



TI 2.0 Program Milestones

April 4, 2024 Information Session Topics:

- Postpartum Depression Screening- PMH Certifications
- Postpartum Depression Screening- Screening New Caregivers at Well Visit and Referrals

Hosts

AHCCCS

- Cameron Adams (Cam), MPP
Program Administrator
- Jane Otenyo, MPH
Project Manager
- Vishal Etikala, MS
Research & Statistical Analyst
Senior

ASU

- Samantha Basch, Project
Coordinator
- Kailey Love, MBA, MS
Project Manager

PSI

- Elizabeth Wood

Format - Open Q&A

- All lines are open upon entry- you will be muted
- This meeting will be recorded
 - Summary notes will be made available on the TI website in a few weeks
- Questions will be First-Come, First-Served
 - Verbal questions will be prioritized for verbal response- raise hand to queue
 - Chat questions will be addressed via chat or verbally

Agenda

- General Intent of Milestone- AHCCCS
- Adult PCP Milestone- AHCCCS
- Adult BH Milestone- AHCCCS
- PMH Certification- PSI

General Intent

- Health Equity:
 - All caregivers
 - Address inequities in postpartum health outcomes
- Culturally Competent Care:
 - Connect to providers sensitive and familiar
- Improve Patient Quality of Life

Milestone Review



Adult Primary Care

Postpartum Depression Screening

Adult PCP

Identifying and engaging caregiver(s) and guardian(s) of a newborn to screen for anxiety and depression and coordinate with appropriate behavioral health provider(s) and/or case manager(s) to follow-up. Policies and procedures shall include:

- **Identifying when an attributed member becomes pregnant or gives birth.**
- **Notifying the member's health plan when the notification of pregnancy or birth was not generated by the health plan.**
- **Engaging caregiver(s) and guardian(s) for a follow-up appointment within 84 days.**
- **Educating the present caregiver(s) and guardian(s) about postpartum depression and anxiety.**
- **Screening present caregiver(s) and guardian(s) for postpartum depression and anxiety using appropriate evidence-based tools and documenting the results and discussion.**
- **Maintaining a registry of behavioral health providers that can be provided to the caregiver(s) and guardian(s) at time of appointment.**
- **Coordinating with behavioral health provider(s), care managers and/or case managers for follow-up.**

Postpartum Depression Screening

Adult PCP

Milestone Measurement Program Year 2

(October 1, 2023 – September 30, 2024)

By September 30, 2024:

- A. Develop policies and procedures related to identifying members that have become pregnant or given birth and notifying health plans when the notification of pregnancy or birth was not generated by the health plan.
- B. Develop policies and procedures related to engaging caregiver(s) and guardian(s) for a follow-up appointment within 84 days of childbirth.
- C. Develop policies and procedures related to anxiety and depression screening after childbirth, including:
 - a. Educating the present caregiver(s) and guardian(s) about the prevalence of anxiety and depression after childbirth and the importance of seeking appropriate services.
 - b. Using norm or criterion-referenced screening tools to assess anxiety and depression during pregnancy or within one year of becoming a caregiver (e.g., birth of child). Criterion-referenced screening tools specific to PPD, such as the Edinburgh, should only be administered to the birthing parent. Practices should use other depression screening tools (e.g., PHQ-9) for a non-birthing parent/caregiver.
 - c. Documenting, in the member's electronic health record, which caregiver(s) and guardian(s) are present, the screening tool(s) used, discussion of the screening result(s) with the caregiver(s) and guardian(s) and referral details as appropriate.

Postpartum Depression Screening

Adult PCP

Continued...

By September 30, 2024:

D. Develop, maintain, and provide the patient a copy of a registry of behavioral health providers that can meet the identified need, including:

- a. Current status of Postpartum Support International Perinatal Mental Health Certification, and
- b. Current contracted health plans.

E. Develop coordination and referral protocols with AHCCCS Health Plans, a behavioral health provider, care manager, and/or appropriate case managers to document follow-up with caregiver(s) and guardian(s) that screen positive for anxiety and/or depression in accordance with the timelines specified in ACOM 417. Documentation must include all of the following:

- a. Referring members,
- b. Conducting warm hand-offs,
- c. Handling crises,
- d. Sharing information,
- e. Obtaining consent,
- f. in provider-to-provider consultation, and
- g. Prioritizing referrals to a practitioner or prescriber certified in PMH and qualified to diagnose and treat anxiety and depression when possible.



Adult Behavioral Health

Postpartum Depression Screening

Adult BH

Train behavioral health providers and/or prescribers in Perinatal Mental Health via [Postpartum Support International](#) certification in either the Mental Health/ Psychotherapy specialty or Pharmacotherapy specialty.

- A. Establish referral and communication protocols with physical health and behavioral health providers for referring members, handling crises, sharing information, obtaining consent, and provider-to-provider consultation.
- B. Develop protocols for ongoing and collaborative team-based care, including for both physical health and behavioral health providers to provide input into an integrated care plan, to communicate relevant clinical data, and to identify whether the member has practice-level care management services provided by another provider.
- C. Identifying when an attributed member becomes pregnant or gives birth.
- D. Notifying the member's health plan when the notification of pregnancy or birth was not generated by the health plan.
- E. Engaging caregiver(s) and guardian(s) for a follow-up appointment within 84 days.
- F. Educating the present caregiver(s) and guardian(s) about postpartum depression and anxiety.
- G. Screening present caregiver(s) and guardian(s) for postpartum depression and anxiety using appropriate evidence-based tools and documenting the results and discussion.

Postpartum Depression Screening Adult BH

Milestone Measurement Program Year 2

(October 1, 2023 – September 30, 2024)

By September 30, 2024:

- A. Employ one behavioral health provider or prescriber (LPC, Psychologist, LCSW, LMFT, or physician) with a certification in Perinatal Mental Health per five participating clinics. Participants with less than five participating clinics must have one per 100 pregnant members. Participants with less than three participating clinics may utilize an external BHP with PMH-C (including virtual) instead of directly certifying their own staff.
- B. Identify the names and NPIs of providers/ prescribers trained and the names of provider organizations with which the site has developed communication and care management protocols.
- C. Document that the protocols cover how to:
 - a. Receive referrals and prioritize follow-up with postpartum members by a provider or prescriber certified in PMH,
 - b. Conduct warm hand-offs,
 - c. Handle crises,
 - d. Share information,
 - e. Obtain consent, and
 - f. Engage in provider-to-provider consultation.

Postpartum Depression Screening Adult BH

Continued...

By September 30, 2024:

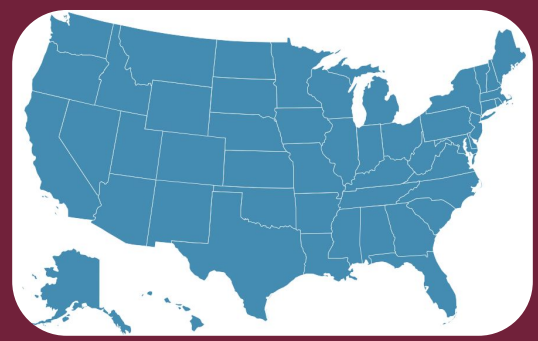
- D. Develop policies and procedures related to identifying members that have become pregnant or given birth and notifying health plans when the notification of pregnancy or birth was not generated by the MCO.
- E. Develop policies and procedures related to engaging caregiver(s) and guardian(s) for a follow-up appointment within 84 days of childbirth.
- F. Develop policies and procedures related to anxiety and depression screening after childbirth, including:
 - a. Educating the present caregiver(s) and guardian(s)
 - b. about the prevalence of anxiety and depression after childbirth and the importance of seeking appropriate services.
 - c. Using norm or -criterion- referenced screening tools to assess anxiety and depression for all present and appropriate caregivers during pregnancy or within one year of becoming a caregiver (e.g., birth of child). Norm-criterion-referenced screening tools specific to PPD, such as the Edinburgh, should only be administered to the used on a birthing parent. Practices should use other depression screening tools (e.g., PHQ-9) , while a screening tool approved for adults in general could be used for a non-birthing parent/caregiver.
 - d. Documenting, in the member's electronic health record, which caregiver(s) and guardian(s) are present, the screening tool(s) used, discussion of the screening result(s) with the caregiver(s) and guardian(s) and referral details as appropriate.

Questions?



www.postpartum.net

Chapters in every state
& internationally



2 FOCUS AREAS

- 1: Help Seeker Free Resources
- 2: Provider Training & Certification

You are not alone. You are not to blame. With help, you will be well.



Postpartum Support International
Arizona Chapter

www.psiarizona.org



OB-GYN vs MFM



OB-GYN

+



Additional training

=



**Maternal Fetal
Medicine (MFM)**

Sub-specialist for high-risk pregnancies, including problems in both the mother & the baby

Therapist vs PMH-C



Mental Health
Therapist

+



Additional training

=



**Perinatal Mental
Health (PMH-C)**

Sub-specialist for perinatal people, including problems affecting both the mother & the baby

Perinatal Mental Health Certification (PMH-C) Process

Track	Target Audience	STEP 1 (both in any order)		STEP 2	STEP 3
		Experience	Initial Training		
MENTAL / BEHAVIORAL HEALTH PROVIDERS	Licensed Therapists: Social Workers LCSWs Family Therapists LMFTs Counselors LACs / LPCs	2 years experience <i>(with the perinatal population)</i>	<u>Components of Care 2-Day Training</u> online -or- in-person [\$425, 14.5 CEU]	<u>Advanced Psychotherapy</u> virtual -or- in-person [\$250, 6 CEUs] (or approved alternative*)	Certification Exam [\$500]
	Licensed Psychologists		-OR- <u>PSI / 2020 Mom MMH Online Certificate Course</u> online [\$480, 16 CEU]		

***Got questions? Email: certification@postpartum.net (last updated: 4/2024)**



Postpartum Support International
Arizona Chapter

WHERE TO GET STARTED: <https://psiarizona.org/certification-training>

- Virtual Trainings | Offered Quarterly
- In Person | April 24 - 26, BIPOC-only (*registration deadline: April 12*)

WHY ACT NOW? SCHOLARSHIPS! <https://psiarizona.org/scholarships>

Funds for training & exams, prioritizing:

- Providers of Color
- Providers in Rural Areas
- Providers who accept **AHCCCS**



Exam Support is Available!

Leverage Our Exam Study Support: <https://psiarizona.org/pmh-c-exam-prep>

- Monthly Live Q&A
- On-demand Exam FAQs
- PMH-C Study Group on Facebook
- and more...

Questions?

Training & Scholarship Questions: psiaz.training@gmail.com

General Questions: Elizabeth Wood, Board Chair - psi.arizona1@gmail.com

www.psiarizona.org

Questions?

Takeaways

Key Dates

- **Document Validation (Milestones Rubric)**
 - Available in April 2024
- **TI Year 2 Application and Attestation**
 - Available in Fall 2024 via [AHCCCS Online TI 2.0 Application Portal](#)
- **TI 2.0 Year 1 Payment**
 - December 2024
- **Virtual QIC Sessions**
 - May 9, 2024 from 11:30 AM to 1:00 PM
 - August 8, 2024 from 11:30 AM to 1:00 PM

Resources

Year 2 & Year 3 TI 2.0 Milestones by Area of Concentration

- [Adult Primary Care](#)
- [Pediatric Primary Care](#)
- [Adult Behavioral Health](#)
- [Pediatric Behavioral Health](#)
- [Justice](#)

TI 2.0 Welcome Packet

- Overview of TI program
- Annual requirements
- Payment methodology
- Checklist of Year 2 action items

Additional Resources

- **PSI Website:** <https://psiarizona.org/certification-training>

Year 2 TI 2.0 Milestones

Deadlines for Core Components and Corresponding Elements

Core Component	Area of Concentration (AOC)	Year 2 Deadlines (Oct. 2023 - Sept. 2024)
Participate in the Targeted Investment Program Quality Improvement Collaborative(QIC) offered by the Arizona State University	All	<ul style="list-style-type: none"> • Complete Elements A - C by Sept. 30 • Attend QIC Sessions: Feb. 5 (TI Kick off), May 9, Aug. 8
Culturally and Linguistically Appropriate Services Standards (CLAS)	All	<ul style="list-style-type: none"> • Complete Elements A-B by Sept. 30
Implement a process for screening for health-related social needs (HRSN) and connecting members seen to CBOs to address individual social needs	All	<ul style="list-style-type: none"> • Complete Elements A-D by Sept. 30
CommunityCares	All	<ul style="list-style-type: none"> • Complete Elements A-D by Sept. 30
Identify Health Inequities and Health-related social needs(HRSNs) prevalent within the population attributed to the practice and implement plans to reduce inequities	All	<ul style="list-style-type: none"> • Complete Elements A-B by May 30 • Complete Elements C-D by Sept. 30
Postpartum Depression Screening- PMH Certifications	Adult BH	<ul style="list-style-type: none"> • Complete Elements A-F by Sept. 30
Postpartum Depression Screening- Screening New Caregivers at Well Visit and Referrals	Adult PCP	<ul style="list-style-type: none"> • Complete Elements A-E by Sept. 30
Postpartum Depression Screening- Screening New Caregivers at EPSDT Visit and Referrals	Peds PCP	<ul style="list-style-type: none"> • Complete Elements A-C by Sept. 30
Onsite Dental Varnish	Peds PCP	<ul style="list-style-type: none"> • Complete Elements A-D by Sept. 30
Early Reach-In	Justice	<ul style="list-style-type: none"> • Complete Elements A-B by Sept. 30
Tobacco Cessation	Justice	<ul style="list-style-type: none"> • Complete Elements A-B by Sept. 30

Questions?

Thank You.

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