
| 1474 |
| 493  |
| 466  |
| 310  |
| 250  |
|      |

## Historical view of institutional psychiatric care



- Overuse of long term hospitalization
- Historically poor medical interventions for psychiatric illness
- Lack of attention to human rights
- Lack of community support to prevent hospitalization

#### Where are we now?

- Current census 250
- Average LOS 210 days
- Recovery Model
- Evidenced-based treatments
- Partnership with RBHAs and TRBHAsOnly admit clinically appropriate for highest level of care
- Develop discharge plan at admission
- Careful attention to human rights
- Strive for care in environment free of seclusion and restraint

## What the State Hospital is not:

- It is not the first line of treatment
- It is not designed for emergency admissions
- It is not a substitute for appropriate local services
- It is not a warehouse for behavioral problems which are not the result of a mental disorder

#### Criteria for Medical Director's Decision

- The proposed patient has a mental disorder as defined by the statute
- The proposed patient is DTS, DTO, PAD or GD <u>as a result</u> of that mental disorder
- The proposed patient will benefit from care and treatment at the State Hospital
- The proposed patient has had an opportunity to receive treatment in a local setting
- The State Hospital is the least restrictive alternative available to meet the proposed patient's needs

## Application Goals and Objectives:

- Identify clinical reasons treatment in the community has not been meeting the member's needs
- Specifically identify how the member is expected to benefit clinically from treatment at the State Hospital
- Review past treatment, what has worked well, and what has not been successful
- Define reasons why the State Hospital is the least restrictive alternative at the present time
- Identify anticipated plans for the member's return to the community and treatment needs, including type of placement
- Identify any barriers to community treatment that would need to be addressed prior to discharge
- Identify the expected length of stay

#### Admission Packet includes:

- Member is identified by Tribe or T/RBHA for referral
- Application completed with Goals and Objectives for Treatment
- Application sent to AzSH Admissions Office- Fax # 602-220-6355
- AzSH Admissions Manager will contact the referring tribe to provide application completion support, if needed
- Designated RBHA is contacted if the member is not in a GSA supported by a TRBHA
- Completed application is submitted to the AzSH Chief Medical Officer for review and approval.
- Additional information may be request if needed to ensure continuity of care
- Acceptance letter sent to referral contact
- Admission date is established

#### The Importance of Referral Information:

- It helps ensure Continuity of Care
- It assists in the Coordination of Benefits
- It allows for RBHA Involvement
- It initiates the Process of Effective Treatment Planning
- It facilitates the Process for effective Discharge Planning

#### Co-Case Management/ Discharge Planning:

- Arizona State Hospital supports a Co-Case Management and Discharge Planning model with our tribal partners and the designated RBHA.
- All monthly staffing reviews are held to include all community partners and treatment team members to review clinical progress and transition/reintegration to the tribal community

## T/RBHA Involvement during Hospitalization:

- T/RBHA enrollment before or at time of admission
- SMI determination by RBHA before or at the time of admission
- Non-Title XIX member will be referred for AHCCCS benefits if eligible
- Attendance at all staffing to review clinical progress and transition/reintregration to the tribal community

## Arizona State Hospital Contact Information:

- Admissions Manager, Telephone #-602-220-6120 Fax # 602-220-6355
- Director of Social Services, Carol Hirschberg-James- 602-220-6427
   Hirschberg-JamesC@azdhs.gov
- Native American Social Worker, Megan Mitscher -602-629-7066
   MitschM@azdhs.gov