

COVID-19 Behavioral Health Task Force

October 22, 2021



Behavioral Health Task Force Agenda

- Welcome: Dr. Sara Salek
- AHCCCS Update: Dr. Salek
- ADHS Update: Priscilla Lauro
- AZ Peer and Family Career Academy: Hayley Winterberg
- CCP Grant and ArMA Peer Physician Program Updates: Jill Rowland
- Task Force Discussion: All
- Questions, Open Discussion & Wrap-Up: All



AHCCCS Update

Dr. Sara Salek CMO AHCCCS



ADHS Update

Priscilla Lauro COVID-19 Response Team ADHS



Peer Program

Hayley Winterberg Executive Director AZ Peer and Family Career Academy





PFCA Overview

November 2021



Mission

To inspire recovery and wellness through professional development and continuing education, in order to equip emerging leaders and strengthen the peer and family support workforce.



Organizational Focus





Current Trainings







SELF CARE

HOPE AND HEALING – OPIOID USE CRISIS ABILITIES, DIFFERENCES, AND INCLUSION

e



EFFECTIVE ADVOCACY





MOTIVATIONAL LEADERSHIP LUNCH AND LEARNS

9

Trainings Coming Soon



Technology

Interdependence to Independence

Peer Support Refresher Series

Family Support Refresher Series



Peer to Peer Coaching

- Group or 1:1 Coaching is available
- Involvement and Information shared is confidential within the peer coaching relationship.
- It's important to note <u>this is not</u> job coaching, it is not supervision and it is not employment counseling. It is not counseling at all.





Peer to Peer Coaching

Anyone employed as Peer Recovery Support or Family Support Specialist is eligible for the program.

Peer/ Family Specialists access to "specially trained coaches " for their own health and wellness needs.

This program offers health and wellness coaching and gives the peer workforce someone to they can turn to for additional support.



This is all made available through the Peer and Family Career Academy, at no charge, thanks to funding through AHCCCS and the State of Arizona!

Peer to Peer – Call to Action

Sign up	Sign up for Peer to Peer coaching (group and/or 1:1) https://www.azpfca.org/peer2peer-coaching-program-1
Share	Please share with your staff
Present	Allow me to present at provider staff meeting
	13





Crisis Counseling Program and Arizona Medical Association Peer Physician Program Updates

Jill Rowland Senior Grant Coordinator Division of Grants Administration (DGA) AHCCCS



Crisis Counseling Program

- AHCCCS awarded 90 Day No Cost Extension from FEMA and SAMHSA
- Performance period extended from 12/2/2022 to 3/2/2022
- Extension allows Resilient Arizona to continue provision of crisis counseling services for Arizona citizens

resilientarizona.org

• Utilization of the CCP remains high across Arizona



ArMA Peer Physician Program/Doctor's Virtual Lounge

- Partnership between ADHS, AHCCCS and ArMA-program implemented in the fall of 2020
 - The lounge is an evidenced-based peer support program for Arizona physicians; participation is free and confidential
- Program has been approved to be extended for one more year with funding from ADHS
- Expansion of program will include:
 - Peer Support for Medical Students
 - Virtual Support
 - Psychological First Aid
 - Resiliency and healthy coping strategies

www.azmed.org



Task Force Discussion

What are your agencies behavioral health related 2022 priorities?



Questions, Discussion & Wrap Up



Thank you!

- See the <u>Behavioral Health Task Force</u> web page for meeting past meeting presentations
- Send future topics you want to discuss to lauren.prole@azahcccs.gov

