

March 25, 2017

2016 Southern Arizona Human Rights Committee Annual Report

ARIZONA DEPARTMENT OF HEALTH SERVICES DIVISION OF BEHAVIORAL HEALTH SERVICES BUREAU OF CONSUMER RIGHTS

Southern Arizona Human Rights Committee's ANNUAL REPORT JANUARY – DECEMBER 2016

Our Mission

The Human Rights Committees (HRCs) were created by the Arizona Legislature to assist the Arizona Health Care Cost Containment System (AHCCCS) and the Regional Behavioral Health Authorities (RBHA) in promoting the rights of children and adults who receive publicly funded behavioral health services.

Our Responsibilities

The Southern Arizona Human Rights Committee (SAZHRC) provides independent oversight and review of the following:

1. Allegations of illegal, dangerous, or inhumane treatment of clients and enrolled children;
2. Reports filed with the committee under Ariz. Admin Code R9-21-203 and R9-21-204 concerning the use of seclusion, restraint, abuse, neglect, exploitation, mistreatment, accidents, or injuries;
3. Reports filed with the committee under Ariz. Admin Code R9-21-203 and R9-21-204 to clients identified under R9-21-301 as in need of special assistance;
4. Violations of rights of clients and enrolled children and conditions requiring investigation under the complaint process as set forth in R9-21-403 to R9-21-409.
6. Any other issue affecting the human rights of clients and enrolled children. Ariz. Admin. Code R9-21-105 (G).

Executive Summary

- Sergeant Winsky assisted the PCHRC Boarding Home committee with providing information about residential treatment facilities that needed review or inspection. He also assisted in generating information for the community on when, and how, to call 911 for a person in crisis.
- The PCHRC also discovered that a barrier to care for persons in crisis was the notary requirement for emergency applications for evaluation. The Commission supported legislation at the State Capitol to remove the notary requirement for law enforcement officers to notarize their emergency applications. Although the

legislation did not pass in 2016, the topic will be brought up again in the 2017 legislative session.

- The PCHRC also collaborated with Sergeant Winsky when a tragic incident occurred in Tucson involving a missing person. Although the person was found alive, after being missing for several days, it was discovered that the community needed more information about when, and how to report a person as missing. The PCHRC and the Tucson Police Department created a Missing Persons Guide with helpful tips, which was distributed to the community and published on the Police Department's website.
- The PCHRC looks forward to continuing its collaboration with local law enforcement in 2017.

Organizational Structure

- The Southern Arizona HRC has 13 voting members and 1 advisor as of December 31, 2016. Recruitment of new members continues to be a priority. The membership is diverse with family members, consumers, and representatives of law, medical, education, as well as advisors from AHCCCS and Cenpatico.
- Each member participates in at least one work group, each addressing more specific issues related to advocacy, rights, review of incident/accident, deaths and seclusion/restraint reports, Legislative, CIC/Update, Media Relations, review of research proposals, site reviews, CIT and community education. The Committee members are very committed to their work and spend five hours monthly on average.

Committee Members:

Ken Karrels, Chair	Amy Sherwood, Vice Chair	Susan Hyder, Vice Chair
Barbara Carling	Judy Kowalick	Susan Moreno
Steven Cloutier	Connie Stevenson	Cindy Cole
Dave Ruitenber	Joe Mucenski	Eleanor Schorr, Advisor
Jason Winsky		

Advisors and Guests:

Yisel Sanchez, ADHS HRC Coordinator

Melissa Brown, Human Rights Committee Liaison, Cenpatico Integrated Care	
Paul Galdys, AHCCCS	Terron Smith, Public
Christy Carrigan, Cenpatico	Tom Haskett, Cenpatico
Susan Junck, AHCCCS	Emily Bregel, Arizona Daily Star
Cindy Cole, Palo Verde	Lisa Shapiro, Public
Melissa Brown, Cenpatico	Kathy Bashor, AHCCS-OIFA
Lois Jackson, Centpatico	Haley Horton, Cenpatico
Kathy Tribolet, MIKID	Lacey Parkhurst, Public
Jane Brassa, Public	Cara Lewandowski, Cenpatico
Diane Taylor, Cenpatico	Kathy Roberts, Center for Disability Law
Greg Taylor, Cenpatico	

2016

This year the PCHRC focused on the identified special assistance clients with increased site visits, children's issues, continued assertive Community Education Outreach to reduce stigma, and increasing communication and interaction between providers and Cenpatico.

Acute Psychiatric Services in Southern Arizona

It is important to note that acute care services are recognized as part of a health care continuum and not a measure of overall behavioral health services availability.

As of April 5, 2016, inpatient acute psychiatric hospital beds in Southern Arizona total 305. 14% (44 beds) of these are dedicated to adolescents in need of acute psychiatric inpatient care. Approximately 20% (53 beds) of the remaining 261 beds are dedicated to geriatric patients acute psychiatric care needs. Cornerstone Behavioral Health will be adding 36 inpatient beds later this year and Sonora Behavioral Health will be adding 40 inpatient beds by the end of the summer.

*Please note this report does not identify beds which may be specific to diagnosis or population except for age (i.e., eating disorders, military members, high functioning vs. low functioning, etc.)

Current acute psychiatric inpatient beds by hospital or facility:

Sonora Behavioral Health: 90

Palo Verde Hospital: 80

Behavioral Health Pavilion at Banner UMC South: 48

Canyon Vista Hospital (Sierra Vista): 19

Banner UMC South Campus: 18 (geriatric only)

St Mary's Hospital: 18 (geriatric only)

Oro Valley Hospital: 17 (geriatric only)

Children's Issue's

Cope and Codac have expanded their programs to include youth programs.

Intermountain has gone to telemed and parents are upset about the means of communication, in particular their children having to sit in front of a computer screen.

Young Adult Programs have now gone under the Adult networks, since the children's networks are no longer handling them. La Frontera is having problems with their young adult program due to staffing rations and caseloads.

DKA should represent Young Adult System to avoid young adults getting lost in the system. This has been an issue for many years and nothing has been done. A pilot program is needed.

What does Department of Child Safety (DCS) do with their SMI 18 year olds? Providing peer support might be more effective for this age group. Diane Taylor of Centpatico to speak to committee regarding transitional age programs and work development.

Pima Youth Transition Fair was held April 28th.

The children's community is still in need of accredited behavioral analysts.

Site Visits

Committee completed a total of 5 site visits in 2016.

Serenity House – good review

Family of God House – fair review; follow up request sent to Cenpatico

Good Shepherd Boarding Home – good review

Loving Care – good review

Burgess House- fair review; follow up request sent to Cenpatico

Community Education/Reducing Stigma

- The Daniel Moreno Awards - Recognizes individuals in mental health recovery, advocates, educators, and direct service providers.
- Out of Darkness Walk
- Mental Health Week

- NAMI Candlelight Service
- Cornerstone Behavioral Health open house
- Art Show
- New HRC posters designed and distributed to more than 200 people and organizations
- Cenpatico Peer and Family Advisory Council Monthly
- Pima Youth Transition Fair
- NAMI Walk
- 48th Annual Southwestern School for Behavioral Health Studies Conference
- HRC brochures updated and continue to be given to providers

IAD/QOC Reports

Total # of Seclusion & Restraints 2016 Reports	1105
Total # of Seclusion 2016 Events	234
Total # of Restraint 2016 Events	871
Personal Restraint Events	557
Mechanical Restraint Events	130
Chemical Restraint Events	184

Total # of Incident/Accident/Death 2016 Reports	1290
Total # of Incident/Accident 2016 Events	859
Total # of Death 2016 Events	431

The Committee wishes to thank the staff at Arizona Health Care Cost Containment and the Cenpatico for their support.

Respectfully submitted,

Ken Karrels, Ph. D.
Chairperson, PCHRC

Susan L. Hyder
1st Vice Chair, PCHRC

Cc: