



COVID-19 Behavioral Health Task Force

August 7, 2020

Agenda

- ❖ Roll Call and Housekeeping: Lauren Prole
- ❖ AHCCCS Update: Dr. Sara Salek and Jill Rowland
- ❖ ADHS Update: Teresa Ehnert
- ❖ PAXIS: Dr. Dennis Embry
- ❖ COVID-19 Hotline and Crisis Line Updates: Justin Chase
- ❖ Southern Arizona Crisis Line Update: Amy Devins
- ❖ Questions, Open Discussion & Wrap-Up

AHCCCS Update

Dr. Sara Salek, CMO

Jill Rowland, CCO

ADHS Update

Teresa Ehnert

Bureau Chief, Public Health Emergency Preparedness

Health Emergency Operation Center/ ESF8

PHEP/HPP Director, Arizona

Resources

- Toolkit: [Coronavirus \(COVID-19\) Unwinding Federal Medicaid Flexibilities: Issues and Considerations for States](#)
- Regulatory analysis: [Federal Declarations and Flexibilities Supporting Medicaid and CHIP COVID-19 Response Efforts Effective and Expiration Dates](#)
- Federal guidance: [HHS Updates Provider Relief Fund Frequently Asked Questions \(FAQs\)](#)
- Federal funding opportunities: [HHS Extends Application Deadline for Medicaid Providers and Plans to Reopen Portal to Certain Medicare Providers](#)
- Federal guidance: [CMS and CDC Announce Provider Reimbursement Available for Counseling Patients to Self-isolate at Time of COVID-19 Testing](#)

Arizona Update: PAX Good Behavior Game & PAX Tools



The screenshot shows the PAXIS Institute website. At the top right is the PAXIS Institute logo with the tagline "an international prevention science company" and a "Log In" link. Below the logo is a navigation menu with the following items: Home, Products & Services, About PAX, Dr. PAX, Prevention Science, Member Resources, and Contact Us. The main content area features a large image of a diverse group of children sitting around a table, engaged in a learning activity. Overlaid on this image is the text "PAX IS PROVEN PREVENTION" in a bold, teal font. Below the image, the heading "What is PAXIS?" is followed by a paragraph: "PAXIS Institute develops solutions that improve the peace, productivity, health, and happiness of people around the world. PAXIS Institute incorporates the power of science and prevention to develop simple, proven strategies that address the basis of many of society's multi-problems – human behavior."

Dennis D. Embry, Ph.D.
PAXIS Institute, Tucson, AZ

The PAX GBG teaches self- & group regulation during any school routine, which improves:



- Classroom behaviors and attention improve dramatically in three months
- Improves physical health at school within a school year (measured by a CDC epi-team)
- Better reading & math scores
- Significant reduction in DSM disorders within a school year using DSM normed teacher ratings, and lasting to at least to age 35.
- Mitigates existing symptoms and outcomes of Adverse Childhood Experiences and inter-generational ACEs.
- Lasting educational, employment and social

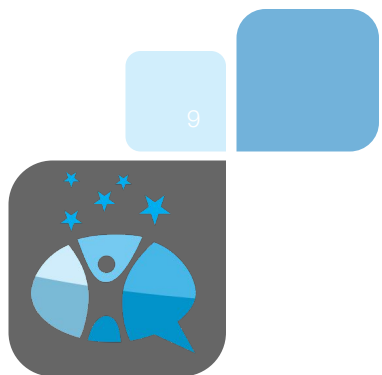


PAX Delivered Trainings to date

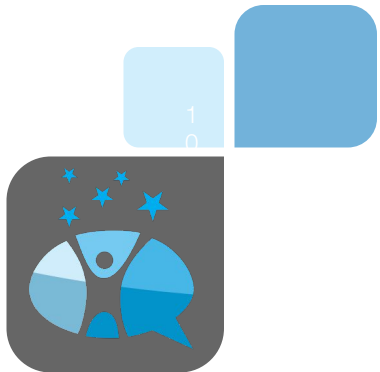
- 35—PAX GBG Initial Trainings for more than 1,000 Arizona Teachers
- 5—PAX Sustainability Trainings (Administrators, etc): 90 attendees
- 15—PAX Tools Training for Community Educators: 200+
- 2—PAX Partner Trainings who support classroom teachers: 40

Pending PAX Trainings by Sept 30, 2020

- 6—PAX GBG Initial Trainings by Sept 30, adding potentially 200-240 teachers
- 10—PAX Tools Training for Community Educators thru 12/2020: 160
- 2—PAX Partner Trainings by Sept 30 who support classroom teachers: 40

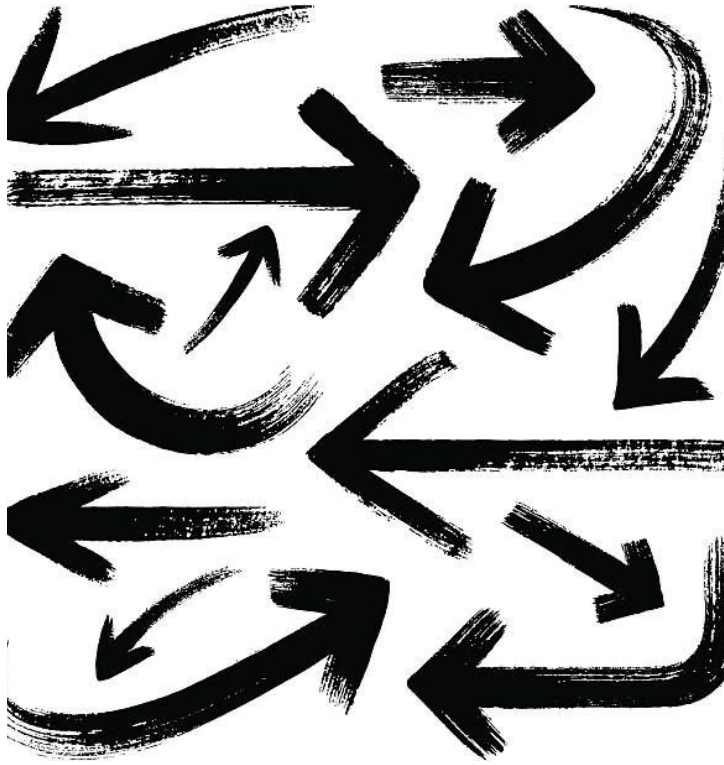


Potential Effects of These Efforts, But **Now** is Not Normal Classroom Conditions



Predicted Benefits of PAX GBG in Your School, District, Tribe or Community When First Grade Students Reach Adulthood After 1-2 Years of PAX GBG Exposure*

<i>Site Estimate for: If 1,000 Arizona Teachers Start Using PAX GBG</i>	
Enter number of First Graders at school, district, Tribe or community>>>>>>	25,000 <<< Enter number of First Graders
2,151	Fewer young people will need any form of special education services
1,392	More boys will likely graduate from high school.
1,670	More boys will likely enter university
2,219	More girls will likely graduate from high school
1,734	More girls will likely enter university
243	Fewer young people will commit and be convicted of serious violent crimes
2,404	Fewer young people will likely develop serious drug addictions
1,645	Fewer young people will likely become regular smokers
886	Fewer young people will likely develop serious alcohol addictions
1,213	Fewer young women will likely contemplate suicide
1,645	Fewer young men will likely attempt suicide
\$325,500,000	Predicted financial net savings to students, families, schools, communities, state/federal governments
\$23.67	Estimated Cost of PAX GBG Materials Per Child for Lifetime Protection
\$22.00	Estimated Cost of External Training & Technical Supports Per Teacher Prorated per Child's Lifetime
\$26.80	Estimated Cost of Internal Supports for Implementation and Maintenance by Teachers Prorated per Child's Lifetime



The Segue for On-Line

Creating & disseminating special tools for teachers to mimic some elements PAX GBG with on-line instruction using evidence-based kernels (Embry & Biglan, 2008) including peer reinforcement for prosocial behaviors (a major mechanism of PAX GBG).

Creating PAX Tools Recipes families to use with students during on-line learning.

Expanding such tools to PAX Partners to support.





Segue 2: Reduce Contagion by Children

Children can be major vectors of Covid-19, but are less likely to show symptoms in the epidemiological published literature.

Children can carry high viral loads in the feces.

Randomized trials show better prevention of viral contagion in schools with hand sanitizer with caveats

1
2



Reducing contagion in schools with younger children pre-k and K-3rd grade in complicated



Additional Recommendation

Recruit more clinicians working with children to PAX Tools because that create a better school-home connection in uncertain times.

The study by Prinz et al. (2009) shows that simple recipes for better behavior reduces child maltreatment at a population level.

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3



COVID-19 Hotline & Crisis Line Updates

Justin Chase , LMSW, CPHQ, FACHE
Chief Executive Officer
Crisis Response Network



211 Statewide COVID-19 Hotline

COVID-19 Hotline - Program Data Report

Report Dates: 3/20/2020 through 8/2/2020

	Program Summary
COVID-19 Hotline Inbound Calls	47,219
COVID-19 Hotline Calls Handled by Agent	11,206
Transferred to Poison Control	11,861

Statewide COVID-19 Hotline



Primary Reason for Call	March-June Total
Information about COVID-19 (symptoms, how it's contracted/spread, vulnerable populations, etc.)	2,427
Other	2,259
Resources: Financial assistance (eviction prevention, utility assistance, etc.)	1,406
Testing information and availability	1,099
Best sources of information	796
Travel, events, group gatherings	439
Eviction Prevention-Other	392
Resources: Housing and homelessness	124
Eviction Prevention- Full Application	122
Supplies availability - masks, sanitizer, cleaner	119
Resources: Food assistance	92
Eviction Prevention - Completed Prescreen	79
Treatment	56

Inspiring Hope

Crisis Line Data



Crisis Line Updates

June vs July 2020

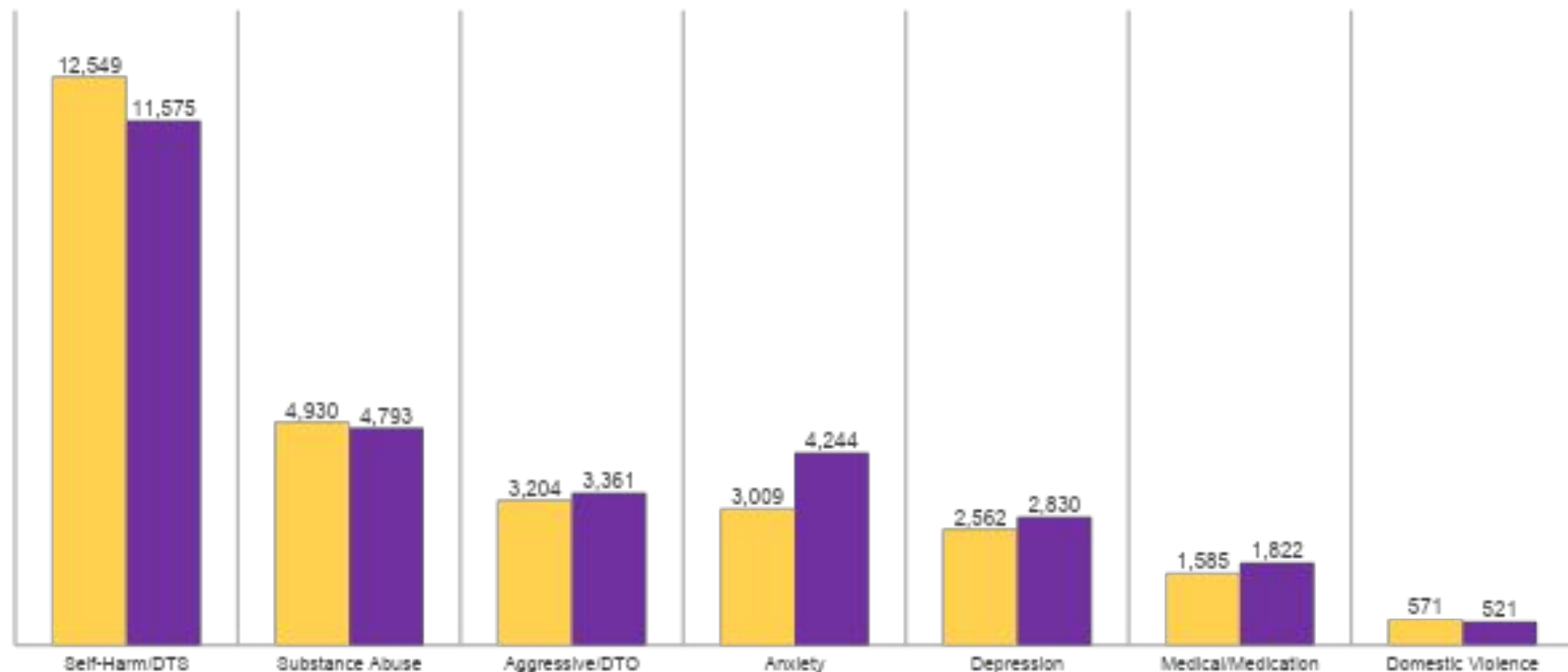
Measure	June 2020	July 2020	Variance
Total Call Volume	20,867	21,455	2.8% Increase
Mobile Team Dispatches	1,891	2,003	5.9% Increase
Reasons for Call			
Depression	628	649	3.3% Increase
Anxiety	877	912	4.0% Increase
Medical	360	370	2.8% Increase
Suicidal/Self-Harm	2,429	2,373	2.3% Decrease
Domestic Violence	113	88	22.1% Decrease
Population			
Adults	9,231	9,513	3.0% Increase
Children (<18)	1,106	1,246	12.7% Increase

Crisis Line Updates (2019 vs 2020)

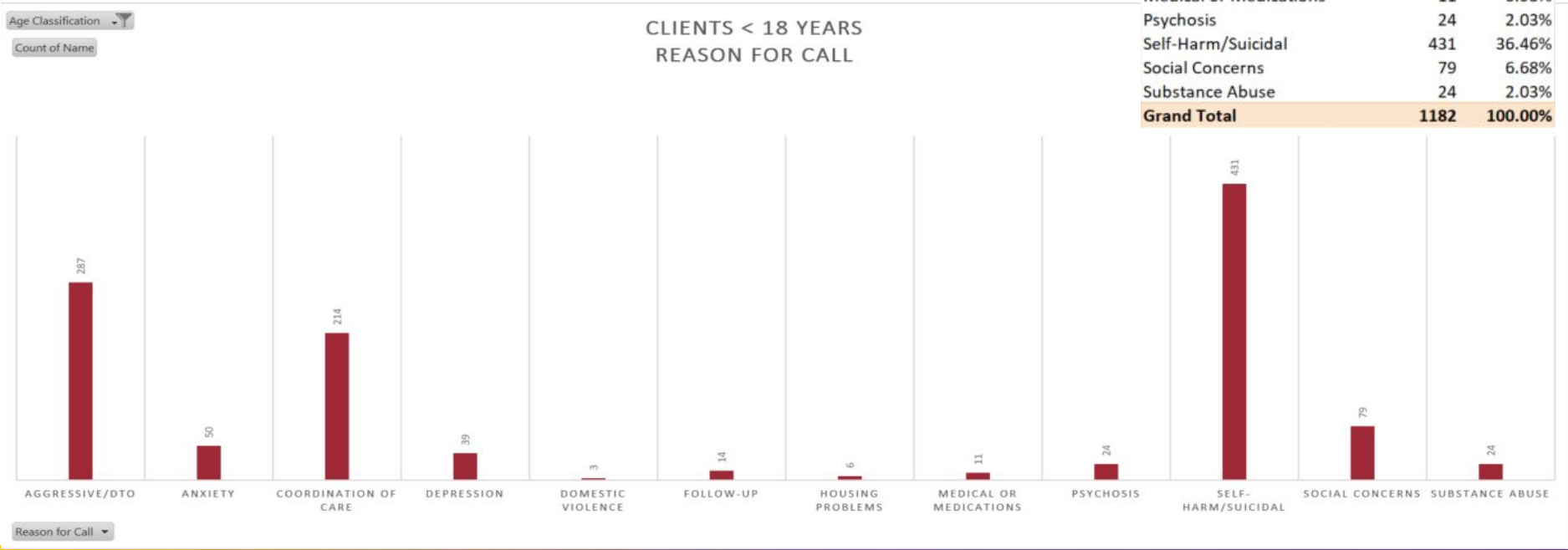
Measure	July 2019	July 2020	Variance
Total Call Volume	23,931	21,455	10.3% Decrease
Mobile Team Dispatches	1,929	2,003	3.8% Increase
Reasons for Call			
Depression	597	649	8.7% Increase
Anxiety	684	912	33.3% Increase
Medical	374	370	1.1% Decrease
Suicidal/Self-Harm	2,327	2,373	2.0% Increase
Domestic Violence	124	88	29.0% Decrease
Population			
Adults	11,096	9,513	14.3% Decrease
Children (<18)	1,271	1,246	2.0% Decrease

Reason for Call

■ 5 months Pre-COVID ■ 5 months Post-COVID



Crisis Line <18 Reason for Call



RESILIENT *Arizona*

CRISIS COUNSELING PROGRAM

2-1-1
Arizona

CALL 2-1-1 TO CONNECT WITH A CRISIS COUNSELING PROVIDER.

CENTRAL ARIZONA



ENPACT - Suicide Prevention Center
Phone: 480-756-4465
Hours of operation: 24/7
Email: ENPACT@lafrontera.org

Crisis Preparation and Recovery
Phone: 480-477-6662
Hours of operation: 7 AM - 4 PM
Email: CRISISPREP@lafrontera.org



RI International
Phone: 602-655-0212
Hours of operation: 8 AM - 8 PM

Family Involvement Center
Phone: 602-288-0955
Hours of operation: 8:30 AM - 5:30 PM
Email: FOCUS@familyinvolvementcenter.org



NORTHERN ARIZONA



The Guidance Center
Phone: 520-746-4246
Hours of operation: 24/7

RI International
Phone: 602-655-0212
Hours of operation: 8 AM - 8 PM



Family Involvement Center
Phone: 602-288-0955
Hours of operation: 8:30 AM - 5:30 PM
Email: FOCUS@familyinvolvementcenter.org

SOUTHERN ARIZONA



La Frontera Center
Phone: 520-389-5685
Hours of operation: 8 AM - 7 PM
Email: CS@lafrontera.org

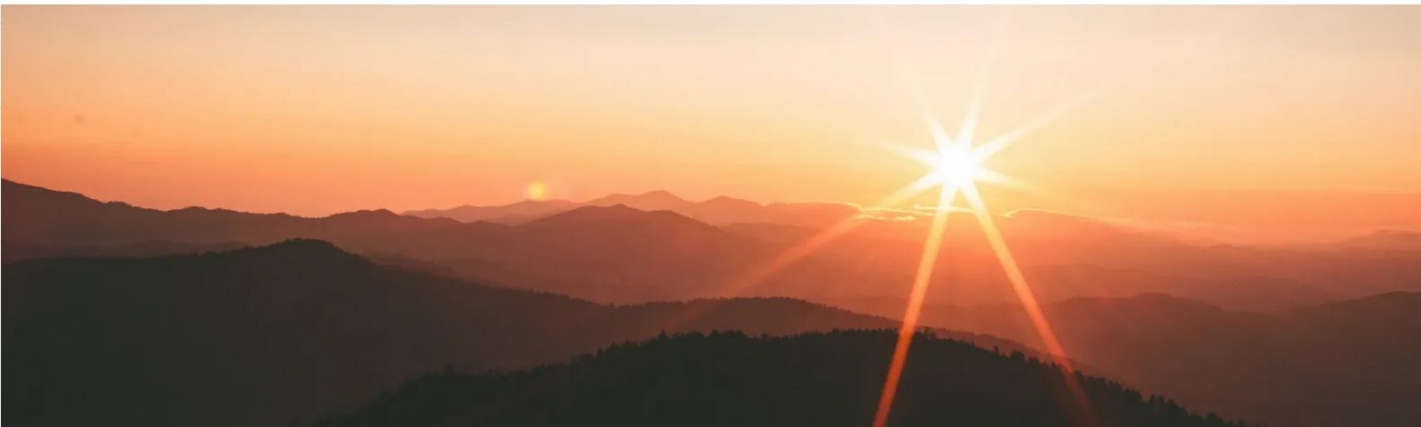
RI International
Phone: 602-655-0212
Hours of operation: 8 AM - 8 PM



Family Involvement Center
Phone: 520-454-4532
Hours of operation: 8:30 AM - 6:30 PM
Email: FOCUS@familyinvolvementcenter.org

Call 2-1-1 to connect with an Arizona Crisis Counseling Provider.

HOME ABOUT PROVIDERS COVID-19 ESPAÑOL MEDIA



What we do

Resilient Arizona Crisis Counseling Program is a federally funded program that helps people and communities recover from the effects of disasters and/or pandemics through short-



Free and confidential

Our services are 100% free and confidential.



Providers

Resilient Arizona providers are located throughout Arizona and specialize in short-term counseling and emotional support. Dial 2-1-1 to connect with a provider today.



Visit www.resilientarizona.org



Family Involvement Center
Phone: 520-454-4532
Hours of operation: 8:30 AM - 6:30 PM
Email: FOCUS@familyinvolvementcenter.org

RESILIENT *Arizona*

CRISIS COUNSELING PROGRAM

Primary Service	Number Served
Unique Referrals	1022
Individual Crisis Counseling	306
Group Counseling/Public Education	137
Brief Educational/Supportive Contact	741
Total Unique Interactions	1184

RESILIENT *Arizona*

CRISIS COUNSELING PROGRAM

Other Contacts/Materials Distributed	
Hotline/helpline/lifeline contact	95
Telephone contact	360
E-mail contact	516
Community networking and coalition building	549
Material handed to people	2429
Material mailed to people	347
Material left in public places	2512
Mass media	18
Social networking messages	219
Total	7045

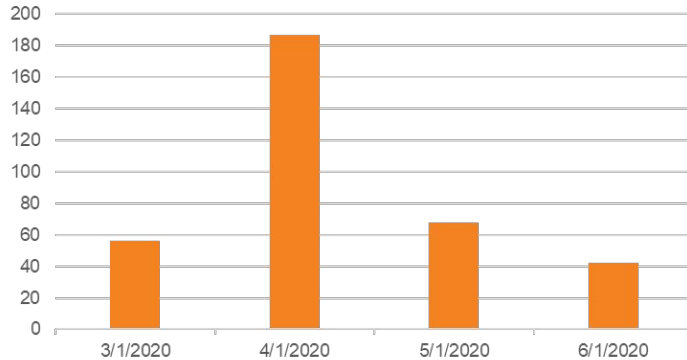
Southern Arizona Crisis Line Update

Amy Devins

AzCH

Crisis System Overview

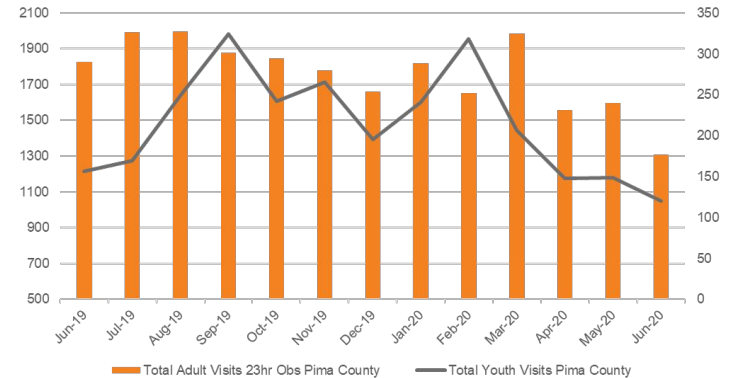
COVID-19 Concerns



- Emerging trend
 - 23hr Observation Unit usage decrease
 - Significant for both Youth and Adults
 - Youth follows an expected decline without face to face schooling
 - Currently tracking against inpatient admits and community stabilization rate
 - LE drop off have decreased for both CRC and CBI

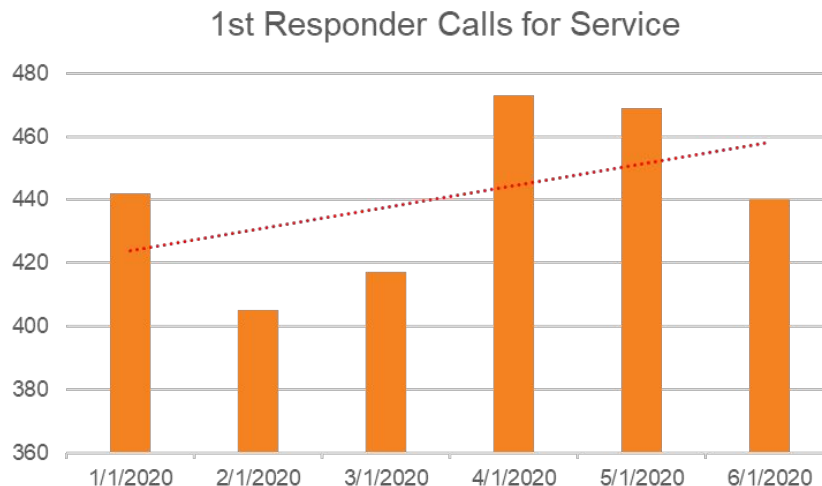
- Decrease in COVID-19 calls noted as both Primary/Secondary Concern
- Largely driven by Pima County-85% of all calls
 - Followed by Pinal and Yuma County

Obs Unit Admits Pima County



Crisis System Overview

- Previously discussed increase in 1st responder calls to service despite COVID-19
- AzCH-CCP and EPC partnership has led to modification to continue assisting with inbound 911 callers
- Hope to see continued increase in this area of service



Crisis System Overview



Support Update

- Tucson Medical Center
 - Over 50 hours of CISM provided
 - Will revisit CISM as ED/ICU volume decreases
 - Note expanded response to TMC clinic site had highest participation of entire process
 - 22 persons served in a 2hr session
- Yuma Regional Medical Center
 - Over 36 hours CISM provided
 - Continued to engage directly on ICU
 - Team members regularly cited long hours-will revisit as things slow



Questions, Open Discussion & Wrap Up

Thank you!

Future Topics - Have topics you want to discuss send to
lauren.prole@azahcccs.gov