WHAT IS SELF DIRECTED ATTENDANT CARE?

Self Directed Attendant Care is a new service delivery model for attendant care. Self Directed Attendant Care offers:

- More options in deciding who your attendant care workers are
- The ability to choose how/when services are delivered
- More control over services received
- Greater responsibility in managing personal health.

Self Directed Attendant Care allows you to make decisions about the attendant care services you want and how to receive them. Training, technical assistance, and support are available for you. A Fiscal Employer Agent takes care of all taxes, payroll withholding, and paychecks for you.

You can hire the attendant you choose including family members, friends, and neighbors, with a few exceptions:

- Your spouse
- Your parents if you are under 18
- Your legal guardians, in most cases

If you would like your spouse to be your paid caregiver, your spouse must be hired through an agency in order to receive compensation.

MEMBER ROLE

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- Direct the care received from the attendant care worker(s)
- Participate in the development of the service plan
- Select attendant care worker(s)
- Prepare an outline of duties for attendant care worker(s)
- Schedule the attendant care worker(s)
- Develop an emergency back-up plan
- Train your attendant care worker(s) in the way the duties should be performed
- Work with the Fiscal Employer Agent to have all your paperwork signed
- Complete and sign timesheets and send to the Fiscal Employer Agent, as arranged
- Supervise attendant care worker(s), including letting them go if necessary

MEMBER RESPONSIBILITIES

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- Notify your Case Manager of admission to the hospital
- Recruit, hire, train and supervise your Attendant Care Workers
- Make sure that all required paper-work is sent to the Fiscal Employer Agent, in a timely manner
- Review your attendant care worker's timesheet to make sure it is accurate
- Report any gaps in services to your Case Manager
- Fire an attendant care worker by Federal and State laws, if the attendant is not doing a good job
- Notify your case manager of any change in your health or situation (hospitalization, etc.)
- Manage your own health
- Make sure that you are receiving quality service and report any problems or concerns to your Case Manager
- Communicate clearly and openly with your attendant care worker(s) and your Case Manager
- Be considerate and respect the limits of others

Is It Right for You?

You are in Charge: You decide what attendant care services will best meet your needs.

- Do you know what service you want and need?
- Do you want more control over your services?

You Select: You select the workers you want to provide your attendant care services.

- Do you want to find and select workers to provide your services?
- Do you want to train and supervise your workers?

You Decide: You decide if you are happy with your attendant care services. If you are not happy, you may change the service or the person providing the service.

- Will you tell your workers what you like and don't like about the duties they perform?
- Will you change workers if you are not happy with the quality of the services they provide?
- Will you exercise your rights as a member?

You Ask: You ask for help when you want help. If you need additional help with things like how to find/train your workers, how to fire your worker or you want additional training for your worker, your Case Manager can help you get the training needed.

- Will you ask for help if you need it?

You have support: You track the time and set the schedule, but you **don't** do the payroll paperwork.

Self Directed Attendant Care

Is It Right for You?

AHCCCS

An ALTCS Service Option
Arizona Health Care Cost Containment System