

Welcome to Training:

The Individualized Service Plan and Why it Matters for Individuals living with a Serious Mental Illness

You were automatically muted upon entry.

Please only join by phone or computer.

Please use the chat feature for questions or raise your hand.

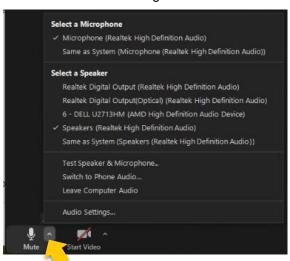
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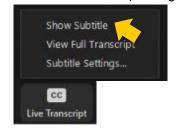
Zoom Webinar Controls

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Audio Settings







Raise Hand



Chat



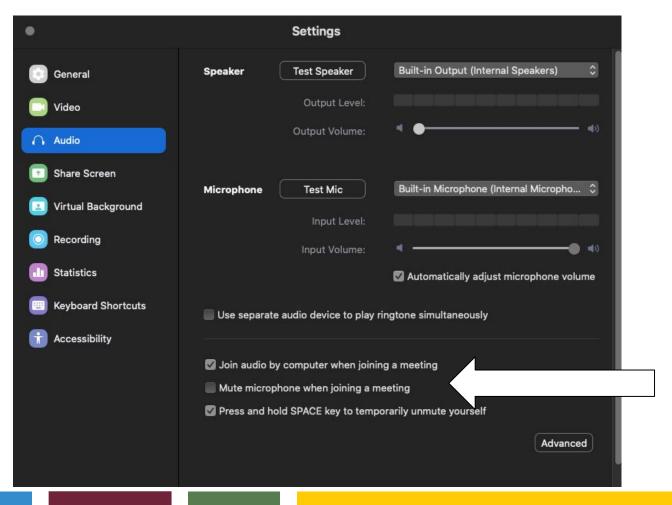
KEYBOARD SHORTCUTS TO RAISE HAND

Windows: Alt+Y to raise or lower your hand

Mac: Option+Y to raise or lower your hand



Audio Settings





Welcome!

What to expect during the training:

- Information regarding The ISP and Why it Matters for Individuals Living with a Serious Mental Illness (SMI),
- Real-time answers to related questions in the chat, and
- Links to relative sources.

What to expect after the training:

- Concluding with Q&A session,
- Each participant will receive this presentation,
- Contact information for the OHR for questions on other topics, and
- Survey link.





Frequently Asked Questions

Who is in the audience?

Who can see my chats?

What if I don't want to talk during this meeting but would prefer to talk offline?

Why is this training based on AHCCCS policy and the Arizona Administrative Code?



Agenda

- Overview: The Office of Human Rights (OHR)
- The Individualized Service Plan and Why it Matters for Individuals Living with a Serious Mental Illness (SMI)
- Overview: The Office of Individual and Family Affairs (OIFA)
- Advocacy Resources
- Upcoming Forums and Training





^{*} AHCCCS Acronyms Guide















The Individualized Service Plan (ISP) and Why it Matters for Individuals with a Serious Mental Illness (SMI)

Presented by: AHCCCS: The Office of Human Rights (OHR) & The Office of Individual and Family Affairs (OIFA) April 25, 2024









Overview

The Office of Human Rights (OHR)

John Pizzo, OHR Advocate II



The Office of Human Rights

Mission Statement

OHR Provides advocacy to individuals living with a SMI to help them understand, protect and exercise their rights, facilitate self-advocacy through education, and obtain access to behavioral health services in the public behavioral health system in Arizona.



OHR Advocacy at-a-Glance

- Educational materials and training sessions
- Resources and information to aid in navigating the behavioral health delivery system
- •Education about the grievance and appeal process

Education

Support

- •Assistance via the Advocate of the Day statewide hotline
- •Short term assistance as available to clear the path
- Consults with individuals and families to aid in problem solving
- Support in filing grievances or appeals as needed

- Direct supports of 649 individuals as the Designated Representative
- Attends all ISP/ITDP and staffings for those served on an OHR caseload
- Promotes self-advocacy to address preferences or concerns

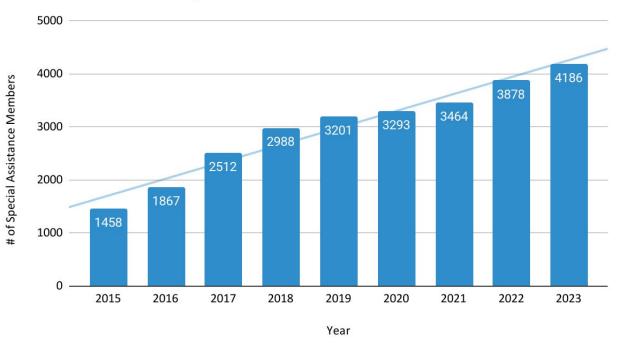
Direct Representation Collaboration & Accountability

- Collaboration with health homes, inpatient settings and leadership to identify barriers to care and identify solutions
- File grievances, appeals, formal letters noting concern and QOCs as necessary



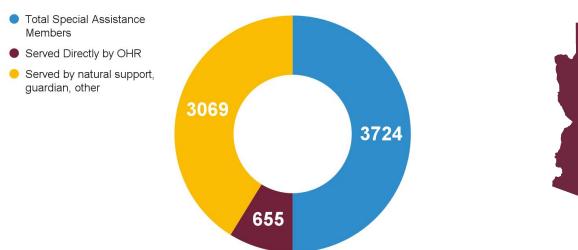
Education Results in Growth

of Special Assistance Growth Trend





Special Assistance Data as of January 1, 2024















Individualized Service Plan (ISP)

Denard Stewart, OHR Advocate



What is the Individualized Service Plan (ISP)?

A comprehensive written description of all covered health services and other informal supports which includes individualized goals, family support services, care coordination activities and strategies to assist the member in achieving an improved quality of life.



AHCCCS Contract and Policy Dictionary



It Is a Right To Have an Individualized Service Plan

The Arizona Administrative Code lists the <u>Rights</u> for <u>Individuals Living with a Serious Mental</u> <u>Illness</u> regarding support and treatment.







Before the ISP: The Assessment



An ongoing collection and analysis of the individual's needs, up to and including:

- medical
- psychological
- psychiatric,
- social conditions, and
- behavioral health services

AHCCCS Contract and Policy Dictionary



What Does the ISP Consist of?

- One or more long term goals.
- Long term goals that are broken down into measurable objectives.
- Strengths
- Cultural considerations
- The goals and objectives come to life with individual Interventions.





Who Should Be Involved?

- The client, any designated representative and guardian, including an invitation to submit relevant information in writing if their attendance is impossible;
- Clinicians involved in the assessment or further evaluation;
- All current and potential service providers;
- All members of the client's clinical team;
- Family members, with the client's permission;
- Other persons familiar with the client whose presence at the meeting is requested by the client;
- Any other person whose participation is not objected to by the client and who, in the judgment of the case manager, will contribute to the ISP.



Additional Goals and Desires in the ISP

It's important to consider other aspects in an ISP, including but not limited to:



- Attending class at community college or university
- Working with peer support to increase community involvement
- Exercising at the gym three days per week
- Visiting a drop-in center or clubhouse once a week
- Getting more involved in church or other spiritual activities
- Attending groups and/or one-to-one counseling to address substance abuse
- Volunteering at a local senior center



Knowledge is Power

- The member is the most important person on the team.
- The member decides if the ISP addresses their needs.
- If the member does not accept or reject the ISP within 30 days, it will be considered signed and agreed to.



- The ISP needs to be updated as a person's needs change and as often as necessary, at a minimum, every 6 months.
- A new ISP must be completed every year.
- A member can request a meeting to update the ISP at any time.

Some treatment planning decisions are made on behalf of members if they have a Health Care Decision Maker (HCDM), which is defined as: An individual who is authorized to make health care treatment decisions and is sometimes referred to as a guardian. <u>AHCCCS Contract and Policy Dictionary</u>











A Resiliency-Oriented Behavioral Health Delivery System

Kisha Kimber, OHR Advocate



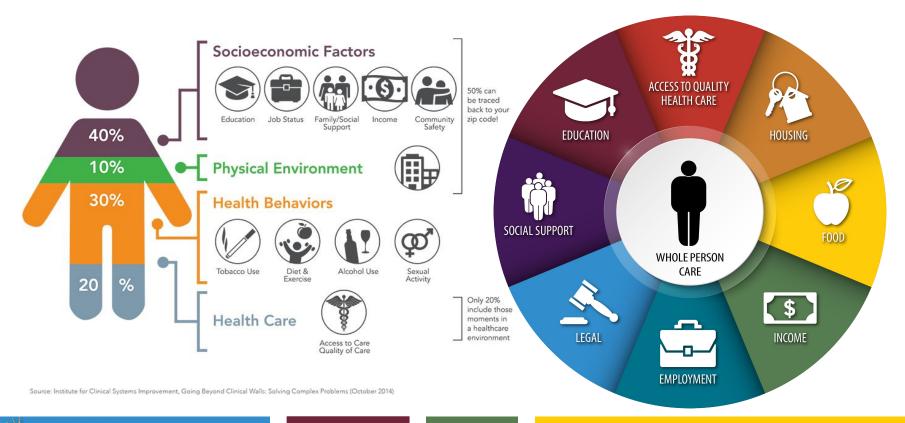
Guiding Principles

The <u>Nine Guiding Principles</u> were developed to provide a shared understanding of the key ingredients needed for an adult behavioral health system to promote recovery.

- 1. Respect
- 2. Choice and voice
- 3. Focus on individual as a whole person,
- 4. Empower
- 5. Integration, collaboration, and participation
- 6. Partnership
- 7. Self-measured success
- 8. Strengths-based, flexible, and responsive services
- 9. Hope



Whole Person Care in the ISP





The Road and Timelines to Receiving Services



Arizona Administrative Code (R9-21)



NO WAIT LISTS!

Wait lists for AHCCCS Covered Behavioral Health Services are **PROHIBITED**.



This is in accordance with

AHCCCS Policy 417: Appointment Availability, Transportation Timeliness, Monitoring, and Reporting



Advocate of the Day



OHR operates a single statewide phone line during business hours to provide technical assistance to anyone living with a Serious Mental Illness. Technical assistance could include:

2023 Calls



- Providing education and resources for behavioral health services in Arizona,
- Helping a person understand their rights as an individual living with a Serious Mental Illness,
- Helping an individual to understand their treatment options, and
- Educating about the grievance and/or appeal process.

1-800-421-2124











Why the ISP Matters

Autumn Darsey, OHR Advocate



The ISP Matters

The ISP is the map to provide high quality care that affords people the best possible quality of life. The ISP provides:

- Support to develop the knowledge, skills and confidence needed to more effectively manage and make informed decisions,
- Platforms for an improved experience, quality care and improved health outcomes, and
- Higher satisfaction with their care.





The Driver's Seat

The most important person driving the ISP is the one receiving the services. The planning can help develop:

- Healthier coping patterns,
- Goals and achievements,
- A greater understanding of treatments,
- Reduce the mentality of the ISP is a one size fits all industry,
- The delivery of integrated behavioral health,
- Better outcomes,
- Whole person care, and
- Platforms to navigating the rights of individual living with a Serious Mental Illness.













Navigating the Rights of Individuals Living with a Serious Mental Illness

Ywchari Manos, OHR Advocate



Navigating SMI Rights

There are several ways individuals can protect their SMI rights:

- Informal approach (provider),
- Complaint,
- Appeal, and/or
- Grievance.

Staff **cannot** retaliate against a person for self-advocating and/or using the processes in place to address problems.

R9-21-203.A.8

One-pager on SMI complaints, appeals, and grievances is available here.



Assisting with Grievances

Grievances may be submitted orally or in writing to any employee of a mental health agency who shall forward the grievance to the appropriate person as identified in R9-21-404.



Case management shall assist in filing grievances or appeals process upon request. See the OHR training for <u>the Grievance and Appeal Process for Individuals Living with Serious Mental Illness.</u>

Resources on SMI complaints, appeals, and grievances is available on the AHCCCS website.

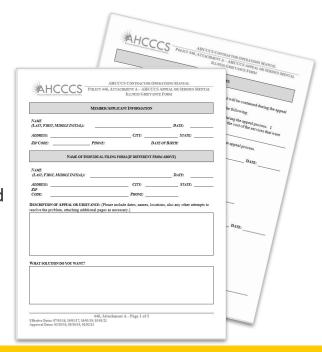


SMI Grievance and Appeal Process

Formal actions that can be taken when a individual needs to resolve an issue in accordance with <u>the Arizona Administrative Code R9-21-401 and 403</u>.

SMI Grievance: filed when there is an allegation that a individual living with an SMI has had their rights violated. This process is in accordance with <u>AHCCCS Contractor Operations Manual (ACOM) 446</u> for grievances and investigations.

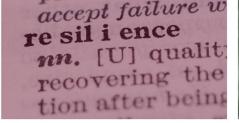
SMI Appeal: filed when a individual disagrees with decisions regarding eligibility for behavioral health services, including TXIX services, fees and waivers; assessments and further evaluations; and services and treatment plans. This process is in accordance with <u>AHCCCS Contractor Operations Manual (ACOM) 444</u> for the notice and appeal requirements.













Overview

The Office of Individual and Family Affairs (OIFA)

Jamie Green Healthcare Advocacy Coordinator



OIFA Mission

The Office of Individual and Family Affairs promotes recovery, resiliency, and wellness for individuals whose lives have been impacted by mental health and/or substance use challenges.





Office of Individual and Family Affairs (OIFA)

The AHCCCS Office of Individual and Family Affairs (OIFA) takes pride in helping members and family members in the public health care system. OIFA is dedicated to three core areas:



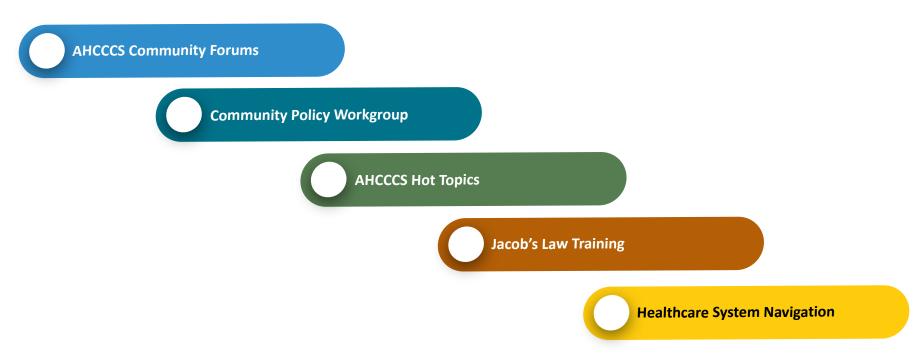




Our actions, initiatives, and successes drive us toward our core goals.



Member Voice and Education Events



View the calendar of events at: https://www.azahcccs.gov/shared/AHCCCScalendar.html



Ending Stigma

• Stigma shapes how we perceive mental illness and mental health. Stigma may influence who people interact or socialize with.

 Negative public perceptions hamper access to housing, employment, and health care.

 This discrimination can seriously affect a person's willingness to seek or continue treatment for mental illness.

• Stigma erodes a person's self-esteem and sense of dignity so that shame prevents them from seeking help.





Community Education

OHR hosted 10 community education session in the past year, engaging with over **1,800 attendees** at these trainings:

- Why Assess for Special Assistance for Individuals Living with a Serious Mental Illness,
- Rights of Individuals living with a Serious Mental Illness,
- Provider Case Management for Individuals living with a Serious Mental Illness,
- The Individual Service Plan and Why it Matters for Individuals Living with a Serious Mental Illness,
- The Role of the Office of Human Rights for Individuals living with a Serious Mental Illness,
- The Grievance and Appeals Process for Individuals Living with a Serious Mental Illness,
- Covered Behavioral Health Services for Individuals Living with a SMI,
- Court-ordered Evaluation and Court-ordered Treatment for Individuals Living with a Serious Mental Illness,
- Inpatient Treatment and Discharge Planning for Individuals with a Serious Mental Illness, and
- The Power of Collaboration and Advocacy for Individuals Living with a Serious Mental Illness.

Previous OHR trainings are available here.











AHCCCS Website www.azahcccs.gov



Navigating the AHCCCS Website





Navigating the AHCCCS Website







A list of resources to assist you with getting the help you need









Governmental Oversight

Federal and State Requirements

Legislative Sessions

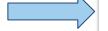
System Of Care

Waiver

State Plans

Budget Proposals

County Acute Care Contributions



Health Plan Report Card

Behavioral Health Reports

Solicitations & Contracts

Solicitations, Contracts & Purchasing

Open Solicitations

Closed Solicitations

Contract Amendments

Medicare D-SNP Agreements

Bidders Library

Vendor Registration

Public Health

COVID-19 Information

Monkeypox Virus and Vaccination Information

Federal Funding Accountability and Transparency Act

Current Grants

Electronic Data Interchange (EDI)



EDI Testing

EDI Change Notices

Community Partners (HEAplus)

Pharmacy







Health Plans, ACC-RBHA and TRBHA Contacts

Health Plans, RBHA or TRBHA	Customer Service	Webpage
Banner – University Family Care LTC	1-833-318-4146	Banner UFC
Mercy Care LTC	1-800-624-3879	Mercy Care LTC
Care1st Arizona	1-866-560-4042	Care1st Arizona
Mercy Care RBHA	1-800-564-5465	Mercy Care RBHA
AHCCCS American Indian HP	1-800-654-8713	American Indians-AIHP
United Healthcare LTC	1-800-293-3740	UHC LTC
Arizona Complete Health	1-888-788-4408	AZ Complete Health
Gila River TRBHA	1-520-562-3321	Gila River TRBHA
Pascua Yaqui TRBHA	1-520-879-6060	Pascua Yaqui TRBHA
Navajo Nation TRBHA	1-928 871-6000	Navajo Nation TRBHA
White Mountain Apache TRBHA	1-928-338-4811	White Mountain Apache TRBHA



Resources: Rule and Statutes

Arizona Administrative Code:

Rights for individuals Living with a Serious

Mental Illness-Arizona Administrative Code
(R9-21)

Arizona Revised Statutes:

<u>Court Ordered Evaluation and Treatment-</u> <u>A.R.S. Articles 4 & 5, 520-544</u>

Confidential Records-A.R.S. 36-509

<u>Guardianship of Incapacitated Adults- Title</u> <u>14, Chapter 5, Article 3</u>





Resources: Policies and Manuals

AHCCCS Medical Policy Manual (AMPM)



<u>Special Assistance for Members with a SMI - AMPM 320-R</u>

Behavioral Health Covered Services- AMPM 310-B

Medical Records and Communication - AMPM 940

Case Manager Requirements - AMPM 570

AHCCCS Contractor Operations Manual (ACOM)

SMI Appeals-ACOM 444

SMI Grievance and Investigations-ACOM 446

SMI Grievance/Appeal Form





Additional Advocacy Resources

AHCCCS OHR Web page

AHCCCS OIFA Web page

AHCCCS Related Acronyms

AHCCCS Contract and Policy Dictionary

AHCCCS Community Events Calendar













Upcoming Forums and Trainings

Ywchari Manos, OHR Advocate



Upcoming AHCCCS Advocacy Training

Register for upcoming trainings by clicking on the name of the training!



5/28	The Role of the Office of Human Rights for Individuals Living with a Serious Mental Illness
6/27	The Grievance and Appeals Process for Individuals Living with a Serious Mental Illness
7/23	Covered Behavioral Health Services for Individuals Living with a Serious Mental Illness



Upcoming Forums and Events

OHR: The Role of the Office of Human Rights for Individuals Living with a Serious Mental Illness

Tues., 5/28, 10:30 a.m. - 12:00 p.m. Register in Advance

System Navigation

Tues., 5/28, 12:00 p.m. - 12:30 p.m. Register in Advance

AHCCCS Hot Topics

Mon., 5/20, 11:00 - a.m. - 11:30 a.m. Register in Advance



Subscribe to stay informed!



AHCCCS News and Updates

azahcccs.gov/shared/news.html



Tribal Relations Updates

azahcccs.gov/AmericanIndians/ TribalRelations/



Learn about AHCCCS' Medicaid Program on YouTube!





Watch our Playlist:

Meet Arizona's Innovative Medicaid Program



Follow & Support AHCCCS on Social Media

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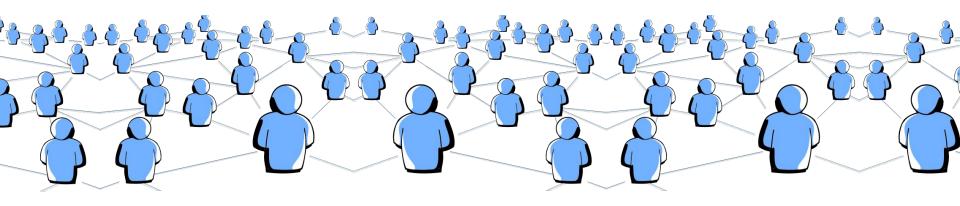
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Channel: **AHCCCSgov**







Questions?



Thank You.

