



COVID-19 Behavioral Health Task Force

March 12, 2021



Welcome to today's Behavioral Health Task Force Meeting

We will begin shortly. All lines have been automatically muted.

While you are waiting TEST YOUR AUDIO.
LISTEN FOR MUSIC.



Please use the chat feature for questions or raise your hand.

Thank you.

Behavioral Health Task Force Agenda

- Welcome: Dr. Sara Salek
- ADHS Update: Teresa Ehnert
- AHCCCS Update: Dr. Sara Salek
- Peer and Family Support Program Update: Jamie Green
- State Suicide Prevention Plan Update: Kelli Williams
- Healthcare Worker Wellbeing Initiative: Dr. Mark Carroll
- CCP Update: Justin Chase
- Questions, Open Discussion & Wrap-Up: All

ADHS Update

Teresa Ehnert

Bureau Chief, Public Health Emergency Preparedness

Health Emergency Operation Center/ ESF8

PHEP/HPP Director, Arizona

AHCCCS Update

Dr. Sara Salek, MD
Chief Medical Officer
AHCCCS

Peer Support and Family Support Services Update

Jamie Green

Healthcare Advocacy Coordinator
Office of Individual and Family Affairs
AHCCCS

Bringing Care to Members

- TLCR built 10 new Telehealth rooms and 4 Telehealth group rooms at TCR
- Provided members access to services from the Health Home of their choice without leaving the Peer-Run Organization
- Saved hours of travel time
- Peer staff supporting members

Vaccine Clinic - Space Available

- S.T.A.R. administered 1280 vaccines
- S.T.A.R. next vaccine clinic is on 3/19, 9 to 3:30 (spaces available)
- Moderna vaccine
- Vaccinating:
 - 1A and 1B Priority Groups
 - Anyone working in behavioral health or physical health fields
 - Adults 55+
 - Anyone in congregate care settings, homeless or in shelters 18+
- Needs more volunteers to assist
- Submit forms to CovidVaccine@TheStarCenters.org

Face to Face Services and OIFA Collaborations

- Peer-Run Organizations and Family-Run Organizations expanding Face-to-Face Services
- Peer to Peer Grant Proposal collaboration with OIFA Health Plans/AHCCCS similar to ArMA Physician Peer to Peer program.
 - Support
 - Training
 - Resources

Suicide Prevention Update

Kelli Williams
Suicide Prevention Specialist
AHCCCS

Suicide Facts & Figures:

Arizona 2020



On average, one person died by suicide every six hours in the state.

More than five times as many people died by suicide in Arizona in 2018 than in alcohol related motor vehicle accidents.

The total deaths to suicide reflected a total of 27,938 years of potential life lost (YPLL) before age 65.



Suicide cost Arizona a total of **\$1,246,006,000** combined lifetime medical and work loss cost in 2010, or an average of **\$1,139,987 per suicide death.**



8th leading cause of death in Arizona

2nd leading
cause of death for ages 10-34

3rd leading
cause of death for ages 35-44

5th leading
cause of death for ages 45-64

8th leading
cause of death for ages 55-64

13th leading
cause of death for ages 65+

Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Arizona	1,438	19.21	14
Nationally	48,344	14.21	

CDC, 2018 Fatal Injury Reports (accessed from www.cdc.gov/injury/wisqars/fatal.html on 3/1/2020).

afsp.org/statistics



American Foundation for Suicide Prevention

What does the data tell us?

Highest Rates

- Males
- Rural Setting
- 45+
- Native Americans
- Veterans

Mechanism

- Firearms
- 71% of gun deaths in AZ are suicides

Diagnosis Before Death

- Episodic and Chronic Depression
- Chest Pain
- Suicide Ideation

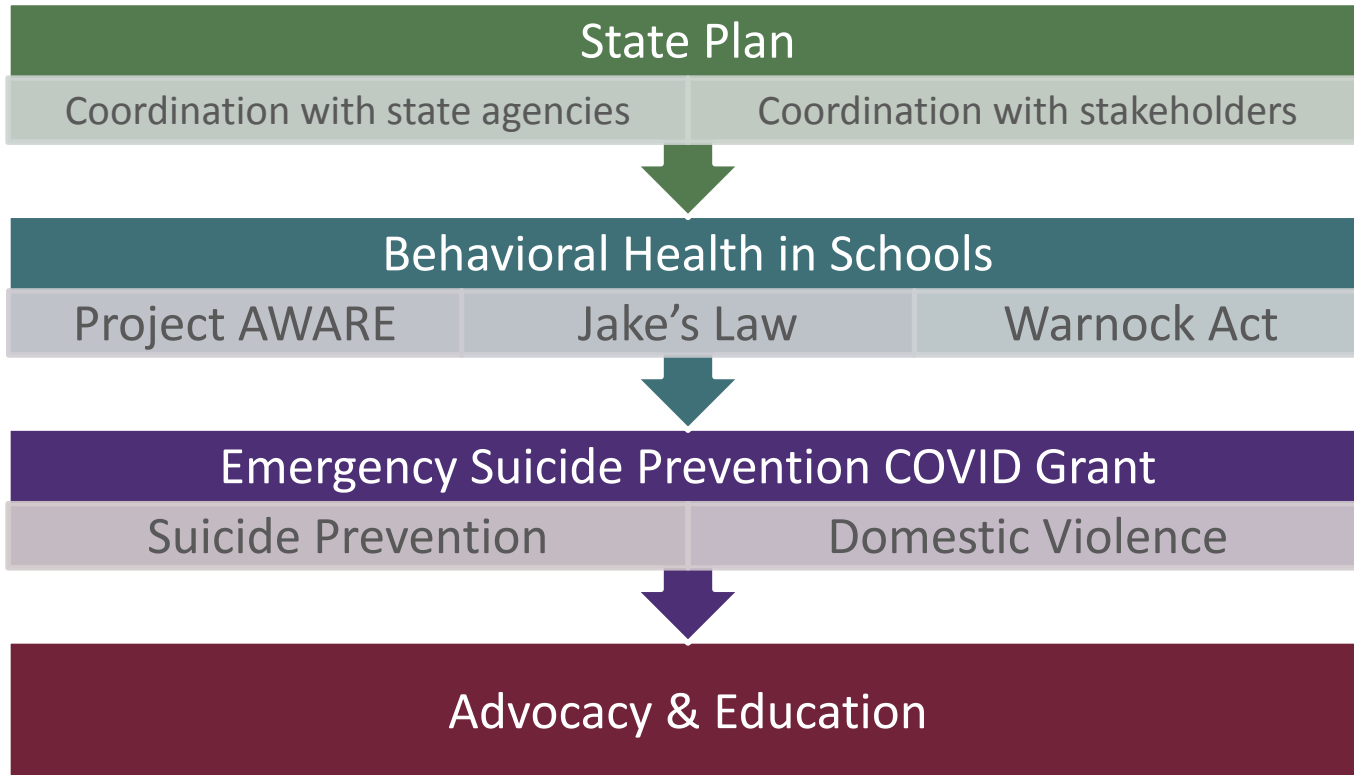
What does the data tell us?

Increased rate of suicide among all ages

50% increase in suicides among <15

10-19: strangulation is the mechanism most used

Our Work



Healthcare Worker Wellbeing Initiative

Dr. Mark Carroll
CMO
Health Choice Arizona



The health care workers in our community are our neighbors, our friends and our family members

Their health and their families' health are on the line every day so that all of our communities can be as healthy as possible.

<https://wellbeingcollaborative.org/>



To be there for us

Join us for two exciting upcoming AZ Community Grand Rounds

Tuesday, March 30th
**Innovations in COVID
Vaccination Outreach: Updates
from Three Arizona Counties**

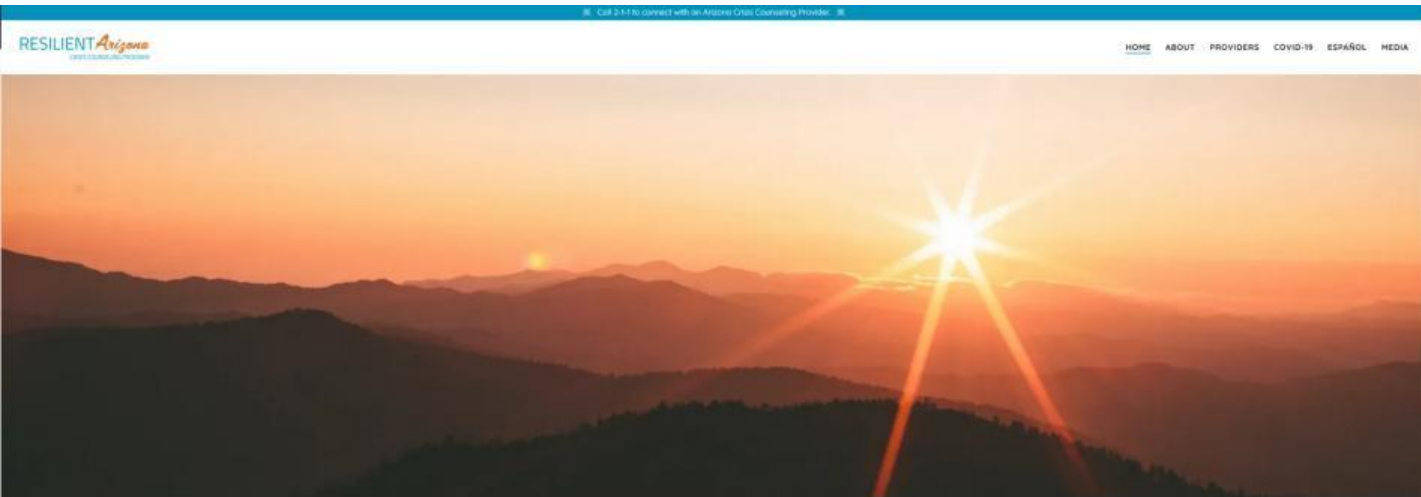
Thursday, April 15th
**A Civilian Emergency Medical
System: Is It Time? What
Will It Take?**

COVID-19 Hotline Updates

Justin Chase , LMSW, CPHQ, FACHE
Chief Executive Officer
Crisis Response Network

RESILIENT *Arizona*

CRISIS COUNSELING PROGRAM



What we do

Resilient Arizona Crisis Counseling Program is a federally funded program that helps people and communities recover from the effects of disasters and/or pandemics through short-



Free and confidential

Our services are 100% free and confidential.



Providers

Resilient Arizona providers are located throughout Arizona and specialize in short-term counseling and emotional support. Dial 2-1-1 to connect with a provider today.



Visit www.resilientarizona.org



CALL 2-1-1 TO CONNECT WITH A CRISIS COUNSELING PROVIDER

CENTRAL ARIZONA



IMPACT: SUCCESS PREVENTION CENTER
Phone: 520-750-4500
Hours of operation: 24/7
Email: info@impactcenter.org

Crisis Preparation and Recovery
Phone: 480-475-6622
Hours of operation: 24/7, 24/7
Email: ResilientARizona@azcentral.com



MORI International
Phone: 602-265-0222
Hours of operation: 24/7, 24/7

Family Involvement Center
Phone: 520-266-0222
Hours of operation: 24/7, 24/7
Email: ResilientARizona@familyinvolvementcenter.org



NORTHERN ARIZONA



The Guidance Center
Phone: 480-744-8244
Hours of operation: 24/7

MORI International
Phone: 602-265-0222
Hours of operation: 24/7, 24/7



Family Involvement Center
Phone: 520-266-0222
Hours of operation: 24/7, 24/7
Email: ResilientARizona@familyinvolvementcenter.org

SOUTHERN ARIZONA



LA Frontera Center
Phone: 520-266-0222
Hours of operation: 24/7, 24/7
Email: ResilientARizona@lfrontera.org

MORI International
Phone: 602-265-0222
Hours of operation: 24/7, 24/7



Family Involvement Center
Phone: 520-266-0222
Hours of operation: 24/7, 24/7
Email: ResilientARizona@familyinvolvementcenter.org

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CRISIS COUNSELING PROGRAM

Primary Service	Number Served ISP	Number Served RSP	TOTAL
Unique Referrals	1,759	3,359	5,118
Individual Crisis Counseling	571	910	1,481
Group Counseling/Public Education	557	2,043	2,600
Brief Educational/Supportive Contact	1,414	2,586	4,000
Total Unique Interactions	2,542	5,539	8,081

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CRISIS COUNSELING PROGRAM

Other Contacts/Materials Distributed	
Hotline/helpline/lifeline contact	853
Telephone contact	2,869
E-mail contact	6,233
Community networking and coalition building	2,689
Material handed to people	9,381
Material mailed to people	3,496
Material left in public places	12,139
Mass media	434
Social networking messages	3,228
Total	41,322

AZ Data: Impacts of the Pandemic

- CCP Counseling participants self reported significant increases in the following behaviors, emotions, and cognitive effects:
 - Increased isolation/withdrawal
 - On guard/hypervigilant
 - Agitated/jittery/shaky
 - Anxious, fearful
 - Sadness, tearful
 - Despair, hopeless
 - Irritable, angry
 - Difficulty concentrating
 - Difficulty making decisions
 - Intrusive thoughts

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CRISIS COUNSELING PROGRAM

Who Have We Served?

- Residents in 10 Arizona counties
- 11% of services are provided in Spanish
- 15.5% of individual counseling provided to adults 65+
- 93% of individuals in individual counseling receive referrals for other resources:
 - Additional mental health services, community resources, SUD treatment, or access and functional needs resources
- Highest risk factors cited by participants:
 - Financial loss, unemployment, prolonged separation from family, substance use disorder, past trauma, loss of family member or friend

Outreach Connections

- 2-1-1 Arizona has referred over 5000 individuals to local CCP providers
- Approximately 2 million digital impressions have been made via statewide marketing campaign
- Engagement via 160 presentations or webinars to statewide coalitions, healthcare providers, non-profits, Tribal Nation stakeholders, schools, and public health departments
- Over 8000 unique visitors to the ResilientArizona.org website



Questions, Open Discussion & Wrap Up

Next Meeting -

Thank you!

- See the Behavioral Health Task Force web page for meeting past meeting presentations -
<https://www.azahcccs.gov/AHCCCS/CommitteesAndWorkgroups/BehavioralHealthTaskForce.html>
- Send future topics you want to discuss to lauren.prole@azahcccs.gov