

GOVERNOR DOUGLAS A. DUCEY

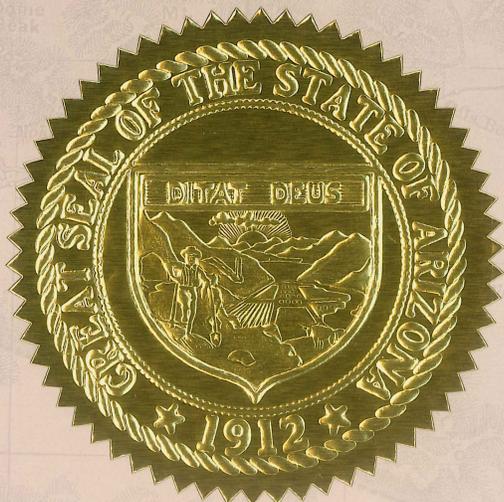
STATE OF ARIZONA
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PROCLAMATION

WHEREAS, one in five Americans live with a mental health condition; and
WHEREAS, the mental health of all Arizonans is vital to our community's overall health and well-being; and
WHEREAS, mental health conditions are not only common, they are treatable, and often preventable; and
WHEREAS, persons of all ages, races, ethnicities, and socio-economic background may experience a mental illness in their lifetime; and
WHEREAS, suicide is the eighth leading cause of death in Arizona; and
WHEREAS, fears of social rejection, discrimination, and personal shame often prevent persons experiencing mental illnesses from seeking help, support, and treatment; and
WHEREAS, stigma contributes to increased fear, shame, marginalization and violence against persons experiencing mental illnesses; and
WHEREAS, stigma contributes to increased fear, shame, marginalization and violence against persons experiencing mental illnesses; and
WHEREAS, stigma is often perpetuated through the language used when speaking of mental illnesses; and
WHEREAS, stigma reduction involves listening to persons experiencing mental illnesses and changing the language we use when speaking of and with them; and
WHEREAS, stigma reduction is a responsibility of all citizens.

NOW, THEREFORE, I, Douglas A. Ducey, Governor of the State of Arizona, do hereby proclaim May 2019 as

MENTAL HEALTH AWARENESS MONTH

and call upon all citizens, government agencies, public and private institutions, and businesses in Arizona to support those experiencing mental illness and to commit to stigma reduction.



IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the State of Arizona

Douglas A. Ducey
GOVERNOR

DONE at the Capitol in Phoenix on this first day of May in the year Two Thousand and Nineteen and of the Independence of the United States of America the Two Hundred and Forty-Third.

ATTEST:

[Signature]

SECRETARY OF STATE